

Programmanr./Epreuve 9
19/07/2024 - 14:30

Meisjes/Filles, 400m wisselslag/4 nages

13 - 14 jaar/ans
Resultaten

Punten: FINA 2024

| Rang | Geb. | Tijd/Temps | Pnt | 100m | 200m | 300m | 400m | | |
|-------------|-----------------------|------------|---------------|----------------|---------------|---------|---------------|---------|---------|
| 13 jaar/ans | | | | | | | | | |
| 1. | LAMMENS, Mary | BEL 11 | TZT | 5:16.11 | 594 | 1:10.20 | 1:22.28 | 1:33.14 | 1:10.49 |
| | 50m: 33.08 | 33.08 | 150m: 1:52.04 | 41.84 | 250m: 3:19.28 | 46.80 | 350m: 4:42.30 | 36.68 | |
| | 100m: 1:10.20 | 37.12 | 200m: 2:32.48 | 40.44 | 300m: 4:05.62 | 46.34 | 400m: 5:16.11 | 33.81 | |
| 2. | DE GYNS, Lilwenn | BEL 11 | MOSAN | 5:20.67 | 569 | 1:12.83 | 1:23.60 | 1:34.36 | 1:09.88 |
| | 50m: 33.10 | 33.10 | 150m: 1:55.35 | 42.52 | 250m: 3:23.70 | 47.27 | 350m: 4:46.26 | 35.47 | |
| | 100m: 1:12.83 | 39.73 | 200m: 2:36.43 | 41.08 | 300m: 4:10.79 | 47.09 | 400m: 5:20.67 | 34.41 | |
| 3. | BROUWERS, Charlotte | BEL 11 | DBT | 5:21.04 | 567 | 1:13.13 | 1:25.92 | 1:30.78 | 1:11.21 |
| | 50m: 33.58 | 33.58 | 150m: 1:57.00 | 43.87 | 250m: 3:24.19 | 45.14 | 350m: 4:46.28 | 36.45 | |
| | 100m: 1:13.13 | 39.55 | 200m: 2:39.05 | 42.05 | 300m: 4:09.83 | 45.64 | 400m: 5:21.04 | 34.76 | |
| 4. | DELSAER, Laurien | BEL 11 | LGN | 5:27.44 | 535 | 1:15.32 | 1:23.82 | 1:36.15 | 1:12.15 |
| | 50m: 34.69 | 34.69 | 150m: 1:57.89 | 42.57 | 250m: 3:27.20 | 48.06 | 350m: 4:52.36 | 37.07 | |
| | 100m: 1:15.32 | 40.63 | 200m: 2:39.14 | 41.25 | 300m: 4:15.29 | 48.09 | 400m: 5:27.44 | 35.08 | |
| 5. | ABDELKHALEK, Lina | BEL 11 | ENW | 5:28.80 | 528 | 1:15.86 | 1:25.67 | 1:34.30 | 1:12.97 |
| | 50m: 34.44 | 34.44 | 150m: 1:59.07 | 43.21 | 250m: 3:28.34 | 46.81 | 350m: 4:52.75 | 36.92 | |
| | 100m: 1:15.86 | 41.42 | 200m: 2:41.53 | 42.46 | 300m: 4:15.83 | 47.49 | 400m: 5:28.80 | 36.05 | |
| 6. | JORISSEN, Janne | BEL 11 | LGN | 5:30.37 | 521 | 1:16.21 | 1:24.18 | 1:37.20 | 1:12.78 |
| | 50m: 34.71 | 34.71 | 150m: 1:59.41 | 43.20 | 250m: 3:29.04 | 48.65 | 350m: 4:55.15 | 37.56 | |
| | 100m: 1:16.21 | 41.50 | 200m: 2:40.39 | 40.98 | 300m: 4:17.59 | 48.55 | 400m: 5:30.37 | 35.22 | |
| 7. | MESTDAGH, Laure | BEL 11 | BZK | 5:32.90 | 509 | 1:17.08 | 1:27.31 | 1:32.53 | 1:15.98 |
| | 50m: 35.13 | 35.13 | 150m: 2:01.10 | 44.02 | 250m: 3:29.40 | 45.01 | 350m: 4:55.90 | 38.98 | |
| | 100m: 1:17.08 | 41.95 | 200m: 2:44.39 | 43.29 | 300m: 4:16.92 | 47.52 | 400m: 5:32.90 | 37.00 | |
| 8. | SCHACHT, Hanne | BEL 11 | IKZ | 5:33.93 | 504 | 1:17.81 | 1:24.26 | 1:34.70 | 1:17.16 |
| | 50m: 35.25 | 35.25 | 150m: 2:00.01 | 42.20 | 250m: 3:28.54 | 46.47 | 350m: 4:55.79 | 39.02 | |
| | 100m: 1:17.81 | 42.56 | 200m: 2:42.07 | 42.06 | 300m: 4:16.77 | 48.23 | 400m: 5:33.93 | 38.14 | |
| 9. | BAJOT, Clémence | BEL 11 | LGN | 5:34.21 | 503 | 1:15.16 | 1:22.35 | 1:42.05 | 1:14.65 |
| | 50m: 34.90 | 34.90 | 150m: 1:56.98 | 41.82 | 250m: 3:28.54 | 51.03 | 350m: 4:57.06 | 37.50 | |
| | 100m: 1:15.16 | 40.26 | 200m: 2:37.51 | 40.53 | 300m: 4:19.56 | 51.02 | 400m: 5:34.21 | 37.15 | |
| 10. | WÉGRIA, Elena | BEL 11 | ENW | 5:35.25 | 498 | 1:18.10 | 1:19.71 | 1:41.58 | 1:15.86 |
| | 50m: 35.71 | 35.71 | 150m: 1:58.73 | 40.63 | 250m: 3:28.62 | 50.81 | 350m: 4:58.25 | 38.86 | |
| | 100m: 1:18.10 | 42.39 | 200m: 2:37.81 | 39.08 | 300m: 4:19.39 | 50.77 | 400m: 5:35.25 | 37.00 | |
| 11. | MERTENS, Femke | BEL 11 | SHARK | 5:36.39 | 493 | 1:20.07 | 1:26.42 | 1:35.94 | 1:13.96 |
| | 50m: 36.33 | 36.33 | 150m: 2:03.55 | 43.48 | 250m: 3:33.91 | 47.42 | 350m: 5:00.60 | 38.17 | |
| | 100m: 1:20.07 | 43.74 | 200m: 2:46.49 | 42.94 | 300m: 4:22.43 | 48.52 | 400m: 5:36.39 | 35.79 | |
| 12. | GREGOIRE, Gaia | BEL 11 | LSC | 5:40.75 | 475 | 1:20.02 | 1:31.01 | 1:34.60 | 1:15.12 |
| | 50m: 35.47 | 35.47 | 150m: 2:05.91 | 45.89 | 250m: 3:37.39 | 46.36 | 350m: 5:03.98 | 38.35 | |
| | 100m: 1:20.02 | 44.55 | 200m: 2:51.03 | 45.12 | 300m: 4:25.63 | 48.24 | 400m: 5:40.75 | 36.77 | |
| 13. | VANDERLINDEN, Paulien | BEL 11 | BEST | 5:41.99 | 469 | 1:23.20 | 1:24.24 | 1:35.71 | 1:18.84 |
| | 50m: 37.28 | 37.28 | 150m: 2:05.84 | 42.64 | 250m: 3:34.61 | 47.17 | 350m: 5:03.93 | 40.78 | |
| | 100m: 1:23.20 | 45.92 | 200m: 2:47.44 | 41.60 | 300m: 4:23.15 | 48.54 | 400m: 5:41.99 | 38.06 | |
| 14. | BELLENS, Lore | BEL 11 | SHARK | 5:42.75 | 466 | 1:15.31 | 1:30.10 | 1:38.39 | 1:18.95 |
| | 50m: 34.67 | 34.67 | 150m: 2:01.18 | 45.87 | 250m: 3:34.45 | 49.04 | 350m: 5:03.36 | 39.56 | |
| | 100m: 1:15.31 | 40.64 | 200m: 2:45.41 | 44.23 | 300m: 4:23.80 | 49.35 | 400m: 5:42.75 | 39.39 | |
| 15. | VANDERMARLIERE, Juna | BEL 11 | ISWIM | 5:45.81 | 454 | 1:23.38 | 1:32.23 | 1:35.08 | 1:15.12 |
| | 50m: 37.05 | 37.05 | 150m: 2:10.92 | 47.54 | 250m: 3:42.67 | 47.06 | 350m: 5:09.31 | 38.62 | |
| | 100m: 1:23.38 | 46.33 | 200m: 2:55.61 | 44.69 | 300m: 4:30.69 | 48.02 | 400m: 5:45.81 | 36.50 | |
| 16. | THYS, Lena | BEL 11 | KAZS | 5:48.64 | 443 | 1:23.58 | 1:34.56 | 1:34.18 | 1:16.32 |
| | 50m: 38.45 | 38.45 | 150m: 2:11.41 | 47.83 | 250m: 3:45.09 | 46.95 | 350m: 5:11.85 | 39.53 | |
| | 100m: 1:23.58 | 45.13 | 200m: 2:58.14 | 46.73 | 300m: 4:32.32 | 47.23 | 400m: 5:48.64 | 36.79 | |
| 17. | SCHWALL, Laurence | BEL 11 | SSSV | 5:48.68 | 443 | 1:19.80 | 1:27.71 | 1:44.68 | 1:16.49 |
| | 50m: 36.80 | 36.80 | 150m: 2:04.43 | 44.63 | 250m: 3:39.52 | 52.01 | 350m: 5:12.09 | 39.90 | |
| | 100m: 1:19.80 | 43.00 | 200m: 2:47.51 | 43.08 | 300m: 4:32.19 | 52.67 | 400m: 5:48.68 | 36.59 | |
| 18. | DE CUYPER, Maylée | BEL 11 | FAST | 5:59.19 | 405 | 1:25.35 | 1:26.46 | 1:47.56 | 1:19.82 |
| | 50m: 38.73 | 38.73 | 150m: 2:09.01 | 43.66 | 250m: 3:45.29 | 53.48 | 350m: 5:19.84 | 40.47 | |
| | 100m: 1:25.35 | 46.62 | 200m: 2:51.81 | 42.80 | 300m: 4:39.37 | 54.08 | 400m: 5:59.19 | 39.35 | |



Programmanr./Epreuve 9, Meisjes/Filles, 400m wisselslag/4 nages

14 jaar/ans

| | | | | | | | | | | |
|-----|-----------------------|-------|---------------|---------|----------------|-------|---------------|---------|---------|---------|
| 1. | LHOIR, Eloïse | BEL | 10 | AQUABL5 | 5:13.40 | 610 | 1:10.88 | 1:23.06 | 1:28.91 | 1:10.55 |
| | 50m: 32.40 | 32.40 | 150m: 1:52.87 | 41.99 | 250m: 3:18.03 | 44.09 | 350m: 4:38.56 | 35.71 | | |
| | 100m: 1:10.88 | 38.48 | 200m: 2:33.94 | 41.07 | 300m: 4:02.85 | 44.82 | 400m: 5:13.40 | 34.84 | | |
| 2. | VAN DE CLOOT, Elina | BEL | 10 | HOZT | 5:16.19 | 594 | 1:11.99 | 1:17.63 | 1:36.28 | 1:10.29 |
| | 50m: 32.51 | 32.51 | 150m: 1:50.42 | 38.43 | 250m: 3:17.83 | 48.21 | 350m: 4:41.05 | 35.15 | | |
| | 100m: 1:11.99 | 39.48 | 200m: 2:29.62 | 39.20 | 300m: 4:05.90 | 48.07 | 400m: 5:16.19 | 35.14 | | |
| 3. | ADELMANN, Clara Cenxi | BEL | 10 | LAQUA | 5:16.75 | 591 | 1:14.74 | 1:20.53 | 1:31.73 | 1:09.75 |
| | 50m: | | 150m: | | 250m: | | 350m: | | | |
| | 100m: 1:14.74 | | 200m: 2:35.27 | | 300m: 4:07.00 | | 400m: 5:16.75 | | | |
| 4. | MERCIER, Sophie | FRA | 10 | CNBA | 5:18.23 | 583 | 1:12.19 | 1:16.68 | 1:38.12 | 1:11.24 |
| | 50m: 33.74 | 33.74 | 150m: 1:51.34 | 39.15 | 250m: 3:17.93 | 49.06 | 350m: 4:43.48 | 36.49 | | |
| | 100m: 1:12.19 | 38.45 | 200m: 2:28.87 | 37.53 | 300m: 4:06.99 | 49.06 | 400m: 5:18.23 | 34.75 | | |
| 5. | DECOUTERE, Imani | BEL | 10 | KZK | 5:18.47 | 581 | 1:10.98 | 1:19.71 | 1:36.99 | 1:10.79 |
| | 50m: 32.69 | 32.69 | 150m: 1:50.68 | 39.70 | 250m: 3:18.92 | 48.23 | 350m: 4:43.59 | 35.91 | | |
| | 100m: 1:10.98 | 38.29 | 200m: 2:30.69 | 40.01 | 300m: 4:07.68 | 48.76 | 400m: 5:18.47 | 34.88 | | |
| 6. | TEMMERMAN, Elynn | BEL | 10 | BRABO | 5:23.43 | 555 | 1:15.90 | 1:22.90 | 1:32.99 | 1:11.64 |
| | 50m: 34.43 | 34.43 | 150m: 1:57.66 | 41.76 | 250m: 3:24.49 | 45.69 | 350m: 4:48.05 | 36.26 | | |
| | 100m: 1:15.90 | 41.47 | 200m: 2:38.80 | 41.14 | 300m: 4:11.79 | 47.30 | 400m: 5:23.43 | 35.38 | | |
| 7. | CLAEYS, Ditte | BEL | 10 | DMI | 5:26.25 | 541 | 1:12.08 | 1:25.78 | 1:35.11 | 1:13.28 |
| | 50m: 33.12 | 33.12 | 150m: 1:55.53 | 43.45 | 250m: 3:24.72 | 46.86 | 350m: 4:50.47 | 37.50 | | |
| | 100m: 1:12.08 | 38.96 | 200m: 2:37.86 | 42.33 | 300m: 4:12.97 | 48.25 | 400m: 5:26.25 | 35.78 | | |
| 8. | D'HAESELEER, Fran | BEL | 10 | DMI | 5:27.40 | 535 | 1:16.64 | 1:26.33 | 1:30.65 | 1:13.78 |
| | 50m: 35.21 | 35.21 | 150m: 2:01.63 | 44.99 | 250m: 3:27.92 | 44.95 | 350m: 4:51.46 | 37.84 | | |
| | 100m: 1:16.64 | 41.43 | 200m: 2:42.97 | 41.34 | 300m: 4:13.62 | 45.70 | 400m: 5:27.40 | 35.94 | | |
| 9. | GANSEMANS, Kessy | BEL | 10 | SCWR | 5:29.45 | 525 | 1:18.84 | 1:23.79 | 1:31.76 | 1:15.06 |
| | 50m: 35.52 | 35.52 | 150m: 2:01.60 | 42.76 | 250m: 3:27.55 | 44.92 | 350m: 4:53.05 | 38.66 | | |
| | 100m: 1:18.84 | 43.32 | 200m: 2:42.63 | 41.03 | 300m: 4:14.39 | 46.84 | 400m: 5:29.45 | 36.40 | | |
| 10. | FONTAINE, Heloise | BEL | 10 | NOC | 5:30.74 | 519 | 1:18.24 | 1:30.46 | 1:27.77 | 1:14.27 |
| | 50m: 35.62 | 35.62 | 150m: 2:04.33 | 46.09 | 250m: 3:32.32 | 43.62 | 350m: 4:55.24 | 38.77 | | |
| | 100m: 1:18.24 | 42.62 | 200m: 2:48.70 | 44.37 | 300m: 4:16.47 | 44.15 | 400m: 5:30.74 | 35.50 | | |
| 11. | VAN DER MEEREN, Lotte | BEL | 10 | DDAT | 5:30.91 | 518 | 1:17.45 | 1:26.51 | 1:32.26 | 1:14.69 |
| | 50m: 34.71 | 34.71 | 150m: 2:00.79 | 43.34 | 250m: 3:30.21 | 46.25 | 350m: 4:54.28 | 38.06 | | |
| | 100m: 1:17.45 | 42.74 | 200m: 2:43.96 | 43.17 | 300m: 4:16.22 | 46.01 | 400m: 5:30.91 | 36.63 | | |
| 12. | VAN DEN BREMT, Sarah | BEL | 10 | AZL | 5:31.12 | 517 | 1:15.13 | 1:24.84 | 1:37.05 | 1:14.10 |
| | 50m: 34.40 | 34.40 | 150m: 1:58.30 | 43.17 | 250m: 3:28.26 | 48.29 | 350m: 4:56.06 | 39.04 | | |
| | 100m: 1:15.13 | 40.73 | 200m: 2:39.97 | 41.67 | 300m: 4:17.02 | 48.76 | 400m: 5:31.12 | 35.06 | | |
| 13. | ROUX, Nina | BEL | 10 | MHN | 5:34.09 | 503 | 1:13.60 | 1:25.71 | 1:38.86 | 1:15.92 |
| | 50m: 34.34 | 34.34 | 150m: 1:57.26 | 43.66 | 250m: 3:28.63 | 49.32 | 350m: 4:56.64 | 38.47 | | |
| | 100m: 1:13.60 | 39.26 | 200m: 2:39.31 | 42.05 | 300m: 4:18.17 | 49.54 | 400m: 5:34.09 | 37.45 | | |
| 14. | WAELEPUT, Elodie | BEL | 10 | TSZ | 5:34.36 | 502 | 1:17.49 | 1:26.19 | 1:33.25 | 1:17.43 |
| | 50m: 35.88 | 35.88 | 150m: 2:01.21 | 43.72 | 250m: 3:29.61 | 45.93 | 350m: 4:56.24 | 39.31 | | |
| | 100m: 1:17.49 | 41.61 | 200m: 2:43.68 | 42.47 | 300m: 4:16.93 | 47.32 | 400m: 5:34.36 | 38.12 | | |
| 15. | MARDAGA, Anaïs | BEL | 10 | LGN | 5:36.05 | 495 | 1:18.00 | 1:25.42 | 1:40.49 | 1:12.14 |
| | 50m: 36.09 | 36.09 | 150m: 2:01.33 | 43.33 | 250m: 3:33.44 | 50.02 | 350m: 5:00.79 | 36.88 | | |
| | 100m: 1:18.00 | 41.91 | 200m: 2:43.42 | 42.09 | 300m: 4:23.91 | 50.47 | 400m: 5:36.05 | 35.26 | | |
| 16. | CARLOS DA SILVA, I. | BEL | 10 | LGN | 5:39.65 | 479 | 1:21.75 | 1:26.28 | 1:35.80 | 1:15.82 |
| | 50m: 36.81 | 36.81 | 150m: 2:05.73 | 43.98 | 250m: 3:36.15 | 48.12 | 350m: 5:02.48 | 38.65 | | |
| | 100m: 1:21.75 | 44.94 | 200m: 2:48.03 | 42.30 | 300m: 4:23.83 | 47.68 | 400m: 5:39.65 | 37.17 | | |
| 17. | POSSEN, Olivia | BEL | 10 | STD | 5:42.20 | 468 | 1:21.11 | 1:26.38 | 1:36.81 | 1:17.90 |
| | 50m: 36.58 | 36.58 | 150m: 2:05.58 | 44.47 | 250m: 3:36.25 | 48.76 | 350m: 5:04.36 | 40.06 | | |
| | 100m: 1:21.11 | 44.53 | 200m: 2:47.49 | 41.91 | 300m: 4:24.30 | 48.05 | 400m: 5:42.20 | 37.84 | | |
| 18. | CARIS, Marthe | BEL | 10 | KWZC | 5:47.91 | 446 | 1:22.94 | 1:28.76 | 1:38.78 | 1:17.43 |
| | 50m: 37.24 | 37.24 | 150m: 2:07.48 | 44.54 | 250m: 3:39.69 | 47.99 | 350m: 5:10.06 | 39.58 | | |
| | 100m: 1:22.94 | 45.70 | 200m: 2:51.70 | 44.22 | 300m: 4:30.48 | 50.79 | 400m: 5:47.91 | 37.85 | | |

dis GUISSET, Jelle

BEL 10 AST

SW 7.2.c - armbewegingen niet gelijktijdig uitgevoerd / Mouvements des bras non simultanés