

Belgium Masters Swimming Championships  
OOSTENDE, 29.11.2009

Epreuve 1 1500m Libre 25 - 94 ans  
29/11/2009 Liste résultats

Points: FINA 2008

Rang	AN		Temps		Pts
<b>25 - 29 ans, Messieurs</b>					
1.	ANTHONISSEN Tom	84 SWEM	<b>24:47.62</b>		209
	100m: 1:20.26 1:20.26	400m: 6:12.84 3:18.42	1500m: 24:47.62	11:50.20	
	200m: 2:54.42 1:34.16	800m: 12:57.42 6:44.58			
<b>30 - 34 ans, Messieurs</b>					
1.	GHEsqUIERE Jelle	79 DM	<b>18:09.09</b>		533
	100m: 1:09.39 1:09.39	400m: 4:47.95 2:25.47	1500m: 18:09.09	8:28.74	
	200m: 2:22.48 1:13.09	800m: 9:40.35 4:52.40			
2.	VAAsT Arnaud	76 CNSW	<b>20:44.55</b>		357
	100m: 1:17.05 1:17.05	400m: 5:27.53 2:47.62	1500m: 20:44.55	9:41.42	
	200m: 2:39.91 1:22.86	800m: 11:03.13 5:35.60			
<b>30 - 34 ans, Dames</b>					
malade	DESAGRE Sabine	77 ONS			
<b>35 - 39 ans, Messieurs</b>					
1.	CoNTENT Stéphane	71 CNSW	<b>20:55.76</b>		347
	100m: 1:17.18 1:17.18	400m: 5:28.18 2:48.12	1500m: 20:55.76	9:49.25	
	200m: 2:40.06 1:22.88	800m: 11:06.51 5:38.33			
2.	GoETRY Frédéric	74 SWEM	<b>21:27.06</b>		323
	100m: 1:16.86 1:16.86	400m: 5:34.60 2:54.87	1500m: 21:27.06	10:04.21	
	200m: 2:39.73 1:22.87	800m: 11:22.85 5:48.25			
forf.nd.	KRICKEl Alain	70 CNSPA			
<b>35 - 39 ans, Dames</b>					
1.	PONCE DEL CASTILLO Aïda	74 CNSW	<b>20:04.13</b>		502
	100m: 1:17.93 1:17.93	400m: 5:19.22 2:40.34	1500m: 20:04.13	9:21.86	
	200m: 2:38.88 1:20.95	800m: 10:42.27 5:23.05			
2.	DE GROOTE ANN	70 MEGA	<b>25:04.20</b>		257
	100m: 1:34.95 1:34.95	400m: 6:41.60 3:23.49	1500m: 25:04.20	11:41.47	
	200m: 3:18.11 1:43.16	800m: 13:22.73 6:41.13			
3.	DECLERCQ Ines	71 AC	<b>30:20.82</b>		145
	100m: 1:51.14 1:51.14	400m: 7:56.92 4:05.22	1500m: 30:20.82	14:12.22	
	200m: 3:51.70 2:00.56	800m: 16:08.60 8:11.68			
4.	VAN LoON Linda	74 KST	<b>32:00.85</b>		124
	100m: 1:44.90 1:44.90	400m: 8:05.63 4:19.22	1500m: 32:00.85	15:18.05	
	200m: 3:46.41 2:01.51	800m: 16:42.80 8:37.17			
<b>40 - 44 ans, Messieurs</b>					
1.	FoLIE Jean-François	69 CNSW	<b>20:54.44</b>		348
	100m: 1:18.82 1:18.82	400m: 5:28.89 2:46.53	1500m: 20:54.44	9:49.08	
	200m: 2:42.36 1:23.54	800m: 11:05.36 5:36.47			
2.	NAÏLI Karim	66 CNSW	<b>21:14.91</b>		332
	100m: 1:19.09 1:19.09	400m: 5:36.20 2:52.30	1500m: 21:14.91	9:55.29	
	200m: 2:43.90 1:24.81	800m: 11:19.62 5:43.42			
3.	DE LAMPER Franky	67 GBZ	<b>24:08.95</b>		226
	100m: 1:20.69 1:20.69	400m: 6:01.33 3:03.90	1500m: 24:08.95	11:35.51	
	200m: 2:57.43 1:36.74	800m: 12:33.44 6:32.11			

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Epreuve 1, Messieurs, 1500m Libre, 40 - 44 ans

Rang		AN		Temps	Pts
4.	FROIDBISE Emmanuel	68	CNSW	<b>26:58.82</b>	162
	100m: 1:37.29 1:37.29	400m: 6:57.57 3:34.93	1500m: 26:58.82 12:42.72		
	200m: 3:22.64 1:45.35	800m: 14:16.10 7:18.53			
forf.nd.	STOOP Reinhard	66	AZSC		
forf.nd.	GIUS Michele	66	CNSW		
forf.nd.	DECOUX Joeri	67	CNSW		
forf.nd.	CALLENS Jean-Claude	67	DM		

40 - 44 ans, Dames

1.	DELAERE Sabine	69	DM	<b>23:53.71</b>	297
	100m: 1:25.21 1:25.21	400m: 6:09.81 3:10.85	1500m: 23:53.71 11:17.14		
	200m: 2:58.96 1:33.75	800m: 12:36.57 6:26.76			
2.	HOUZÉ Katty	68	CNT	<b>26:17.82</b>	223
	100m: 1:41.97 1:41.97	400m: 6:52.20 3:25.88	1500m: 26:17.82 12:21.78		
	200m: 3:26.32 1:44.35	800m: 13:56.04 7:03.84			
malade	RUYMAEKERS Ariane	67	BRABO		

45 - 49 ans, Messieurs

1.	DELFOSSÉ Olivier	63	CNSW	<b>18:21.08</b>	515
	100m: 1:07.71 1:07.71	400m: 4:46.51 2:26.38	1500m: 18:21.08 8:40.97		
	200m: 2:20.13 1:12.42	800m: 9:40.11 4:53.60			
2.	LAURENT Marc	63	SVAZ	<b>23:41.89</b>	239
	100m: 1:20.63 1:20.63	400m: 5:54.64 3:04.16	1500m: 23:41.89 11:21.12		
	200m: 2:50.48 1:29.85	800m: 12:20.77 6:26.13			
3.	VANDEWALLE Johan	60	BRABO	<b>24:18.40</b>	222
	100m: 1:23.50 1:23.50	400m: 6:12.06 3:12.81	1500m: 24:18.40 11:30.75		
	200m: 2:59.25 1:35.75	800m: 12:47.65 6:35.59			
4.	VAN GASTEREN Rik	64	AQUA	<b>25:31.56</b>	191
	100m: 1:28.41 1:28.41	400m: 6:33.50 3:25.72	1500m: 25:31.56 12:00.59		
	200m: 3:07.78 1:39.37	800m: 13:30.97 6:57.47			
5.	VERCAUTEREN Rik	60	RSCM	<b>26:46.29</b>	166
	100m: 1:38.32 1:38.32	400m: 7:04.64 3:37.41	1500m: 26:46.29 12:31.00		
	200m: 3:27.23 1:48.91	800m: 14:15.29 7:10.65			
6.	TIMMERMANS Filip	60	SHARK	<b>26:51.20</b>	164
	100m: 1:30.73 1:30.73	400m: 6:46.62 3:34.32	1500m: 26:51.20 12:49.80		
	200m: 3:12.30 1:41.57	800m: 14:01.40 7:14.78			

45 - 49 ans, Dames

1.	VERCAUTEREN Ingrid	62	LZV	<b>22:42.22</b>	346
	100m: 1:20.45 1:20.45	400m: 5:52.30 3:02.33	1500m: 22:42.22 10:41.99		
	200m: 2:49.97 1:29.52	800m: 12:00.23 6:07.93			
2.	GUILMOT Ludwina	61	RSCM	<b>23:16.76</b>	321
	100m: 1:24.26 1:24.26	400m: 6:04.32 3:06.94	1500m: 23:16.76 10:55.82		
	200m: 2:57.38 1:33.12	800m: 12:20.94 6:16.62			
3.	WALLAERT Magda	60	CNBA	<b>27:37.43</b>	192
	100m: 1:38.64 1:38.64	400m: 7:07.52 3:39.97	1500m: 27:37.43 13:02.75		
	200m: 3:27.55 1:48.91	800m: 14:34.68 7:27.16			

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Epreuve 1, 1500m Libre

50 - 54 ans, Messieurs

1.	MOURMANS Eddy	57	DM	<b>25:16.64</b>	197
	100m: 1:32.86 1:32.86	400m: 6:34.82 3:21.25	1500m: 25:16.64 11:55.82		
	200m: 3:13.57 1:40.71	800m: 13:20.82 6:46.00			
2.	JULLIEN Guy	57	CHAT	<b>26:17.66</b>	175
	100m: 1:37.08 1:37.08	400m: 6:54.70 3:31.67	1500m: 26:17.66 12:22.85		
	200m: 3:23.03 1:45.95	800m: 13:54.81 7:00.11			
3.	DERVAUX Thibault	58	CNT	<b>26:56.52</b>	163
	100m: 1:43.82 1:43.82	400m: 7:22.85 3:47.39	1500m: 26:56.52 12:20.77		
	200m: 3:35.46 1:51.64	800m: 14:35.75 7:12.90			
4.	DEMOULIN Alain	59	CHAT	<b>27:29.08</b>	153
	100m: 1:36.69 1:36.69	400m: 7:03.12 3:39.12	1500m: 27:29.08 12:56.45		
	200m: 3:24.00 1:47.31	800m: 14:32.63 7:29.51			
5.	DRIESEN Luc	56	MOZKA	<b>28:48.00</b>	133
	100m: 1:41.94 1:41.94	400m: 7:32.16 3:54.75	1500m: 28:48.00 13:30.16		
	200m: 3:37.41 1:55.47	800m: 15:17.84 7:45.68			
6.	MAZINGUE Thierry	57	DM	<b>32:36.83</b>	92
	100m: 14:45.08 14:45.08	400m: 8:02.09 4:14.93	1500m: 32:36.83 15:49.70		
	200m: 3:47.16	800m: 16:47.13 8:45.04			

50 - 54 ans, Dames

1.	DE KEYSER Manuela	58	BRABO	<b>26:41.30</b>	213
	100m: 1:34.13 1:34.13	400m: 6:59.70 3:38.28	1500m: 26:41.30 12:28.88		
	200m: 3:21.42 1:47.29	800m: 14:12.42 7:12.72			
2.	BUSCHOP Hilde	59	SVAZ	<b>27:07.92</b>	203
	100m: 1:43.68 1:43.68	400m: 7:06.44 3:35.67	1500m: 27:07.92 12:49.91		
	200m: 3:30.77 1:47.09	800m: 14:18.01 7:11.57			
3.	SPEELMANS Krist'l	55	SHARK	<b>27:48.77</b>	188
	100m: 1:41.94 1:41.94	400m: 7:18.40 3:42.84	1500m: 27:48.77 13:03.37		
	200m: 3:35.56 1:53.62	800m: 14:45.40 7:27.00			
4.	SCHELKENS Rita	56	BRABO	<b>28:33.89</b>	174
	100m: 1:37.43 1:37.43	400m: 7:19.66 3:50.19	1500m: 28:33.89 13:26.05		
	200m: 3:29.47 1:52.04	800m: 15:07.84 7:48.18			

55 - 59 ans, Messieurs

1.	VAN DEN EYNDE Toby	54	BRABO	<b>24:09.01</b>	226
	100m: 1:24.70 1:24.70	400m: 6:10.32 3:11.52	1500m: 24:09.01 11:26.28		
	200m: 2:58.80 1:34.10	800m: 12:42.73 6:32.41			
2.	BONTEMS Dany	54	CNSPA	<b>24:15.84</b>	223
	100m: 1:23.12 1:23.12	400m: 6:11.62 3:14.25	1500m: 24:15.84 11:28.87		
	200m: 2:57.37 1:34.25	800m: 12:46.97 6:35.35			
3.	HOUGARDY Michel	51	CNBA	<b>25:23.82</b>	194
	100m: 1:31.57 1:31.57	400m: 6:42.46 3:28.81	1500m: 25:23.82 11:53.14		
	200m: 3:13.65 1:42.08	800m: 13:30.68 6:48.22			

forf.nd. MOUSSAY Jean-Daniel 52 LLSB

60 - 64 ans, Messieurs

1.	CAPPAERT Ron	47	GBZ	<b>30:10.48</b>	116
	100m: 1:49.41 1:49.41	400m: 7:54.07 4:03.64	1500m: 30:10.48 14:13.24		
	200m: 3:50.43 2:01.02	800m: 15:57.24 8:03.17			

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Epreuve 1, 1500m Libre

70 - 74 ans, Messieurs

malade VERCRUYSSSEN Robert 37 TSZ

75 - 79 ans, Messieurs

1. BUSSCHAERT Andre 30 ROSC **30:43.68** 110  
 100m: 1:48.68 1:48.68 400m: 7:52.46 4:03.84 1500m: 30:43.68 14:38.56  
 200m: 3:48.62 1:59.94 800m: 16:05.12 8:12.66

2. FRICOT Guy 33 CCS **45:26.10** 34  
 100m: 2:46.93 2:46.93 400m: 11:35.24 5:52.18 1500m: 45:26.10 21:59.82  
 200m: 5:43.06 2:56.13 800m: 23:26.28 11:51.04

abandon ANDRE Claude 30 CCM

Epreuve 2  
29/11/2009

800m Libre

25 - 94 ans  
Liste résultats

Points: FINA 2008

Rang AN Temps Pts

25 - 29 ans, Messieurs

1. SEUNTIENS Hans 84 KST **10:26.36** 411  
 100m: 1:06.29 1:06.29 200m: 2:21.80 1:15.51 400m: 5:02.32 2:40.52 800m: 10:26.36 5:24.04

2. BILLET Francois 80 DM **10:41.02** 383  
 100m: 1:09.25 1:09.25 200m: 2:24.39 1:15.14 400m: 5:05.00 2:40.61 800m: 10:41.02 5:36.02

3. CHARLES Stéphane 83 CNBA **12:44.15** 226  
 100m: 1:24.59 1:24.59 200m: 2:58.27 1:33.68 400m: 6:13.44 3:15.17 800m: 12:44.15 6:30.71

malade BLONDEEL Olivier 80 CNSW

25 - 29 ans, Dames

1. THYSSENS Jessy 80 BRABO **11:13.84** 406  
 100m: 1:16.69 1:16.69 200m: 2:40.27 1:23.58 400m: 5:30.92 2:50.65 800m: 11:13.84 5:42.92

2. VERVUEREN Caroline 81 SVAZ **11:36.90** 367  
 100m: 1:18.11 1:18.11 200m: 2:43.68 1:25.57 400m: 5:40.20 2:56.52 800m: 11:36.90 5:56.70

3. LAMBERT Marie 84 CNSW **13:05.47** 256  
 100m: 1:30.74 1:30.74 200m: 3:09.25 1:38.51 400m: 6:30.63 3:21.38 800m: 13:05.47 6:34.84

4. BOGAERT Anuschka 82 GBZ **13:51.29** 216  
 100m: 1:29.95 1:29.95 200m: 3:10.57 1:40.62 400m: 6:44.89 3:34.32 800m: 13:51.29 7:06.40

30 - 34 ans, Messieurs

1. VAN AUTENBOER Wout 79 KST **9:09.60** 608  
 100m: 1:06.03 1:06.03 200m: 2:15.34 1:09.31 400m: 4:34.28 2:18.94 800m: 9:09.60 4:35.32

2. BASTIN Vincent 77 CHTHN **10:46.86** 373  
 100m: 1:12.76 1:12.76 200m: 2:33.51 1:20.75 400m: 5:17.42 2:43.91 800m: 10:46.86 5:29.44

3. DUQUESNE Stephane 77 ONS **13:32.32** 188  
 100m: 1:29.80 1:29.80 200m: 3:07.13 1:37.33 400m: 6:34.29 3:27.16 800m: 13:32.32 6:58.03

30 - 34 ans, Dames

malade VANNESTE Virginie 79 ROSC

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Epreuve 2, 800m Libre

35 - 39 ans, Messieurs

1.	LAGAE Daniel	70	DM						<b>11:08.32</b>	338
	100m: 1:16.72	1:16.72	200m: 2:38.57	1:21.85	400m: 5:25.96	2:47.39	800m: 11:08.32	5:42.36		
2.	BALANCIER Pascal	74	CNSW						<b>11:32.66</b>	304
	100m: 1:21.74	1:21.74	200m: 2:41.85	1:20.11	400m: 5:44.47	3:02.62	800m: 11:32.66	5:48.19		
3.	RONGVAUX Yannick	73	NST						<b>12:52.86</b>	219
	100m: 1:25.00	1:25.00	200m: 3:02.04	1:37.04	400m: 6:20.45	3:18.41	800m: 12:52.86	6:32.41		

35 - 39 ans, Dames

1.	VAN HOOFF Natacha	73	SHARK						<b>12:22.23</b>	304
	100m: 1:25.54	1:25.54	200m: 2:58.39	1:32.85	400m: 6:08.42	3:10.03	800m: 12:22.23	6:13.81		

40 - 44 ans, Messieurs

1.	BOUCHEZ Arnaud	66	DM						<b>12:19.03</b>	250
	200m: 2:49.74	2:49.74	400m: 5:58.63	3:08.89	800m: 12:19.03	6:20.40				

40 - 44 ans, Dames

1.	STAAL Laura	67	OCEANUS						<b>10:59.70</b>	432
	100m: 1:15.91	1:15.91	200m: 2:38.63	1:22.72	400m: 5:26.14	2:47.51	800m: 10:59.70	5:33.56		
2.	VAN DE MOORTELE Kristien	69	SHARK						<b>12:38.48</b>	284
	100m: 1:25.64	1:25.64	200m: 2:59.23	1:33.59	400m: 6:10.13	3:10.90	800m: 12:38.48	6:28.35		

malade FORTON Francoise

65 DM

45 - 49 ans, Messieurs

1.	GOOSSENS Jurgen	62	ZNA						<b>10:52.02</b>	364
	100m: 1:15.15	1:15.15	200m: 2:37.21	1:22.06	400m: 5:21.96	2:44.75	800m: 10:52.02	5:30.06		
2.	SOMERS Dirk	64	KST						<b>11:40.13</b>	294
	100m: 1:12.70	1:12.70	200m: 2:37.95	1:25.25	400m: 5:38.36	3:00.41	800m: 11:40.13	6:01.77		
3.	VAN VLIERBERGHE Peter	62	ROSC						<b>12:03.53</b>	267
	100m: 1:19.44	1:19.44	200m: 2:47.06	1:27.62	400m: 5:49.54	3:02.48	800m: 12:03.53	6:13.99		
4.	VERCOUTER Wolfgang	64	WZC						<b>12:16.83</b>	252
	100m: 1:16.43	1:16.43	200m: 2:47.72	1:31.29	400m: 5:58.51	3:10.79	800m: 12:16.83	6:18.32		
5.	PICAVET Michel	62	DM						<b>13:43.00</b>	181
	100m: 1:32.67	1:32.67	200m: 3:12.48	1:39.81	400m: 6:42.13	3:29.65	800m: 13:43.00	7:00.87		

45 - 49 ans, Dames

1.	MICHEL Pierrette	62	EMBOU						<b>10:57.86</b>	436
	100m: 1:17.23	1:17.23	200m: 2:39.54	1:22.31	400m: 5:25.02	2:45.48	800m: 10:57.86	5:32.84		
2.	DEVRIESE Carla	61	ROSC						<b>11:53.66</b>	341
	100m: 1:23.39	1:23.39	200m: 2:54.34	1:30.95	400m: 5:54.42	3:00.08	800m: 11:53.66	5:59.24		
3.	D'HONDT Georgette	60	LZV						<b>17:13.24</b>	113
	100m: 1:54.90	1:54.90	200m: 4:05.12	2:10.22	400m: 8:28.64	4:23.52	800m: 17:13.24	8:44.60		

malade SLAGMOLEN Marie-Anne

60 RSCM

50 - 54 ans, Dames

1.	VERHAGEN Patty	59	AQUA						<b>10:55.82</b>	440
	100m: 1:18.05	1:18.05	200m: 2:40.08	1:22.03	400m: 5:26.09	2:46.01	800m: 10:55.82	5:29.73		
2.	VAN BRITSOM Judy	59	BRABO						<b>12:40.66</b>	282
	100m: 1:30.14	1:30.14	200m: 3:06.69	1:36.55	400m: 6:21.71	3:15.02	800m: 12:40.66	6:18.95		

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Epreuve 2, Dames, 800m Libre, 50 - 54 ans

Rang	AN		Temps				Pts	
3.	VAN GIEL Lieve	55 AZSC	<b>16:20.56</b>				132	
	100m: 1:52.96	1:52.96	200m: 3:57.81	2:04.85	400m: 8:06.14	4:08.33	800m: 16:20.56	8:14.42

55 - 59 ans, Messieurs

1.	CADIAT Jean-Marie	53 BOUST	<b>10:15.52</b>				433	
	100m: 1:12.41	1:12.41	200m: 2:29.54	1:17.13	400m: 5:06.15	2:36.61	800m: 10:15.52	5:09.37
2.	BREVE Brend	52 PSV	<b>11:14.30</b>				329	
	100m: 1:18.75	1:18.75	200m: 2:42.97	1:24.22	400m: 5:32.35	2:49.38	800m: 11:14.30	5:41.95
3.	WILLEMS Albert	50 ROSC	<b>12:04.70</b>				265	
	100m: 1:16.42	1:16.42	200m: 2:41.29	1:24.87	400m: 5:45.07	3:03.78	800m: 12:04.70	6:19.63
4.	SCHELFAUT Filip	51 WZK	<b>12:57.09</b>				215	
	100m: 1:23.47	1:23.47	200m: 2:59.15	1:35.68	400m: 6:18.27	3:19.12	800m: 12:57.09	6:38.82
5.	HOHENBICHLER Michaël	53 CNSW	<b>14:52.91</b>				142	
	100m: 1:47.32	1:47.32	200m: 3:37.82	1:50.50	400m: 7:19.91	3:42.09	800m: 14:52.91	7:33.00
6.	LANGUILLIER Etienne	50 CNSW	<b>24:55.51</b>				30	
	100m: 2:40.75	2:40.75	200m: 5:49.86	3:09.11	400m: 12:19.07	6:29.21	800m: 24:55.51	12:36.44

55 - 59 ans, Dames

1.	BLONDEEL-GOURMET Fernande	52 CNSW	<b>15:42.36</b>				148	
	100m: 1:44.43	1:44.43	200m: 3:39.86	1:55.43	400m: 7:35.87	3:56.01	800m: 15:42.36	8:06.49
abandon	DUBUISSON Yolande	51 CHAT						

60 - 64 ans, Messieurs

1.	LECOMPTE Etienne	47 LZV	<b>13:53.23</b>				175	
	100m: 1:32.37	1:32.37	200m: 3:16.84	1:44.47	400m: 6:52.70	3:35.86	800m: 13:53.23	7:00.53

60 - 64 ans, Dames

1.	ROFFIAEN Anne Marie	48 CHAT	<b>18:32.40</b>				90	
	100m: 2:05.67	2:05.67	200m: 4:23.52	2:17.85	400m: 9:05.35	4:41.83	800m: 18:32.40	9:27.05

75 - 79 ans, Messieurs

1.	VERHELST Georges	31 RZV	<b>15:18.41</b>				130	
	100m: 1:44.22	1:44.22	200m: 3:36.60	1:52.38	400m: 7:28.33	3:51.73	800m: 15:18.41	7:50.08
2.	VAN ROY Jef	32 AZSC	<b>16:20.74</b>				107	
	100m: 1:48.12	1:48.12	200m: 3:51.60	2:03.48	400m: 8:01.26	4:09.66	800m: 16:20.74	8:19.48

75 - 79 ans, Dames

1.	PELLIS Eliane	33 AZSC	<b>15:43.75</b>				148	
	100m: 1:43.62	1:43.62	200m: 3:40.24	1:56.62	400m: 7:41.58	4:01.34	800m: 15:43.75	8:02.17
2.	VAN OBERGHEN Agnes	31 AZSC	<b>17:18.14</b>				111	
	100m: 1:59.38	1:59.38	200m: 4:13.10	2:13.72	400m: 8:35.32	4:22.22	800m: 17:18.14	8:42.82

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Epreuve 3  
29/11/2009

400m 4 nages

25 - 94 ans  
Liste résultats

Points: FINA 2008

Rang	AN		Temps	Pts
<b>25 - 29 ans, Messieurs</b>				
1.	BILLET Francois	80 DM	<b>5:32.04</b>	423
	100m: 1:13.07 1:13.07	400m: 5:32.04 4:18.97		
2.	VAN OTTEN Stefan	83 KST	<b>5:45.73</b>	375
	100m: 1:19.54 1:19.54	400m: 5:45.73 4:26.19		
<b>25 - 29 ans, Dames</b>				
1.	VERVUEREN Caroline	81 SVAZ	<b>6:28.04</b>	348
	100m: 1:31.48 1:31.48	400m: 6:28.04 4:56.56		
<b>30 - 34 ans, Messieurs</b>				
1.	GHEQUIERE Jelle	79 DM	<b>4:54.38</b>	607
	100m: 1:05.12 1:05.12	400m: 4:54.38 3:49.26		
2.	VAN AUTENBOER Wout	79 KST	<b>5:10.26</b>	519
	100m: 1:13.80 1:13.80	400m: 5:10.26 3:56.46		
3.	GILLARD Damien	78 CNSPA	<b>5:47.92</b>	368
	100m: 1:14.04 1:14.04	400m: 5:47.92 4:33.88		
4.	MARENNE Benoit	75 WN	<b>6:17.08</b>	289
	100m: 1:19.80 1:19.80	400m: 6:17.08 4:57.28		
5.	VANHAMME Bruno	75 CNT	<b>6:17.55</b>	288
	100m: 1:22.94 1:22.94	400m: 6:17.55 4:54.61		
6.	DUQUESNE Stephane	77 ONS	<b>7:06.22</b>	200
	100m: 1:41.20 1:41.20	400m: 7:06.22 5:25.02		
<b>30 - 34 ans, Dames</b>				
1.	SEULEIMAN Sev	79 CNSW	<b>6:28.85</b>	346
	100m: 1:23.10 1:23.10	400m: 6:28.85 5:05.75		
malade	DESAGRE Sabine	77 ONS		
<b>35 - 39 ans, Messieurs</b>				
1.	VAN HOLSTEYN Oscar	71 AQUA	<b>5:50.34</b>	360
	100m: 1:11.43 1:11.43	400m: 5:50.34 4:38.91		
2.	NAHON Bruno	70 CNSW	<b>6:06.71</b>	314
	100m: 1:24.79 1:24.79	400m: 6:06.71 4:41.92		
3.	FRASELLE Pascal	74 CNT	<b>6:57.51</b>	213
	100m: 1:43.64 1:43.64	400m: 6:57.51 5:13.87		
<b>35 - 39 ans, Dames</b>				
1.	PONCE DEL CASTILLO Aïda	74 CNSW	<b>5:51.41</b>	469
	100m: 1:24.72 1:24.72	400m: 5:51.41 4:26.69		
<b>40 - 44 ans, Messieurs</b>				
malade	BOCKSTAELE François	68 LZV		

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Epreuve 3, 400m 4 nages

45 - 49 ans, Messieurs

1.	VERHELST Guy	62	ROSC	<b>5:44.25</b>	380
2.	GOOSSENS Jurgen	62	ZNA	<b>5:56.85</b>	341
	100m: 1:14.42 1:14.42	400m: 5:56.85 4:42.43			
3.	VAN GASTEREN Rik	64	AQUA	<b>7:45.75</b>	153
	100m: 2:03.60 2:03.60	400m: 7:45.75 5:42.15			
4.	VERCAUTEREN Rik	60	RSCM	<b>8:19.04</b>	125
	100m: 2:03.92 2:03.92	400m: 8:19.04 6:15.12			

45 - 49 ans, Dames

1.	WATERVAL Marie-Paule	62	LDV	<b>7:36.16</b>	214
	100m: 2:10.15 2:10.15	400m: 7:36.16 5:26.01			

50 - 54 ans, Messieurs

1.	VERBERGHT Rudi	58	ZCK	<b>6:09.55</b>	307
	100m: 1:22.68 1:22.68	400m: 6:09.55 4:46.87			
2.	DE BRUYN Luc	59	BRABO	<b>6:27.10</b>	267
	100m: 1:21.89 1:21.89	400m: 6:27.10 5:05.21			
3.	DEMOULIN Alain	59	CHAT	<b>7:22.87</b>	178
	100m: 1:41.78 1:41.78	400m: 7:22.87 5:41.09			
4.	HENDRICKX Willy	59	SHARK	<b>8:06.24</b>	135
	100m: 1:56.06 1:56.06	400m: 8:06.24 6:10.18			

malade SLAGMOLEN Jan 56 RSCM

50 - 54 ans, Dames

1.	SCHELFAUT Hilde	56	WZK	<b>7:33.04</b>	219
	100m: 1:52.23 1:52.23	400m: 7:33.04 5:40.81			

55 - 59 ans, Messieurs

1.	BREVE Brend	52	PSV	<b>6:00.01</b>	332
	100m: 1:15.98 1:15.98	400m: 6:00.01 4:44.03			
2.	DE LUSTER Rudi	52	RSCM	<b>7:23.10</b>	178
	100m: 1:34.36 1:34.36	400m: 7:23.10 5:48.74			

55 - 59 ans, Dames

abandon DUBUISSON Yolande 51 CHAT

60 - 64 ans, Messieurs

1.	LESTIDEAU Jean-Claude	46	OGS	<b>5:58.21</b>	337
	100m: 1:23.58 1:23.58	400m: 5:58.21 4:34.63			
2.	LECOMPTE Etienne	47	LZV	<b>8:12.22</b>	130
	100m 1:01:49.46 1:01:49.46	400m: 8:12.22			

65 - 69 ans, Messieurs

1.	LEMPEREUR Gustave	42	CHAT	<b>7:26.42</b>	174
	100m: 1:38.73 1:38.73	400m: 7:26.42 5:47.69			

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Epreuve 3, 400m 4 nages

75 - 79 ans, Messieurs

1. VERHELST Georges	31	RZV	<b>8:37.49</b>	112
100m: 2:10.38 2:10.38	400m: 8:37.49	6:27.11		

Epreuve 4  
29/11/2009

400m Libre

25 - 94 ans  
Liste résultats

Points: FINA 2008

Rang	AN	Temps	Pts
<b>25 - 29 ans, Messieurs</b>			
1. SEUNTIENS Hans	84 KST	<b>4:52.41</b>	442
100m: 1:08.06 1:08.06	200m: 2:22.95 1:14.89	400m: 4:52.41 2:29.46	
2. SLEGERS Nicolas	84 CNSW	<b>5:35.29</b>	293
100m: 1:14.32 1:14.32	200m: 2:40.22 1:25.90	400m: 5:35.29 2:55.07	
3. CHARLES Stéphane	83 CNBA	<b>6:08.22</b>	221
100m: 1:22.95 1:22.95	200m: 2:57.26 1:34.31	400m: 6:08.22 3:10.96	
malade DE LA PARRA Sergio	82 CNSW		
malade BLONDEEL Olivier	80 CNSW		
<b>25 - 29 ans, Dames</b>			
1. VAN SLYCKEN Kim	81 LZV	<b>5:39.43</b>	368
100m: 1:16.85 1:16.85	200m: 2:42.90 1:26.05	400m: 5:39.43 2:56.53	
<b>30 - 34 ans, Messieurs</b>			
1. GHESQUIERE Jelle	79 DM	<b>4:22.74</b>	609
100m: 1:03.51 1:03.51	200m: 2:11.04 1:07.53	400m: 4:22.74 2:11.70	
2. VAN AUTENBOER Wout	79 KST	<b>4:24.44</b>	597
100m: 1:03.11 1:03.11	200m: 2:10.08 1:06.97	400m: 4:24.44 2:14.36	
3. BASTIN Vincent	77 CHTHN	<b>4:54.07</b>	434
100m: 1:07.42 1:07.42	200m: 2:22.71 1:15.29	400m: 4:54.07 2:31.36	
4. MARENNE Benoit	75 WN	<b>5:31.64</b>	303
100m: 1:15.06 1:15.06	200m: 2:36.90 1:21.84	400m: 5:31.64 2:54.74	
5. DELFORGE Serge	76 CNSPA	<b>5:31.71</b>	303
100m: 1:16.11 1:16.11	200m: 2:39.57 1:23.46	400m: 5:31.71 2:52.14	
6. VANHAMME Bruno	75 CNT	<b>5:45.86</b>	267
100m: 1:15.51 1:15.51	200m: 2:41.61 1:26.10	400m: 5:45.86 3:04.25	
7. DUQUESNE Stephane	77 ONS	<b>6:28.91</b>	188
100m: 1:25.35 1:25.35	200m: 3:02.04 1:36.69	400m: 6:28.91 3:26.87	
<b>30 - 34 ans, Dames</b>			
1. LAVAERT Heleen	75 ROSC	<b>5:42.71</b>	357
100m: 1:16.69 1:16.69	200m: 2:44.58 1:27.89	400m: 5:42.71 2:58.13	
malade DESAGRE Sabine	77 ONS		
malade VANNESTE Virginie	79 ROSC		

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Epreuve 4, 400m Libre

35 - 39 ans, Messieurs

1.	VAN HOLSTEYN Oscar	71	AQUA	<b>5:07.04</b>	381
	100m: 1:10.89 1:10.89	200m: 2:29.00 1:18.11	400m: 5:07.04 2:38.04		
2.	LAGAE Daniel	70	DM	<b>5:10.30</b>	370
	100m: 1:13.51 1:13.51	200m: 2:35.04 1:21.53	400m: 5:10.30 2:35.26		
3.	CONTENT Stéphane	71	CNSW	<b>5:13.13</b>	360
	100m: 1:15.15 1:15.15	200m: 2:35.79 1:20.64	400m: 5:13.13 2:37.34		
4.	NAHON Bruno	70	CNSW	<b>5:18.26</b>	343
	100m: 1:14.51 1:14.51	200m: 2:35.61 1:21.10	400m: 5:18.26 2:42.65		
5.	LEJEUNE Stephane	74	ONS	<b>5:20.36</b>	336
	100m: 1:13.48 1:13.48	200m: 2:34.11 1:20.63	400m: 5:20.36 2:46.25		
6.	RONGVAUX Dominique	72	CNSW	<b>5:35.54</b>	292
	100m: 1:12.65 1:12.65	200m: 2:36.94 1:24.29	400m: 5:35.54 2:58.60		
7.	FRASELLE Pascal	74	CNT	<b>5:59.86</b>	237
	100m: 1:19.44 1:19.44	200m: 2:50.38 1:30.94	400m: 5:59.86 3:09.48		

35 - 39 ans, Dames

1.	VAN HOOFF Natacha	73	SHARK	<b>5:54.88</b>	322
	100m: 1:25.28 1:25.28	200m: 2:56.40 1:31.12	400m: 5:54.88 2:58.48		
2.	STRUYF Cindy	72	AC	<b>9:32.89</b>	76
	100m: 2:06.57 2:06.57	200m: 4:33.10 2:26.53	400m: 9:32.89 4:59.79		

40 - 44 ans, Messieurs

1.	FOLIE Jean-François	69	CNSW	<b>5:17.57</b>	345
	100m: 1:15.67 1:15.67	200m: 2:36.89 1:21.22	400m: 5:17.57 2:40.68		
2.	VALCKE Darlin	66	DZV	<b>5:24.61</b>	323
	100m: 1:13.47 1:13.47	200m: 2:35.61 1:22.14	400m: 5:24.61 2:49.00		
3.	DENUTTE Olivier	67	DM	<b>5:40.36</b>	280
	100m: 1:17.20 1:17.20	200m: 2:43.31 1:26.11	400m: 5:40.36 2:57.05		
4.	COLINET Didier	68	CNSPA	<b>5:46.42</b>	266
	100m: 1:19.45 1:19.45	200m: 2:48.30 1:28.85	400m: 5:46.42 2:58.12		
5.	DE LAMPER Franky	67	GBZ	<b>5:54.09</b>	249
	100m: 1:17.32 1:17.32	200m: 2:47.69 1:30.37	400m: 5:54.09 3:06.40		
6.	BOUCHEZ Arnaud	66	DM	<b>5:55.99</b>	245
	100m: 1:17.07 1:17.07	200m: 2:49.07 1:32.00	400m: 5:55.99 3:06.92		
malade	BOCKSTAELE François	68	LZV		
malade	CALLENS Jean-Claude	67	DM		

40 - 44 ans, Dames

1.	STAAL Laura	67	OCEANUS	<b>5:17.89</b>	447
	100m: 1:15.06 1:15.06	200m: 2:37.31 1:22.25	400m: 5:17.89 2:40.58		
2.	DELAENDER Katrien	66	BZK	<b>5:18.20</b>	446
	100m: 1:14.57 1:14.57	200m: 2:36.38 1:21.81	400m: 5:18.20 2:41.82		
3.	DELAERE Sabine	69	DM	<b>5:53.20</b>	326
	100m: 1:20.76 1:20.76	200m: 2:50.00 1:29.24	400m: 5:53.20 3:03.20		
4.	VAN DE MOORTELE Kristien	69	SHARK	<b>6:05.73</b>	294
	100m: 1:24.38 1:24.38	200m: 2:57.19 1:32.81	400m: 6:05.73 3:08.54		
5.	HOUZÉ Katty	68	CNT	<b>6:46.51</b>	214
	100m: 1:39.13 1:39.13	200m: 3:24.36 1:45.23	400m: 6:46.51 3:22.15		

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Epreuve 4, Dames, 400m Libre, 40 - 44 ans

Rang		AN		Temps	Pts
malade	COEN Brigitte	67	CNBA		

45 - 49 ans, Messieurs

1.	DELFOSSÉ Olivier	63	CNSW	<b>4:31.02</b>	555
	100m: 1:04.29 1:04.29	400m: 4:31.02	3:26.73		
2.	GOOSSENS Jurgen	62	ZNA	<b>5:15.55</b>	351
	100m: 1:10.89 1:10.89	200m: 2:31.93	1:21.04	400m: 5:15.55	2:43.62
3.	SOMERS Dirk	64	KST	<b>5:32.58</b>	300
	100m: 1:12.30 1:12.30	200m: 2:35.64	1:23.34	400m: 5:32.58	2:56.94
4.	VAN VLIERBERGHE Peter	62	ROSC	<b>5:42.39</b>	275
	100m: 1:18.67 1:18.67	200m: 2:45.48	1:26.81	400m: 5:42.39	2:56.91
5.	MATTELAER Philippe	60	AZV	<b>5:48.78</b>	260
	100m: 1:19.36 1:19.36	200m: 2:49.89	1:30.53	400m: 5:48.78	2:58.89
6.	VERCOUTER Wolfgang	64	WZC	<b>5:49.26</b>	259
	100m: 1:17.08 1:17.08	200m: 2:45.90	1:28.82	400m: 5:49.26	3:03.36
7.	VAN GASTEREN Rik	64	AQUA	<b>6:32.88</b>	182
	100m: 1:28.11 1:28.11	200m: 3:09.74	1:41.63	400m: 6:32.88	3:23.14
8.	TIMMERMANS Filip	60	SHARK	<b>6:37.65</b>	176
	100m: 1:29.31 1:29.31	200m: 3:10.39	1:41.08	400m: 6:37.65	3:27.26
9.	PICAVET Michel	62	DM	<b>6:39.86</b>	173
	100m: 1:33.38 1:33.38	200m: 3:16.72	1:43.34	400m: 6:39.86	3:23.14

45 - 49 ans, Dames

1.	MICHEL Pierrette	62	EMBOU	<b>5:17.58</b>	449
	100m: 1:13.86 1:13.86	200m: 2:34.63	1:20.77	400m: 5:17.58	2:42.95
2.	DEVRIESE Carla	61	ROSC	<b>5:50.83</b>	333
	100m: 1:21.02 1:21.02	200m: 2:51.17	1:30.15	400m: 5:50.83	2:59.66

50 - 54 ans, Messieurs

1.	MOURMANS Eddy	57	DM	<b>6:17.60</b>	205
	100m: 1:25.76 1:25.76	200m: 3:02.76	1:37.00	400m: 6:17.60	3:14.84
2.	JULLIEN Guy	57	CHAT	<b>6:41.48</b>	171
	100m: 1:33.95 1:33.95	200m: 3:15.15	1:41.20	400m: 6:41.48	3:26.33
3.	DRIESEN Luc	56	MOZKA	<b>7:12.87</b>	136
	100m: 1:37.13 1:37.13	200m: 3:27.98	1:50.85	400m: 7:12.87	3:44.89
4.	MAZINGUE Thierry	57	DM	<b>7:39.09</b>	114
	100m: 1:38.22 1:38.22	200m: 3:37.35	1:59.13	400m: 7:39.09	4:01.74

50 - 54 ans, Dames

1.	VERHAGEN Patty	59	AQUA	<b>5:24.17</b>	422
	100m: 1:17.11 1:17.11	200m: 2:40.26	1:23.15	400m: 5:24.17	2:43.91
2.	VAN BRITSOM Judy	59	BRABO	<b>6:08.70</b>	287
	100m: 1:27.17 1:27.17	200m: 3:03.04	1:35.87	400m: 6:08.70	3:05.66
3.	BUSCHOP Hilde	59	SVAZ	<b>7:04.16</b>	188
	100m: 1:41.10 1:41.10	200m: 3:28.60	1:47.50	400m: 7:04.16	3:35.56
4.	VAN GIEL Lieve	55	AZSC	<b>7:58.22</b>	131
	100m: 1:47.92 1:47.92	200m: 3:49.87	2:01.95	400m: 7:58.22	4:08.35

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Epreuve 4, 400m Libre

55 - 59 ans, Messieurs

1.	CADIAT Jean-Marie	53	BOUST	<b>4:51.82</b>	444
	100m: 1:09.51 1:09.51	200m: 2:24.72 1:15.21	400m: 4:51.82 2:27.10		
2.	DURAND Hervé	52	NCF	<b>5:10.58</b>	369
	100m: 1:13.32 1:13.32	200m: 2:31.78 1:18.46	400m: 5:10.58 2:38.80		
3.	WILLEMS Albert	50	ROSC	<b>5:38.06</b>	286
	100m: 1:21.04 1:21.04	200m: 2:45.97 1:24.93	400m: 5:38.06 2:52.09		
4.	HOHENBICHLER Michaël	53	CNSW	<b>7:09.60</b>	139
	100m: 1:43.79 1:43.79	200m: 3:32.04 1:48.25	400m: 7:09.60 3:37.56		
5.	LANGUILLIER Etienne	50	CNSW	<b>11:39.89</b>	32
	100m: 2:42.67 2:42.67	200m: 5:43.29 3:00.62	400m: 11:39.89 5:56.60		

55 - 59 ans, Dames

1.	BLONDEEL-GOURMET Fernande	52	CNSW	<b>7:39.51</b>	148
	100m: 1:44.23 1:44.23	200m: 3:40.42 1:56.19	400m: 7:39.51 3:59.09		
malade	VAN CANT Maryse	54	AZSC		

60 - 64 ans, Messieurs

1.	LECOMPTE Etienne	47	LZV	<b>6:33.84</b>	181
	100m: 1:31.75 1:31.75	200m: 3:15.17 1:43.42	400m: 6:33.84 3:18.67		
2.	CAPPAERT Ron	47	GBZ	<b>7:28.16</b>	123
	100m: 1:41.51 1:41.51	200m: 3:38.16 1:56.65	400m: 7:28.16 3:50.00		

60 - 64 ans, Dames

1.	MOUTON Ginette	49	CNBA	<b>6:47.58</b>	212
	100m: 1:40.19 1:40.19	200m: 3:24.00 1:43.81	400m: 6:47.58 3:23.58		
2.	SCHELFAUT Katrien	49	WZK	<b>7:54.36</b>	135
	100m: 1:50.20 1:50.20	200m: 3:52.77 2:02.57	400m: 7:54.36 4:01.59		
3.	ROFFIAEN Anne Marie	48	CHAT	<b>8:46.75</b>	98
	100m: 1:59.29 1:59.29	200m: 4:15.56 2:16.27	400m: 8:46.75 4:31.19		

65 - 69 ans, Messieurs

1.	JEUKENS Raymond	40	VN	<b>9:00.90</b>	70
	100m: 2:02.15 2:02.15	200m: 4:22.44 2:20.29	400m: 9:00.90 4:38.46		

70 - 74 ans, Messieurs

1.	RINGOOT Albert	37	AZL	<b>8:27.28</b>	85
	100m: 1:50.71 1:50.71	200m: 4:03.89 2:13.18	400m: 8:27.28 4:23.39		
2.	VEREECKEN Emiel	36	SVAZ	<b>8:40.89</b>	78
	100m: 2:00.30 2:00.30	200m: 4:14.60 2:14.30	400m: 8:40.89 4:26.29		

70 - 74 ans, Dames

1.	MAES Léa	37	GBZ	<b>9:45.97</b>	71
	100m: 2:18.47 2:18.47	200m: 4:51.31 2:32.84	400m: 9:45.97 4:54.66		

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OOSTENDE, 29.11.2009

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Epreuve 4, 400m Libre

75 - 79 ans, Messieurs

1.	VAN ROY Jef		32	AZSC					<b>7:30.69</b>	121
	100m:	1:39.81	1:39.81	200m:	3:34.75	1:54.94	400m:	7:30.69	3:55.94	
2.	BUSSCHAERT Andre		30	ROSC					<b>7:46.67</b>	109
	100m:	1:46.42	1:46.42	200m:	3:49.30	2:02.88	400m:	7:46.67	3:57.37	
3.	FRICOT Guy		33	CCS					<b>11:51.51</b>	31
	100m:	2:51.10	2:51.10	200m:	5:56.90	3:05.80	400m:	11:51.51	5:54.61	

75 - 79 ans, Dames

1.	PELLIS Eliane		33	AZSC					<b>7:35.22</b>	152
	100m:	1:14.30	1:14.30	200m:	3:40.07	2:25.77	400m:	7:35.22	3:55.15	
2.	VAN OBBERGHEN Agnes		31	AZSC					<b>8:34.80</b>	105
	100m:	2:00.34	2:00.34	200m	4:00:14.5	3:58:14.24	400m:	8:34.80		