

Belgian Masters Swimming Championships
Gilly, 1/12/2013

Epreuve 1
01/12/2013

1500m Libre

25 - 94 ans
Liste résultats

Points: FINA 2010

Rang			AN						Temps	Pts
25 - 29 ans, Messieurs										
1.	GORIS Wim		84	ZIK					17:09.89	562
	50m:	29.60 29.60	200m:	2:12.57 1:09.50	800m:	9:08.45 4:37.09				
	100m:	1:03.07 33.47	400m:	4:31.36 2:18.79	1500m:	17:09.89 8:01.44				
forf.nd.	MODART Paul		85	ENN						
25 - 29 ans, Dames										
1.	MICHEL Claire		88	CNSW					19:10.91	525
	50m:	34.89 34.89	200m:	2:30.99 1:17.79	800m:	10:14.13 5:07.93				
	100m:	1:13.20 38.31	400m:	5:06.20 2:35.21	1500m:	19:10.91 8:56.78				
2.	VERDONCK Christine		85	ZIK					21:23.32	378
	50m:	38.07 38.07	200m:	2:45.57 1:25.72	800m:	11:24.97 5:46.20				
	100m:	1:19.85 41.78	400m:	5:38.77 2:53.20	1500m:	21:23.32 9:58.35				
3.	VINCK Mikal		88	LOR					21:31.25	371
	50m:	36.44 36.44	200m:	2:44.63 1:26.05	1500m:	21:31.25 15:48.33				
	100m:	1:18.58 42.14	400m:	5:42.92 2:58.29						
4.	LABIE Jennifer		88	CNT					22:42.39	316
	50m:	38.42 38.42	200m:	2:50.01 1:28.86	800m:	11:57.36 6:05.97				
	100m:	1:21.15 42.73	400m:	5:51.39 3:01.38	1500m:	22:42.39 10:45.03				
30 - 34 ans, Messieurs										
1.	MINETTE Sébastien		80	HELIOS					20:31.07	329
	50m:	34.96 34.96	200m:	2:30.37 1:17.66	800m:	10:42.74 5:30.21				
	100m:	1:12.71 37.75	400m:	5:12.53 2:42.16	1500m:	20:31.07 9:48.33				
2.	LIEKENS Bart		79	SHARK					21:23.82	290
	50m:	37.21 37.21	200m:	2:45.01 1:25.77	800m:	11:23.95 5:47.33				
	100m:	1:19.24 42.03	400m:	5:36.62 2:51.61	1500m:	21:23.82 9:59.87				
3.	VAN HOECK Koen		82	LOR					24:37.03	190
	50m:	37.95 37.95	200m:	2:51.68 1:31.91	800m:	12:49.34 6:41.54				
	100m:	1:19.77 41.82	400m:	6:07.80 3:16.12	1500m:	24:37.03 11:47.69				
4.	CHARLES Stéphane		83	CNBA					25:18.55	175
	50m:	41.48 41.48	200m:	3:03.77 1:36.24	800m:	13:04.87 6:45.52				
	100m:	1:27.53 46.05	400m:	6:19.35 3:15.58	1500m:	25:18.55 12:13.68				
30 - 34 ans, Dames										
1.	CORNETTE Floriska		83	BRABO					21:09.41	391
	50m:	36.98 36.98	200m:	2:39.66 1:23.08	800m:	11:09.73 5:40.25				
	100m:	1:16.58 39.60	400m:	5:29.48 2:49.82	1500m:	21:09.41 9:59.68				
35 - 39 ans, Messieurs										
1.	JANSSENS Karl		76	BEST					20:37.64	324
	50m:	35.80 35.80	200m:	2:36.64 1:20.34	800m:	10:42.04 5:25.71				
	100m:	1:16.30 40.50	400m:	5:16.33 2:39.69	1500m:	20:37.64 9:55.60				
2.	FRASELLE Pascal		74	CNT					22:39.36	244
	50m:	38.76 38.76	200m:	2:07.08 45.01	800m:	11:58.45 6:03.65				
	100m:	1:22.07 43.31	400m:	5:54.80 3:47.72	1500m:	22:39.36 10:40.91				
3.	VANHAMME Bruno		75	CNT					23:36.50	216
	50m:	39.80 39.80	200m:	2:53.58 1:29.89	800m:	12:20.16 6:23.92				
	100m:	1:23.69 43.89	400m:	5:56.24 3:02.66	1500m:	23:36.50 11:16.34				

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Epreuve 1, 1500m Libre

40 - 44 ans, Messieurs

1.	PF AFF John		69	HOMMEL		21:56.98	268
	50m: 37.45	37.45	200m: 2:48.48	1:28.04	1500m: 21:56.98	10:15.63	
	100m: 1:20.44	42.99	800m: 11:41.35	8:52.87			
2.	ALDRIC David		73	HELIOS		25:24.00	173
	50m: 45.59	45.59	200m: 3:16.14	1:40.73	800m: 13:26.38	6:47.45	
	100m: 1:35.41	49.82	400m: 6:38.93	3:22.79	1500m: 25:24.00	11:57.62	

40 - 44 ans, Dames

1.	VAN LINDT Kathy		71	AZL		21:25.88	376
	50m: 37.22	37.22	200m: 2:40.92	1:23.46	800m: 11:19.53	5:47.93	
	100m: 1:17.46	40.24	400m: 5:31.60	2:50.68	1500m: 21:25.88	10:06.35	
2.	VAN HOOFF Natacha		73	SHARK		22:59.19	305
	50m: 40.74	40.74	200m: 2:54.46	1:30.39	800m: 12:05.79	6:08.33	
	100m: 1:24.07	43.33	400m: 5:57.46	3:03.00	1500m: 22:59.19	10:53.40	
3.	DELAERE Sabine		69	DM		24:48.45	242
	50m: 42.11	42.11	200m: 3:06.14	1:37.12	800m: 13:03.64	6:39.53	
	100m: 1:29.02	46.91	400m: 6:24.11	3:17.97	1500m: 24:48.45	11:44.81	

45 - 49 ans, Messieurs

1.	BOCKSTAELE Francois		68	LZV		19:25.48	388
	50m: 35.62	35.62	200m: 2:31.65	1:17.35	800m: 10:19.69	5:13.18	
	100m: 1:14.30	38.68	400m: 5:06.51	2:34.86	1500m: 19:25.48	9:05.79	
2.	HERMAN Hugues		66	CMA		19:36.87	376
	50m: 34.44	34.44	200m: 2:31.59	1:18.83	800m: 10:25.91	5:15.50	
	100m: 1:12.76	38.32	400m: 5:10.41	2:38.82	1500m: 19:36.87	9:10.96	
3.	NAILI Karim		66	CNBA		20:52.35	312
	50m: 36.80	36.80	200m: 2:39.64	1:22.81	800m: 10:58.90	5:34.35	
	100m: 1:16.83	40.03	400m: 5:24.55	2:44.91	1500m: 20:52.35	9:53.45	
4.	VAN DER BEKE Philippe		68	PSV		21:46.20	275
	50m: 37.41	37.41	200m: 2:40.55	1:22.70	800m: 11:24.16	5:52.64	
	100m: 1:17.85	40.44	400m: 5:31.52	2:50.97	1500m: 21:46.20	10:22.04	
5.	VERCOUTER Wolfgang		64	WZC		22:15.19	258
	50m: 37.06	37.06	200m: 2:46.08	1:27.65	800m: 11:49.24	6:02.48	
	100m: 1:18.43	41.37	400m: 5:46.76	3:00.68	1500m: 22:15.19	10:25.95	
6.	DE BEUKELAER Kristiaan		65	BRABO		22:22.05	254
	50m: 37.72	37.72	200m: 2:46.87	1:27.06	800m: 11:43.42	5:59.78	
	100m: 1:19.81	42.09	400m: 5:43.64	2:56.77	1500m: 22:22.05	10:38.63	
7.	SOMERS Dirk		64	KST		22:30.34	249
	50m: 35.75	35.75	200m: 2:42.04	1:26.38	800m: 11:46.31	6:03.23	
	100m: 1:15.66	39.91	400m: 5:43.08	3:01.04	1500m: 22:30.34	10:44.03	
8.	FROIDBISE Emmanuel		68	CNSW		27:42.40	133
	50m: 47.32	47.32	200m: 3:28.31	1:49.45	800m: 14:39.10	7:28.11	
	100m: 1:38.86	51.54	400m: 7:10.99	3:42.68	1500m: 27:42.40	13:03.30	
9.	HADRICH Dirk		65	SCZ		29:30.94	110
	50m: 46.40	46.40	200m: 3:38.29	1:56.50	800m: 15:36.20	8:01.56	
	100m: 1:41.79	55.39	400m: 7:34.64	3:56.35	1500m: 29:30.94	13:54.74	

50 - 54 ans, Messieurs

1.	DEBEUF Guy		61	ENN		33:38.64	74
	50m: 51.21	51.21	200m: 4:02.64	2:09.87	800m: 17:30.02	9:00.34	
	100m: 1:52.77	1:01.56	400m: 8:29.68	4:27.04	1500m: 33:38.64	16:08.62	

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Epreuve 1, 1500m Libre

50 - 54 ans, Dames

1. THEATE Françoise	63	CCM		20:46.00	414
50m: 37.24 37.24	200m: 2:38.61 1:21.63	800m: 10:59.86 5:35.25			
100m: 1:16.98 39.74	400m: 5:24.61 2:46.00	1500m: 20:46.00 9:46.14			
2. BUSCHOP Hilde	59	BRABO		27:30.03	178
50m: 47.67 47.67	200m: 3:28.43 1:48.80	800m: 14:29.74 7:19.56			
100m: 1:39.63 51.96	400m: 7:10.18 3:41.75	1500m: 27:30.03 13:00.29			

55 - 59 ans, Messieurs

1. JULIEN Guy	57	HELIOS		26:30.70	152
50m: 48.55 48.55	200m: 3:28.80 1:48.79	800m: 14:17.41 7:09.86			
100m: 1:40.01 51.46	400m: 7:07.55 3:38.75	1500m: 26:30.70 12:13.29			

55 - 59 ans, Dames

1. CRABBÉ Colette	56	CNSW		20:30.67	429
50m: 37.57 37.57	200m: 2:40.32 1:22.06	800m: 10:55.42 5:29.42			
100m: 1:18.26 40.69	400m: 5:26.00 2:45.68	1500m: 20:30.67 9:35.25			

60 - 64 ans, Messieurs

1. BREVÉ Brend	52	PSV		21:57.38	268
50m: 38.89 38.89	200m: 2:48.66 1:27.78	800m: 11:41.13 5:55.33			
100m: 1:20.88 41.99	400m: 5:45.80 2:57.14	1500m: 21:57.38 10:16.25			

65 - 69 ans, Messieurs

1. CHARLIER Maurice	47	CNHUY		30:05.94	104
50m: 52.06 52.06	200m: 3:42.63 1:55.65	800m: 15:41.36 8:03.25			
100m: 1:46.98 54.92	400m: 7:38.11 3:55.48	1500m: 30:05.94 14:24.58			

Epreuve 2
01/12/2013

800m Libre

25 - 94 ans
Liste résultats

Points: FINA 2010

Rang		AN		Temps	Pts
25 - 29 ans, Messieurs					
1.	SEUNTIENS Hans	84	KST	9:43.95	437
	50m: 30.47 30.47	200m: 2:15.78 1:11.65	800m: 9:43.95 5:00.23		
	100m: 1:04.13 33.66	400m: 4:43.72 2:27.94			
25 - 29 ans, Dames					
1.	LEPOMME Anne-Sophie	86	NST	10:09.32	502
	50m: 34.02 34.02	200m: 2:26.60 1:15.65	800m: 10:09.32 5:09.22		
	100m: 1:10.95 36.93	400m: 5:00.10 2:33.50			
2.	VINAGRE SENDINO Cora	88	CNBA	11:45.39	324
	50m: 36.04 36.04	200m: 2:45.25 1:28.13	800m: 11:45.39 6:01.44		
	100m: 1:17.12 41.08	400m: 5:43.95 2:58.70			
3.	DEPRETER Axelle	88	CCM	12:36.48	262
	50m: 35.73 35.73	200m: 2:49.90 1:32.16	800m: 12:36.48 6:32.42		
	100m: 1:17.74 42.01	400m: 6:04.06 3:14.16			

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Epreuve 2, 800m Libre

30 - 34 ans, Messieurs

1.	BILLET Francois	80	DM		10:21.29	363
	50m: 33.44 33.44	200m: 2:26.20	1:15.85	800m: 10:21.29	5:20.19	
	100m: 1:10.35 36.91	400m: 5:01.10	2:34.90			

35 - 39 ans, Messieurs

1.	BALANCIER Pascal	74	CNSW		10:45.87	323
	50m: 35.10 35.10	200m: 2:32.56	1:19.19	800m: 10:45.87	5:32.27	
	100m: 1:13.37 38.27	400m: 5:13.60	2:41.04			

forf.déc. VANHOOF Geert 76 LZV

35 - 39 ans, Dames

1.	LEJEUNE Stéphanie	78	CNSW		14:52.11	160
	50m: 46.14 46.14	200m: 3:28.29	1:50.37	800m: 14:52.11	7:34.07	
	100m: 1:37.92 51.78	400m: 7:18.04	3:49.75			

2.	MARTIN Isabelle	78	ENN		14:56.89	157
	50m: 46.11 46.11	200m: 3:30.40	1:51.37	800m: 14:56.89	7:36.42	
	100m: 1:39.03 52.92	400m: 7:20.47	3:50.07			

40 - 44 ans, Messieurs

1.	VAN ROMPAEY Danny	73	ZIK		10:12.89	378
	50m: 32.47 32.47	200m: 2:24.02	1:15.28	800m: 10:12.89	5:13.51	
	100m: 1:08.74 36.27	400m: 4:59.38	2:35.36			

2.	FOLIE Jean-François	69	CNSW		10:54.62	310
	50m: 35.91 35.91	200m: 2:37.00	1:21.73	800m: 10:54.62	5:33.17	
	100m: 1:15.27 39.36	400m: 5:21.45	2:44.45			

3.	ALSINA MUNOZ Ramon	69	CNSW		12:43.08	196
	50m: 38.57 38.57	200m: 2:55.00	1:33.56	800m: 12:43.08	6:35.63	
	100m: 1:21.44 42.87	400m: 6:07.45	3:12.45			

40 - 44 ans, Dames

1.	VAN DE MOORTELE Kristien	69	SHARK		13:14.68	226
	50m: 44.26 44.26	200m: 3:11.62	1:38.63	800m: 13:14.68	6:41.94	
	100m: 1:32.99 48.73	400m: 6:32.74	3:21.12			

2.	DUBUS Lucy	69	DM		14:19.79	178
	50m: 42.16 42.16	200m: 3:19.91	1:47.85	800m: 14:19.79	7:13.66	
	100m: 1:32.06 49.90	400m: 7:06.13	3:46.22			

3.	VAN CAMPENHOUT Anja	69	BRABO		15:00.48	155
	50m: 46.56 46.56	200m: 3:31.62	56.98	800m: 15:00.48	8:33.33	
	100m: 2:34.64 1:48.08	400m: 6:27.15	2:55.53			

forf.déc. DE MEYERE Kathy 73 LZV

45 - 49 ans, Messieurs

1.	JONNIAUX John	67	CMA		11:40.23	253
	50m: 35.38 35.38	200m: 2:36.55	1:22.72	800m: 11:40.23	6:05.18	
	100m: 1:13.83 38.45	400m: 5:35.05	2:58.50			

2.	CANTAMESSA Toni	64	W		13:19.89	170
	50m: 44.20 44.20	200m: 3:10.35	1:38.34	800m: 13:19.89	6:44.16	
	100m: 1:32.01 47.81	400m: 6:35.73	3:25.38			

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Epreuve 2, 800m Libre

45 - 49 ans, Dames

1.	HOUZÉ (BILLOUEZ) Katty	68	CNT			13:33.16	211
	50m: 47.54 47.54	200m: 3:19.82	1:41.96	800m: 13:33.16	6:48.30		
	100m: 1:37.86 50.32	400m: 6:44.86	3:25.04				
2.	COEN Brigitte	67	CNBA			16:32.07	116
	50m: 56.35 56.35	200m: 3:58.30	2:02.94	800m: 16:32.07	8:19.44		
	100m: 1:55.36 59.01	400m: 8:12.63	4:14.33				

50 - 54 ans, Messieurs

1.	PICAVET Michel	62	DM			14:16.51	138
	50m: 45.57 45.57	200m: 3:23.39	1:47.00	800m: 14:16.51	7:15.78		
	100m: 1:36.39 50.82	400m: 7:00.73	3:37.34				

50 - 54 ans, Dames

1.	VERHAGEN Patty	59	PSV			11:29.56	346
	50m: 39.75 39.75	200m: 2:47.83	1:26.11	800m: 11:29.56	5:47.80		
	100m: 1:21.72 41.97	400m: 5:41.76	2:53.93				

55 - 59 ans, Messieurs

1.	MOURMANS Eddy	57	DM			12:14.98	219
	50m: 37.99 37.99	200m: 2:51.28	1:26.78	800m: 12:14.98	6:10.20		
	100m: 1:24.50 46.51	400m: 6:04.78	3:13.50				
2.	MELIN Aime	54	W			13:16.47	172
	50m: 45.50 45.50	200m: 3:14.22	1:39.72	800m: 13:16.47	6:42.68		
	100m: 1:34.50 49.00	400m: 6:33.79	3:19.57				

55 - 59 ans, Dames

1.	SCHELKENS Rita	56	ZIK			14:53.00	159
	50m: 47.50 47.50	200m: 3:31.53	1:51.96	800m: 14:53.00	7:29.64		
	100m: 1:39.57 52.07	400m: 7:23.36	3:51.83				

60 - 64 ans, Messieurs

1.	HOHENBICHLER Michaël	53	CNSW			17:09.04	80
	50m: 54.01 54.01	200m: 4:04.57	2:08.60	800m: 17:09.04	8:41.43		
	100m: 1:55.97 1:01.96	400m: 8:27.61	4:23.04				

60 - 64 ans, Dames

1.	DUBUISSON Yolande	51	HELIOS			14:35.31	169
	50m: 48.01 48.01	200m: 3:32.98	1:50.98	800m: 14:35.31	7:19.46		
	100m: 1:42.00 53.99	400m: 7:15.85	3:42.87				
2.	MOUTON Ginette	49	RBP			14:47.44	162
	50m: 53.34 53.34	200m: 3:42.28	1:52.83	800m: 14:47.44	7:22.03		
	100m: 1:49.45 56.11	400m: 7:25.41	3:43.13				

65 - 69 ans, Messieurs

1.	LECOMPTE Etienne	47	LZV			14:24.58	134
	50m: 44.78 44.78	200m: 3:26.59	1:48.59	800m: 14:24.58	7:19.89		
	100m: 1:38.00 53.22	400m: 7:04.69	3:38.10				
2.	BRICELJ Karl	44	HELIOS			16:27.03	90
	50m: 44.51 44.51	200m: 3:29.78	1:54.20	800m: 16:27.03	8:47.26		
	100m: 1:35.58 51.07	400m: 7:39.77	4:09.99				

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Epreuve 2, 800m Libre

65 - 69 ans, Dames

1.	ROFFIAEN Anne-Marie	48	HELIOS		18:59.39	76
	50m: 1:00.39 1:00.39	200m: 4:29.86 2:22.66	800m: 18:59.39 9:39.26			
	100m: 2:07.20 1:06.81	400m: 9:20.13 4:50.27				

80 - 84 ans, Messieurs

1.	BERGER Jean	32	CNBA		26:35.45	21
	50m: 1:15.26 1:15.26	200m: 6:16.77 3:27.07	800m: 26:35.45 13:37.05			
	100m: 2:49.70 1:34.44	400m: 12:58.40 6:41.63				

Epreuve 3
01/12/2013

400m 4 nages

25 - 94 ans
Liste résultats

Points: FINA 2010

Rang	AN				Temps	Pts
25 - 29 ans, Messieurs						
1.	SEUNTIENS Hans	84	KST		5:17.76	416
	100m: 1:10.90 1:10.90	400m: 5:17.76 4:06.86				
2.	JAMART Nicolas	88	ENN		5:36.52	350
	50m: 31.44 31.44	100m: 1:09.36 37.92	400m: 5:36.52 4:27.16			
25 - 29 ans, Dames						
1.	LEPOMME Anne-Sophie	86	NST		5:37.20	463
	50m: 35.23 35.23	100m: 1:16.58 41.35	400m: 5:37.20 4:20.62			
2.	KOENIG Sandra	86	CNSW		6:24.03	314
	100m: 1:25.76 1:25.76	400m: 6:24.03 4:58.27				
3.	LABIE Jennifer	88	CNT		6:37.81	282
	50m: 41.41 41.41	100m: 1:32.41 51.00	400m: 6:37.81 5:05.40			
30 - 34 ans, Messieurs						
1.	MINETTE Sébastien	80	HELIOS		5:48.14	316
	50m: 38.54 38.54	100m: 1:23.48 44.94	400m: 5:48.14 4:24.66			
30 - 34 ans, Dames						
1.	MIGLIOLI Chiara	82	CNSW		5:55.76	395
	50m: 36.87 36.87	100m: 1:19.10 42.23	400m: 5:55.76 4:36.66			
35 - 39 ans, Messieurs						
1.	VERLEYEN Dimitri	76	CMA		5:47.80	317
	50m: 39.39 39.39	100m: 1:25.13 45.74	400m: 5:47.80 4:22.67			
2.	VANHAMME Bruno	75	CNT		6:17.20	248
	50m: 41.42 41.42	100m: 1:28.29 46.87	400m: 6:17.20 4:48.91			
3.	FRASELLE Pascal	74	CNT		6:37.56	212
	50m: 46.46 46.46	100m: 1:39.64 53.18	400m: 6:37.56 4:57.92			

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Epreuve 3, 400m 4 nages

40 - 44 ans, Messieurs

1. LABYE Philippe 69 MOSAN **5:48.53** 315
100m: 1:16.75 1:16.75 400m: 5:48.53 4:31.78

40 - 44 ans, Dames

1. VAN LINDT Kathy 71 AZL **6:17.66** 330
50m: 40.18 40.18 100m: 1:28.35 48.17 400m: 6:17.66 4:49.31
2. VAN DE MOORTELE Kristien 69 SHARK **7:43.57** 178
50m: 48.10 48.10 100m: 1:45.46 57.36 400m: 7:43.57 5:58.11

45 - 49 ans, Messieurs

1. BOCKSTAELE Francois 68 LZV **5:15.55** 425
50m: 32.70 32.70 100m: 1:10.31 37.61 400m: 5:15.55 4:05.24
2. HERMAN Hugues 66 CMA **5:32.36** 363
50m: 35.79 35.79 100m: 1:16.75 40.96 400m: 5:32.36 4:15.61
3. DE SCHEERDER Philippe 65 CDC **5:50.66** 309
50m: 36.63 36.63 100m: 1:20.20 43.57 400m: 5:50.66 4:30.46
4. DE BEUKELAER Kristiaan 65 BRABO **6:04.22** 276
100m: 1:19.90 1:19.90 400m: 6:04.22 4:44.32

45 - 49 ans, Dames

1. MICHEL Marion 64 EMBOU **5:51.58** 409
50m: 37.08 37.08 100m: 1:20.30 43.22 400m: 5:51.58 4:31.28

50 - 54 ans, Dames

1. MICHEL Pierrette 62 CNSW **5:47.60** 423
50m: 35.53 35.53 100m: 1:19.24 43.71 400m: 5:47.60 4:28.36

55 - 59 ans, Messieurs

1. VERBERGHT Rudi 58 ZCK **6:05.70** 273
50m: 35.18 35.18 100m: 1:20.14 44.96 400m: 6:05.70 4:45.56
2. MOURMANS Eddy 57 DM **6:55.08** 186
50m: 44.40 44.40 100m: 1:39.55 55.15 400m: 6:55.08 5:15.53

60 - 64 ans, Dames

1. HENSEN Carla 53 PSV **7:20.70** 207
50m: 43.81 43.81 100m: 2:37.68 1:53.87 400m: 7:20.70 4:43.02
2. BLONDEEL-GOURMET Fernande 52 CNSW **8:22.34** 140
100m: 1:46.55 1:46.55 400m: 8:22.34 6:35.79

65 - 69 ans, Messieurs

1. LECOMPTE Etienne 47 LZV **7:56.61** 123
50m: 46.48 46.48 100m: 1:41.00 54.52 400m: 7:56.61 6:15.61

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Epreuve 4
01/12/2013

400m Libre

25 - 94 ans
Liste résultats

Points: FINA 2010

Rang			AN					Temps	Pts
25 - 29 ans, Messieurs									
1.	SEUNTIENS Hans		84	KST				4:36.20	457
	50m:	30.13 30.13	100m:	1:04.70	34.57	200m:	2:15.25 1:10.55	400m:	4:36.20 2:20.95
2.	MATTE Steven		85	ZNA				5:21.26	290
	50m:	35.36 35.36	100m:	1:14.89	39.53	200m:	2:36.54 1:21.65	400m:	5:21.26 2:44.72
25 - 29 ans, Dames									
1.	LEPOMME Anne-Sophie		86	NST				4:54.27	508
	50m:	33.96 33.96	100m:	1:10.28	36.32	200m:	2:25.07 1:14.79	400m:	4:54.27 2:29.20
2.	VERDONCK Christine		85	ZIK				5:16.67	408
	50m:	34.73 34.73	100m:	1:12.80	38.07	200m:	2:32.24 1:19.44	400m:	5:16.67 2:44.43
3.	VINCK Mikal		88	LOR				5:35.89	342
	50m:	36.87 36.87	100m:	1:17.63	40.76	200m:	2:42.77 1:25.14	400m:	5:35.89 2:53.12
4.	VAN LOY Ellen		86	ZGEEL				5:40.50	328
	50m:	38.01 38.01	100m:	1:19.58	41.57	200m:	2:46.62 1:27.04	400m:	5:40.50 2:53.88
5.	VINAGRE SENDINO Cora		88	CNBA				5:42.53	322
	50m:	36.79 36.79	100m:	1:18.19	41.40	200m:	2:46.53 1:28.34	400m:	5:42.53 2:56.00
6.	WIJNEN Famke		87	AZV				5:46.50	311
	50m:	37.90 37.90	100m:	1:19.69	41.79	200m:	2:47.25 1:27.56	400m:	5:46.50 2:59.25
7.	PENFRAT Anna		87	CNSW				5:57.18	284
	100m:	1:24.62 1:24.62	200m:	2:55.47	1:30.85	400m:	5:57.18 3:01.71		
30 - 34 ans, Messieurs									
1.	ERNST Gregory		79	SVDE				4:40.42	436
	100m:	1:04.36 1:04.36	200m:	2:13.87	1:09.51	400m:	4:40.42 2:26.55		
2.	MINETTE Sébastien		80	HELIOS				5:07.21	332
	50m:	33.83 33.83	100m:	1:10.79	36.96	200m:	2:28.44 1:17.65	400m:	5:07.21 2:38.77
3.	LIEKENS Bart		79	SHARK				5:08.12	329
	50m:	33.12 33.12	100m:	1:09.92	36.80	200m:	2:28.64 1:18.72	400m:	5:08.12 2:39.48
4.	VAN HOECK Koen		82	LOR				5:49.49	225
	100m:	1:14.32 1:14.32	200m:	2:42.96	1:28.64	400m:	5:49.49 3:06.53		
5.	CHARLES Stéphane		83	CNBA				5:56.02	213
	50m:	39.92 39.92	100m:	1:22.99	43.07	200m:	2:54.70 1:31.71	400m:	5:56.02 3:01.32
30 - 34 ans, Dames									
1.	MIGLIOLI Chiara		82	CNSW				5:26.05	374
	50m:	36.77 36.77	100m:	1:36.76	59.99	200m:	2:39.38 1:02.62	400m:	5:26.05 2:46.67
2.	PADILLA Kora		81	HELIOS				6:51.84	185
	50m:	43.05 43.05	100m:	1:32.14	49.09	200m:	3:18.09 1:45.95	400m:	6:51.84 3:33.75
3.	VRANA Chrysanti		81	CNSW				6:56.17	179
	50m:	45.42 45.42	100m:	1:35.74	50.32	200m:	3:24.72 1:48.98	400m:	6:56.17 3:31.45

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Epreuve 4, 400m Libre

35 - 39 ans, Messieurs

1.	VERLEYEN Dimitri	76	CMA	5:19.07	296
	50m: 35.37 35.37	100m: 1:14.50	39.13	200m: 2:36.78	1:22.28
				400m: 5:19.07	2:42.29
2.	ABOU GEBBA Mohamed Ahmed	75	CNBA	6:28.48	164
	50m: 39.69 39.69	100m: 1:25.15	45.46	200m: 3:00.28	1:35.13
				400m: 6:28.48	3:28.20

forf.déc. VANHOOF Geert 76 LZV

35 - 39 ans, Dames

1.	BLONDEEL Nathalie	77	CNSW	4:58.47	487
	100m: 1:11.61 1:11.61	200m: 2:26.72	1:15.11	400m: 4:58.47	2:31.75
2.	DELVAUX Viviane	74	CNSW	6:43.48	197
	50m: 43.51 43.51	100m: 1:32.64	49.13	200m: 3:13.39	1:40.75
				400m: 6:43.48	3:30.09
3.	ULZEGA Chiara	75	CNSW	6:55.32	180
	50m: 44.82 44.82	100m: 1:36.29	51.47	200m: 3:21.51	1:45.22
				400m: 6:55.32	3:33.81

40 - 44 ans, Messieurs

1.	VAN ROMPAEY Danny	73	ZIK	4:53.10	382
	50m: 31.42 31.42	100m: 1:07.10	35.68	200m: 2:21.64	1:14.54
				400m: 4:53.10	2:31.46
2.	DHAEN Philippe	73	ZNA	5:28.42	271
	100m: 1:14.48 1:14.48	200m: 2:37.07	1:22.59	400m: 5:28.42	2:51.35
3.	HUFKENS Benny	69	ZGEEL	5:38.36	248
	50m: 36.39 36.39	100m: 1:17.20	40.81	200m: 2:42.20	1:25.00
				400m: 5:38.36	2:56.16
4.	ALSINA MUNOZ Ramon	69	CNSW	6:01.01	204
	50m: 39.27 39.27	100m: 1:23.02	43.75	200m: 2:55.38	1:32.36
				400m: 6:01.01	3:05.63
5.	ALDRIC David	73	HELIOS	6:21.13	173
	50m: 43.13 43.13	100m: 1:30.48	47.35	200m: 3:06.72	1:36.24
				400m: 6:21.13	3:14.41

40 - 44 ans, Dames

1.	VAN LINDT Kathy	71	AZL	5:21.98	388
	100m: 1:16.66 1:16.66	200m: 2:38.54	1:21.88	400m: 5:21.98	2:43.44
2.	VAN HOOF Natacha	73	SHARK	5:43.31	320
	50m: 38.78 38.78	100m: 1:21.39	42.61	200m: 2:48.71	1:27.32
				400m: 5:43.31	2:54.60
3.	DELAERE Sabine	69	DM	6:10.42	255
	50m: 40.86 40.86	100m: 1:26.58	45.72	200m: 3:00.14	1:33.56
				400m: 6:10.42	3:10.28
4.	VAN DE MOORTELE Kristien	69	SHARK	6:27.67	222
	100m: 1:33.40 1:33.40	200m: 3:11.26	1:37.86	400m: 6:27.67	3:16.41
5.	DUBUS Lucy	69	DM	6:54.83	181
	50m: 41.88 41.88	100m: 1:30.32	48.44	200m: 3:18.25	1:47.93
				400m: 6:54.83	3:36.58

forf.déc. DE MEYERE Kathy 73 LZV

45 - 49 ans, Messieurs

1.	HERMAN Hugues	66	CMA	4:45.17	415
	50m: 32.74 32.74	100m: 1:08.42	35.68	200m: 2:22.27	1:13.85
				400m: 4:45.17	2:22.90
2.	BOCKSTAELE Francois	68	LZV	4:45.23	415
	50m: 32.89 32.89	100m: 1:09.36	36.47	200m: 2:23.32	1:13.96
				400m: 4:45.23	2:21.91
3.	DE SCHEERDER Philippe	65	CDC	5:02.20	349
	50m: 34.70 34.70	100m: 1:12.42	37.72	200m: 2:29.64	1:17.22
				400m: 5:02.20	2:32.56
4.	NAILI Karim	66	CNBA	5:16.34	304
	50m: 35.61 35.61	100m: 1:14.25	38.64	200m: 2:34.71	1:20.46
				400m: 5:16.34	2:41.63

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Epreuve 4, Messieurs, 400m Libre, 45 - 49 ans

Rang			AN						Temps	Pts
5.	JONNIAUX John		67	CMA					5:31.32	264
	50m:	36.03 36.03	100m:	1:47.58 1:11.55	200m:	2:43.45 55.87	400m:	5:31.32 2:47.87		
6.	VAN GENECHTEN Jan		68	SHARK					5:50.77	223
	50m:	38.56 38.56	100m:	31:21.18 30:42.62	200m:	2:50.02	400m:	5:50.77 3:00.75		
7.	GODART Eric		68	HELIOS					6:18.80	177
	50m:	43.49 43.49	100m:	1:31.77 48.28	200m:	3:10.88 1:39.11	400m:	6:18.80 3:07.92		
8.	CANTAMESSA Toni		64	W					6:26.03	167
	50m:	42.90 42.90	100m:	1:30.33 47.43	200m:	3:08.81 1:38.48	400m:	6:26.03 3:17.22		
9.	HADRICH Dirk		65	SCZ					6:56.31	133
	50m:	43.14 43.14	100m:	1:31.77 48.63	200m:	3:19.66 1:47.89	400m:	6:56.31 3:36.65		

45 - 49 ans, Dames

1.	MICHEL Marion		64	EMBOU					5:14.83	415
	50m:	35.44 35.44	100m:	1:14.40 38.96	200m:	2:34.50 1:20.10	400m:	5:14.83 2:40.33		

50 - 54 ans, Messieurs

1.	VAN ROY Peter		62	ZGEEL					6:12.10	186
	50m:	40.37 40.37	100m:	1:23.51 43.14	200m:	2:54.92 1:31.41	400m:	6:12.10 3:17.18		
2.	PICAVET Michel		62	DM					6:58.78	131
	50m:	44.15 44.15	100m:	1:34.29 50.14	200m:	3:22.98 1:48.69	400m:	6:58.78 3:35.80		
3.	DEKEYSER Michel		63	DM					7:47.80	94
	50m:	46.54 46.54	100m:	1:36.88 50.34	200m:	3:32.32 1:55.44	400m:	7:47.80 4:15.48		

55 - 59 ans, Messieurs

1.	JULIEN Guy		57	HELIOS					6:30.57	161
	50m:	44.10 44.10	100m:	1:32.10 48.00	200m:	3:10.32 1:38.22	400m:	6:30.57 3:20.25		
2.	MELIN Aime		54	W					6:31.48	160
	50m:	42.70 42.70	100m:	1:28.70 46.00	200m:	3:08.02 1:39.32	400m:	6:31.48 3:23.46		

55 - 59 ans, Dames

1.	SCHELKENS Rita		56	ZIK					7:07.65	165
	50m:	43.84 43.84	100m:	1:34.71 50.87	200m:	3:24.42 1:49.71	400m:	7:07.65 3:43.23		

60 - 64 ans, Messieurs

1.	HOHENBICHLER Michaël		53	CNSW					8:13.50	80
	100m:	1:52.26 1:52.26	200m:	3:57.55 2:05.29	400m:	8:13.50 4:15.95				

60 - 64 ans, Dames

1.	DUBUISSON Yolande		51	HELIOS					7:01.48	173
	50m:	47.32 47.32	100m:	1:38.21 50.89	200m:	3:26.38 1:48.17	400m:	7:01.48 3:35.10		

65 - 69 ans, Messieurs

1.	LECOMPTE Etienne		47	LZV					6:52.50	137
	100m:	1:33.22 1:33.22	200m:	3:18.54 1:45.32	400m:	6:52.50 3:33.96				

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Epreuve 4, 400m Libre

65 - 69 ans, Dames

1.	ROFFIAEN Anne-Marie		48	HELIOS					9:10.13	77		
	50m:	57.20	57.20	100m:	2:04.16	1:06.96	200m:	4:24.95	2:20.79	400m:	9:10.13	4:45.18

80 - 84 ans, Messieurs

1.	BERGER Jean		32	CNBA					12:37.02	22		
	50m:	1:16.69	1:16.69	100m:	2:46.70	1:30.01	200m:	6:10.13	3:23.43	400m:	12:37.02	6:26.89