

# BK WE1 2025: Session: 1: COACH evaluation sheet for TEAM: SWEM

Coachinfo: Warming up from: 07:00 until 08:15.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Severens Els HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 3: 200M MEDLEY WOMEN 11-12** **Heat:3, starttime: 09:37**

**Heat: 3/17 Lane : 4 Athlete: VAN GOETHEM LOTTE** **Q-time: 03:10:28**

**PB (50m pool): 3:15.87 Antwerp 26 Jan 2025** **PB (25m pool): 3:10.28 SB:**

	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
<b>PB</b>	47.28	1:37.39	2:35.19	3:15.87	
	<i>47.28</i>	<i>50.11</i>	<i>57.80</i>	<i>40.68</i>	
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Coach feedback: