





**LEN: European Junior Championships Helsinki (FIN)**  
**BEL - Belgium**

**Long Course (50m) 14 - 18 Jul 2010**

Men			Pts.			Previous personal best time		
<b>AERENTS, Jasper - 1992</b>								
50m Freestyle	Final	 2.	<b>22.79</b>	776	50m	<b>22.63</b>	98.6%	16 May 2010
50m Freestyle	Semi finals	3.	<b>23.00</b>	755	50m			
50m Freestyle	Prelims	2.	<b>23.16</b>	739	50m			
100m Freestyle	Final	 3.	<b>50.23</b>	815	50m	<b>50.38</b>	100.6%	15 May 2010
100m Freestyle	Semi finals	4.	<b>50.46</b>	803	50m			
100m Freestyle	4 x 100m Freestyle, Final	Relay	<b>50.64</b>	795	50m			
100m Freestyle	4 x 100m Freestyle, Prelims	Relay	<b>50.72</b>	791	50m			
100m Freestyle	Prelims	12.	<b>51.53</b>	754	50m			
200m Freestyle	Prelims	14.	<b>1:53.27</b>	730	50m	<b>1:52.59</b>	98.8%	22 Jan 2010
<b>BAUWENS, Ward - 1993</b>								
400m Freestyle	Prelims	3.	<b>3:56.87</b>	802	50m	<b>3:57.35</b>	100.4%	22 Jan 2010
400m Freestyle	800m Freestyle, Timed final	Split	<b>4:01.62</b>	756	50m			
400m Freestyle	1500m Freestyle, Timed final	Split	<b>4:02.26</b>	750	50m			
800m Freestyle	Timed final	 3.	<b>8:07.25</b>	799	50m	<b>8:12.77</b>	102.3%	16 Jan 2010
800m Freestyle	1500m Freestyle, Timed final	Split	<b>8:11.40</b>	779	50m			
1500m Freestyle	Timed final	 2.	<b>15:27.04</b>	840	50m	<b>15:32.18</b>	101.1%	16 Jan 2010
400m Medley	Prelims	12.	<b>4:29.67</b>	739	50m	<b>4:28.89</b>	99.4%	25 Mar 2010
<b>BONNEL, Nathan - 1993</b>								
50m Backstroke	Prelims	21.	<b>27.24</b>	687	50m	<b>27.06</b>	98.7%	16 May 2010
50m Backstroke	Semi finals	20.	<b>27.64</b>	658	50m			
200m Backstroke	Prelims	44.	<b>2:15.06</b>	569	50m	<b>2:06.62</b>	87.9%	10 Apr 2010
<b>CORTENS, Ken - 1993</b>								
200m Freestyle	Prelims	21.	<b>1:54.15</b>	713	50m	<b>1:53.62</b>	99.1%	2 May 2010
200m Freestyle	Semi finals	19.	<b>1:55.40</b>	691	50m			
400m Freestyle	Prelims	23.	<b>4:01.75</b>	754	50m	<b>3:59.89</b>	98.5%	16 May 2010
400m Medley	Prelims	24.	<b>4:38.07</b>	674	50m	<b>4:31.34</b>	95.2%	14 May 2010
<b>DEKONINCK, Marnik - 1993</b>								
100m Freestyle Laps	4 x 100m Freestyle, Final	Relay	<b>52.47</b>	-	50m			
100m Freestyle Laps	4 x 100m Freestyle, Prelims	Relay	<b>53.14</b>	-	50m			

**DELVOIE, Cedric - 1992**

50m Freestyle	Prelims	14.	<b>23.78</b>	683	50m	<b>23.42</b>	97.0%	16 May 2010
100m Freestyle	Prelims	40.	<b>52.56</b>	711	50m	<b>52.22</b>	98.7%	1 May 2010
100m Freestyle Laps	4 x 100m Freestyle, Final	Relay	<b>51.35</b>	-	50m			
100m Freestyle Laps	4 x 100m Freestyle, Prelims	Relay	<b>51.60</b>	-	50m			

**NAVARRE, Charles - 1993**

100m Backstroke	Prelims	50.	<b>1:00.68</b>	627	50m	<b>59.69</b>	96.8%	1 May 2009
200m Backstroke	Prelims	30.	<b>2:08.74</b>	657	50m	<b>2:07.01</b>	97.3%	14 May 2010

**VANDEVELDE, Raf - 1993**

100m Breaststroke	Prelims	32.	<b>1:05.79</b>	706	50m	<b>1:05.76</b>	99.9%	16 May 2010
200m Breaststroke	Prelims	9.	<b>2:17.88</b>	787	50m	<b>2:19.42</b>	102.2%	15 May 2010
200m Breaststroke	Semi finals	15.	<b>2:18.99</b>	768	50m			

**VANLUCHENE, Emmanuel - 1992**

50m Freestyle	Semi finals	7.	<b>23.48</b>	709	50m	<b>23.57</b>	100.8%	27 Mar 2010
50m Freestyle	Prelims	5.	<b>23.49</b>	708	50m			
50m Freestyle	Final	7.	<b>23.51</b>	707	50m			
100m Freestyle	Prelims	5.	<b>51.09</b>	774	50m	<b>50.97</b>	99.5%	22 Jan 2010
100m Freestyle	Semi finals	14.	<b>51.44</b>	758	50m			
50m Backstroke	Semi finals	4.	<b>26.43</b>	753	50m	<b>26.89</b>	103.5%	27 Mar 2010
50m Backstroke	Final	6.	<b>26.43</b>	753	50m			
50m Backstroke	Prelims	5.	<b>26.67</b>	732	50m			
100m Backstroke	Final	5.	<b>56.84</b>	763	50m	<b>57.85</b>	103.6%	15 May 2010
100m Backstroke	Semi finals	5.	<b>56.89</b>	761	50m			
100m Backstroke	Prelims	2.	<b>56.95</b>	759	50m			
50m Fly	Prelims	13.	<b>25.34</b>	694	50m	<b>25.12</b>	98.3%	16 Jan 2010
100m Freestyle Laps	4 x 100m Freestyle, Prelims	Relay	<b>50.63</b>	-	50m			
100m Freestyle Laps	4 x 100m Freestyle, Final	Relay	<b>50.67</b>	-	50m			

Women			Pts.	Previous personal best time		
<b>DELVOIE, Natacha - 1995</b>						
400m Freestyle	Prelims	32.	<b>4:29.60</b>	698	50m	<b>4:27.58</b> 98.5% 24 Jan 2010
400m Freestyle	1500m Freestyle, Timed final	Split	<b>4:31.11</b>	686	50m	
400m Freestyle	800m Freestyle, Timed final	Split	<b>4:33.23</b>	671	50m	
800m Freestyle	Timed final	17.	<b>9:12.68</b>	715	50m	<b>9:07.12</b> 98.0% 30 Apr 2010
800m Freestyle	1500m Freestyle, Timed final	Split	<b>9:15.72</b>	703	50m	
1500m Freestyle	Timed final	14.	<b>17:36.06</b>	711	50m	<b>17:27.04</b> 98.3% 2 May 2010
<b>DOM, Yne - 1995</b>						
100m Freestyle	Prelims	28.	<b>58.72</b>	697	50m	<b>58.61</b> 99.6% 23 Apr 2010
200m Freestyle	Prelims	30.	<b>2:07.00</b>	704	50m	<b>2:05.65</b> 97.9% 23 Apr 2010
<b>VERMEYLEN, Jolien - 1994</b>						
100m Breaststroke	Semi finals	14.	<b>1:13.13</b>	685	50m	<b>1:12.97</b> 99.6% 15 May 2010
100m Breaststroke	Prelims	16.	<b>1:13.96</b>	662	50m	
200m Breaststroke	Semi finals	5.	<b>2:31.99</b>	784	50m	<b>2:30.95</b> 98.6% 14 May 2010
200m Breaststroke	Final	8.	<b>2:33.57</b>	760	50m	
200m Breaststroke	Prelims	6.	<b>2:33.73</b>	757	50m	
400m Medley	Prelims	8.	<b>4:55.89</b>	755	50m	<b>4:57.09</b> 100.8% 14 May 2010
400m Medley	Final	9.	<b>4:56.33</b>	752	50m	
<b>Relays</b>						
Men	4 x 100m Freestyle	Final	6.	<b>3:25.13</b>	773	50m Aerents J., Delvoie C., Dekoninck M., Vanluchene E.
Men	4 x 100m Freestyle	Prelims	5.	<b>3:26.09</b>	762	50m Aerents J., Delvoie C., Dekoninck M., Vanluchene E.