

BK WE1 2025: Session: 4: COACH evaluation sheet for TEAM: PERRON

Coachinfo: Warming up from: 12:30 untill 14:15.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Vandebek Dominique

Coaches: GROVEN Alain HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M MEDLEY MEN 13-14 **Heat:4, starttime: 14:40**

Heat: 4/13 Lane : 1 Athlete: DELANNOYE TOM **Q-time: 02:44:39**

PB (50m pool): 2:44.39 Charleroi 11 May 2025 **PB (25m pool): 2:48.29 SB:**

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	38.31	1:18.47	2:09.46	2:44.39	
	38.31	40.16	50.99	34.93	
	

Coach feedback:

Event number: 24: 200M MEDLEY MEN 13-14 **Heat:11, starttime: 15:00**

Heat: 11/13 Lane : 6 Athlete: FERRARI MAXIME **Q-time: 02:29:36**

PB (50m pool): Solingen (GER) 26 Apr 2025 **PB (25m pool): 2:26.65 SB:**

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
	

Coach feedback:

Event number: 24: 200M MEDLEY MEN 13-14 **Heat:12, starttime: 15:03**

Heat: 12/13 Lane : 8 Athlete: SCHEPERS THIMOTHÃ© **Q-time: 02:28:16**

PB (50m pool): 2:28.16 Antwerpen 27 Apr 2025 **PB (25m pool): 2:27.02 SB:**

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	30.90	1:07.13	1:52.17	2:28.16	
	30.90	36.23	45.04	35.99	
	

Coach feedback:

BK WE1 2025: Session: 4: COACH evaluation sheet for TEAM: PERRON

Event number: 24: 200M MEDLEY MEN 13-14 Heat:13, starttime: 15:06

Heat: 13/13 Lane : 4 Athlete: GLODKIEWICZ ALEXANDRE Q-time: 02:16:91

PB (50m pool): 2:16.91 Antwerpen 26 Apr 2025 PB (25m pool): 2:18.12 SB:

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	27.98	1:02.85	1:45.77	2:16.91	
	27.98	34.87	42.92	31.14	
	

Coach feedback:

Event number: 24: 200M MEDLEY MEN 13-14 Heat:13, starttime: 15:06

Heat: 13/13 Lane : 5 Athlete: ALBORES-SANCHEZ RAFAEL Q-time: 02:18:85

PB (50m pool): 2:18.85 Antwerpen 26 Apr 2025 PB (25m pool): 2:18.64 SB:

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	28.94	1:03.07	1:46.36	2:18.85	
	28.94	34.13	43.29	32.49	
	

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12 Heat:1, starttime: 15:16

Heat: 1/14 Lane : 5 Athlete: SAUSSAC LEJEUNE ADRIEL Q-time: 01:19:13

PB (50m pool): 1:21.09 Seraing 25 Jan 2025 PB (25m pool): 1:19.13 SB:

	5 0 M	1 0 0 M	
PB	39.17	1:21.09	
	39.17	41.92	
	

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12 Heat:11, starttime: 15:31

Heat: 11/14 Lane : 5 Athlete: BAMPs MARTIN Q-time: 01:08:90

PB (50m pool): 1:11.63 Antwerpen 20 Jul 2024 PB (25m pool): 1:08.90 SB:

	5 0 M	1 0 0 M	
PB	35.48	1:11.63	
	35.48	36.15	
	

Coach feedback:

BK WE1 2025: Session: 4: COACH evaluation sheet for TEAM: PERRON

Event number: 26: 100M FREESTYLE MEN 11-12		Heat:12, starttime: 15:33	
Heat: 12/14 Lane : 4 Athlete: DELARGE EDOUARD		Q-time: 01:07:78	
PB (50m pool): 1:08.65 La Louviere 24 May 2025		PB (25m pool): 1:07.78 SB:	
	50 M	100 M	
PB	32.90	1:08.65	
	32.90	35.75	
	

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12		Heat:12, starttime: 15:33	
Heat: 12/14 Lane : 8 Athlete: THONET SIMON		Q-time: 01:08:54	
PB (50m pool): 1:13.20 Ottignies Louva 7 Jun 2025		PB (25m pool): 1:08.54 SB:	
	50 M	100 M	
PB	35.42	1:13.20	
	35.42	37.78	
	

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12		Heat:14, starttime: 15:36	
Heat: 14/14 Lane : 7 Athlete: DUPUIS CLÉMENT		Q-time: 01:05:91	
PB (50m pool): 1:07.92 La Louviere 24 May 2025		PB (25m pool): 1:05.91 SB:	
	50 M	100 M	
PB	32.97	1:07.92	
	32.97	34.95	
	

Coach feedback:

Event number: 27: 400M FREESTYLE WOMEN 11-12		Heat:12, starttime: 16:43						
Heat: 12/14 Lane : 2 Athlete: POISSONNET ELEANA		Q-time: 05:17:14						
PB (50m pool):		PB (25m pool): No time SB:						
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB								

Coach feedback:

BK WE1 2025: Session: 4: COACH evaluation sheet for TEAM: PERRON

Event number: 28: 100M FREESTYLE MEN 13-14		Heat:2, starttime: 17:02	
Heat: 2/7 Lane : 1 Athlete: DELANNOYE TOM		Q-time: 01:03:29	
PB (50m pool): 1:03.29 Charleroi 11 May 2025		PB (25m pool): 1:01.63 SB:	
	50 M	100 M	
PB	30.81	1:03.29	
	30.81	32.48	
	

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14		Heat:3, starttime: 17:03	
Heat: 3/7 Lane : 6 Athlete: SCHEPERS THIMOTHÃ©		Q-time: 01:01:78	
PB (50m pool): 1:01.78 Seraing 25 Jan 2025		PB (25m pool): 1:00.83 SB:	
	50 M	100 M	
PB	30.08	1:01.78	
	30.08	31.70	
	

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14		Heat:7, starttime: 17:08	
Heat: 7/7 Lane : 3 Athlete: GLODKIEWICZ ALEXANDRE		Q-time: 00:57:10	
PB (50m pool): 57.10 Charleroi 11 May 2025		PB (25m pool): 55.80 SB:	
	50 M	100 M	
PB	27.84	57.10	
	27.84	29.26	
	

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14		Heat:7, starttime: 17:08	
Heat: 7/7 Lane : 7 Athlete: ALBORES-SANCHEZ RAFAEL		Q-time: 00:57:50	
PB (50m pool): 57.50 Seraing 23 Mar 2025		PB (25m pool): 57.97 SB:	
	50 M	100 M	
PB	27.93	57.50	
	27.93	29.57	
	

Coach feedback:

BK WE1 2025: Session: 4: COACH evaluation sheet for TEAM: PERRON

Event number: 29: 4x100M MEDLEY MEN 11-12							Heat:2, starttime: 17:16	
Heat: 2/2 Lane : 4 Athlete: TEAM PERRON 1							Q-time: 05:09:23	
PB (50m pool):			PB (25m pool): No time SB:					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

Coach feedback:

Event number: 30: 4x100M FREESTYLE WOMEN 11-12							Heat:2, starttime: 17:28	
Heat: 2/2 Lane : 1 Athlete: TEAM PERRON 1							Q-time: 04:54:23	
PB (50m pool):			PB (25m pool): No time SB:					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

Coach feedback:

Event number: 31: 4x100M MEDLEY MEN 13-14							Heat:2, starttime: 17:39	
Heat: 2/2 Lane : 4 Athlete: TEAM PERRON 1							Q-time: 04:25:72	
PB (50m pool):			PB (25m pool): No time SB:					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

Coach feedback: