



CB-BK-CAT-WE2-50M-2024

Antwerpen, 26 - 28/7/2024

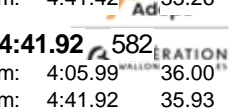
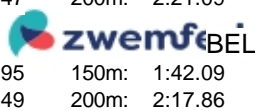
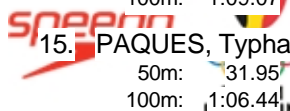
Programmanr./Epreuve 1
26/07/2024 - 8:30

Dames/Dames, 400m vrije slag/Libre

15 jaar en ouder/ans et plus
Resultaten Voorrunde/EliminatoiresTL-CB CAT_LT-BK CAT-2024 15 50m: 4:58.53 - 25m: 4:51.73; 16 50m: 4:53.53 - 25m: 4:46.73; 17 50m: 4:50.65 - 25m: 4:43.85;
18 50m: 4:50.60 - 25m: 4:43.80; 19 + 50m: 4:48.83 - 25m: 4:42.03

Punten: FINA 2024

| Rang | Geb. | Inschr. | Tijd/Temp | Pnt |
|-------------------------|--|---|---|--|
| 15 - 16 jaar/ans | | | | |
| 1. | VANDERLINDEN, Siri 50m: 30.11 30.11 100m: 1:03.05 32.94 | BEL 09 LAQUA 150m: 1:36.70 33.65 200m: 2:09.99 33.29 | 4:21.02 250m: 2:43.55 33.56 300m: 3:17.58 34.03 | 4:24.86 701 350m: 3:51.40 33.82 400m: 4:24.86 33.46 |
| 2. | METZEMAKERS, Léa 50m: 30.72 30.72 100m: 1:05.04 34.32 | BEL 09 BRABO 150m: 1:39.43 34.39 200m: 2:14.01 34.58 | 4:29.76 250m: 2:47.85 33.84 300m: 3:22.41 34.56 | 4:30.80 656 350m: 3:56.83 34.42 400m: 4:30.80 33.97 |
| 3. | DAVID, Ryana 50m: 31.33 31.33 100m: 1:05.58 34.25 | BEL 08 PERRON 150m: 1:40.00 34.42 200m: 2:14.89 34.89 | 4:26.69 250m: 2:49.45 34.56 300m: 3:23.97 34.52 | 4:31.75 649 350m: 3:58.01 34.04 400m: 4:31.75 33.74 |
| 4. | VINCK, Tine 50m: 32.13 32.13 100m: 1:06.84 34.71 | BEL 08 MEGA 150m: 1:41.76 34.92 200m: 2:16.55 34.79 | 4:31.89 250m: 2:51.53 34.98 300m: 3:26.38 34.85 | 4:34.99 627 350m: 4:01.07 34.69 400m: 4:34.99 33.92 |
| 5. | VANSTEENKISTE, Lona 50m: 30.67 30.67 100m: 1:04.42 33.75 | BEL 08 MZK 150m: 1:38.88 34.46 200m: 2:13.64 34.76 | 4:25.07 250m: 2:48.50 34.86 300m: 3:23.90 35.40 | 4:35.57 623 350m: 4:00.25 36.35 400m: 4:35.57 35.32 |
| 6. | PUGENGER, Marine 50m: 31.06 31.06 100m: 1:05.99 34.93 | BEL 08 ENLN 150m: 1:40.96 34.97 200m: 2:16.24 35.28 | 4:40.81 250m: 2:51.29 35.05 300m: 3:26.88 35.59 | 4:36.69 615 350m: 4:02.52 35.64 400m: 4:36.69 34.17 |
| 7. | SEDGMAN, Charlie 50m: 31.68 31.68 100m: 1:05.92 34.24 | AUS 08 WN 150m: 1:41.41 35.49 200m: 2:16.71 35.30 | 4:31.91 250m: 2:51.73 35.02 300m: 3:27.19 35.46 | 4:36.95 613 350m: 4:02.82 35.63 400m: 4:36.95 34.13 |
| 8. | MICHIELS, Nore 50m: 30.65 30.65 100m: 1:04.21 33.56 | BEL 08 TSZ 150m: 1:39.00 34.79 200m: 2:14.24 35.24 | 4:28.76 250m: 2:50.10 35.86 300m: 3:26.42 36.32 | 4:38.09 606 350m: 4:02.64 36.22 400m: 4:38.09 35.45 |
| 9. | DEBECKER, Charlotte 50m: 33.26 33.26 100m: 1:08.82 35.56 | BEL 08 DMI 150m: 1:45.03 36.21 200m: 2:20.44 35.41 | 4:36.16 250m: 2:56.40 35.96 300m: 3:31.08 34.68 | 4:38.56 603 350m: 4:05.90 34.82 400m: 4:38.56 32.66 |
| 10. | VAN HEUGTEN, Hanne 50m: 30.88 30.88 100m: 1:05.12 34.24 | BEL 09 ZN 150m: 1:40.19 35.07 200m: 2:15.63 35.44 | 4:27.21 250m: 2:50.08 34.45 300m: 3:26.11 36.03 | 4:38.60 603 350m: 4:02.77 36.66 400m: 4:38.60 35.83 |
| 11. | VAN GYSEL, Maite 50m: 31.34 31.34 100m: 1:06.00 34.66 | BEL 08 MEGA 150m: 1:41.05 35.05 200m: 2:16.34 35.29 | 4:38.68 250m: 2:51.67 35.33 300m: 3:27.99 36.32 | 4:38.87 601 350m: 4:04.34 36.35 400m: 4:38.87 34.53 |
| 12. | PAQUES, Célya 50m: 32.42 32.42 100m: 1:07.04 34.62 | BEL 09 LGN 150m: 1:42.20 35.16 200m: 2:17.99 35.79 | 4:34.32 250m: 2:53.42 35.43 300m: 3:29.07 35.65 | 4:38.98 600 350m: 4:04.61 35.54 400m: 4:38.98 34.37 |
| 13. | HAMPER, Line 50m: 31.44 31.44 100m: 1:06.39 34.95 | BEL 09 LSC 150m: 1:41.60 35.21 200m: 2:17.47 35.87 | 4:44.32 250m: 2:53.04 35.57 300m: 3:29.52 36.48 | 4:40.28 592 350m: 4:05.60 36.08 400m: 4:40.28 34.68 |
| 14. | MACHALE, Julia 50m: 32.60 32.60 100m: 1:09.07 36.47 | IRL 09 CNSW 150m: 1:44.66 35.59 200m: 2:21.09 36.43 | 4:45.03 250m: 2:56.99 35.90 300m: 3:32.83 35.84 | 4:41.42 585 350m: 4:08.16 35.33 400m: 4:41.42 33.26 |
| 15. | PAQUES, Typhanie 50m: 31.95 31.95 100m: 1:06.44 34.49 | BEL 09 LGN 150m: 1:42.09 35.65 200m: 2:17.86 35.77 | 4:33.77 250m: 2:53.81 35.95 300m: 3:29.99 36.18 | 4:41.92 582 350m: 4:05.99 36.00 400m: 4:41.92 35.93 |



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Belgische Kampioenschappen 15-16/17-18/19+

2024

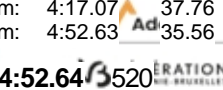
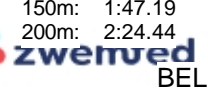
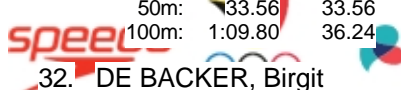
Championnats de Belgique 15-16/17-18/19+

CB-BK-CAT-WE2-50M-2024

Antwerpen, 26 - 28/7/2024

Programmanr./Epreuve 1, Meisjes/Filles, 400m vrije slag/Libre, Voorronde/Eliminatoire, 15 - 16 jaar/ans

| Rang | | | Geb. | | Inscr. | | Tijd/Temp | Pnt |
|------|---------------------|---------------|-------|---------|--------|---------|----------------|-------|
| 16. | VAN AVONDT, Lina | | BEL | 09 | STA | 4:37.38 | 4:41.93 | 581 |
| | 50m: | 32.34 32.34 | 150m: | 1:43.53 | 36.16 | 250m: | 2:55.99 | 36.47 |
| | 100m: | 1:07.37 35.03 | 200m: | 2:19.52 | 35.99 | 300m: | 3:31.84 | 35.85 |
| | | | 350m: | 4:08.07 | | 400m: | 4:41.93 | 33.86 |
| 17. | MERTENS, Helena | | BEL | 09 | SHARK | 4:39.29 | 4:42.88 | 576 |
| | 50m: | 31.90 31.90 | 150m: | 1:43.20 | 36.25 | 250m: | 2:56.36 | 36.86 |
| | 100m: | 1:06.95 35.05 | 200m: | 2:19.50 | 36.30 | 300m: | 3:32.59 | 36.23 |
| | | | 350m: | 4:08.59 | | 400m: | 4:42.88 | 34.29 |
| 18. | LAMMENS, Louise | | BEL | 08 | TZT | 4:37.23 | 4:43.29 | 573 |
| | 50m: | 32.05 32.05 | 150m: | 1:42.73 | 35.67 | 250m: | 2:54.67 | 36.13 |
| | 100m: | 1:07.06 35.01 | 200m: | 2:18.54 | 35.81 | 300m: | 3:31.04 | 36.37 |
| | | | 350m: | 4:07.46 | | 400m: | 4:43.29 | 35.83 |
| 19. | HUENS, Noor | | BEL | 09 | MEGA | 4:44.63 | 4:44.83 | 564 |
| | 50m: | 32.37 32.37 | 150m: | 1:44.39 | 36.03 | 250m: | 2:57.26 | 36.13 |
| | 100m: | 1:08.36 35.99 | 200m: | 2:21.13 | 36.74 | 300m: | 3:34.09 | 36.83 |
| | | | 350m: | 4:10.06 | | 400m: | 4:44.83 | 34.77 |
| 20. | JACRI, Maeva | | BEL | 09 | MOSAN | 4:39.81 | 4:44.91 | 563 |
| | 50m: | 32.12 32.12 | 150m: | 1:42.35 | 35.47 | 250m: | 2:55.31 | 36.39 |
| | 100m: | 1:06.88 34.76 | 200m: | 2:18.92 | 36.57 | 300m: | 3:32.20 | 36.89 |
| | | | 350m: | 4:09.20 | | 400m: | 4:44.91 | 35.71 |
| 21. | VEDERNIKOVA, Marina | | BEL | 08 | SCWR | 4:36.30 | 4:47.59 | 548 |
| | 50m: | 32.23 32.23 | 150m: | 1:44.01 | 36.34 | 250m: | 2:58.24 | 37.55 |
| | 100m: | 1:07.67 35.44 | 200m: | 2:20.69 | 36.68 | 300m: | 3:34.77 | 36.53 |
| | | | 350m: | 4:12.01 | | 400m: | 4:47.59 | 35.58 |
| 22. | JACOBS, Filippa | | BEL | 09 | GZVN | 4:54.84 | 4:47.76 | 547 |
| | 50m: | 32.67 32.67 | 150m: | 1:45.67 | 36.27 | 250m: | 2:58.12 | 36.02 |
| | 100m: | 1:09.40 36.73 | 200m: | 2:22.10 | 36.43 | 300m: | 3:34.96 | 36.84 |
| | | | 350m: | 4:11.93 | | 400m: | 4:47.76 | 35.83 |
| 23. | LAMBRECHTS, Noa | | BEL | 09 | DBT | 4:46.51 | 4:47.99 | 545 |
| | 50m: | 32.66 32.66 | 150m: | 1:44.51 | 36.17 | 250m: | 2:57.79 | 36.54 |
| | 100m: | 1:08.34 35.68 | 200m: | 2:21.25 | 36.74 | 300m: | 3:34.96 | 37.17 |
| | | | 350m: | 4:12.12 | | 400m: | 4:47.99 | 35.87 |
| | ZANGARI, Aurora | | BEL | 09 | GZVN | 4:39.97 | 4:47.99 | 545 |
| | 50m: | 32.34 32.34 | 150m: | 1:44.09 | 36.46 | 250m: | 2:57.97 | 36.82 |
| | 100m: | 1:07.63 35.29 | 200m: | 2:21.15 | 37.06 | 300m: | 3:35.36 | 37.39 |
| | | | 350m: | 4:12.46 | | 400m: | 4:47.99 | 35.53 |
| 25. | TALBOOM, Lies | | BEL | 09 | BRABO | 4:44.48 | 4:48.04 | 545 |
| | 50m: | 30.96 30.96 | 150m: | 1:41.52 | 36.16 | 250m: | 2:56.04 | 37.59 |
| | 100m: | 1:05.36 34.40 | 200m: | 2:18.45 | 36.93 | 300m: | 3:33.78 | 37.74 |
| | | | 350m: | 4:11.24 | | 400m: | 4:48.04 | 36.80 |
| 26. | RADU LOGHIN, Miruna | | BEL | 09 | SCWR | 4:44.11 | 4:49.34 | 538 |
| | 50m: | 32.23 32.23 | 150m: | 1:45.16 | 37.00 | 250m: | 2:58.85 | 36.97 |
| | 100m: | 1:08.16 35.93 | 200m: | 2:21.88 | 36.72 | 300m: | 3:36.46 | 37.61 |
| | | | 350m: | 4:13.74 | | 400m: | 4:49.34 | 35.60 |
| 27. | VAN ELSSEN, Marie | | BEL | 08 | BRABO | 4:46.23 | 4:49.41 | 537 |
| | 50m: | 31.96 31.96 | 150m: | 1:44.30 | 36.34 | 250m: | 2:58.10 | 36.75 |
| | 100m: | 1:07.96 36.00 | 200m: | 2:21.35 | 37.05 | 300m: | 3:35.94 | 37.84 |
| | | | 350m: | 4:13.52 | | 400m: | 4:49.41 | 35.89 |
| 28. | GULLENTOPS, Manon | | BEL | 09 | LSC | 4:52.13 | 4:50.99 | 529 |
| | 50m: | 32.36 32.36 | 150m: | 1:44.59 | 36.90 | 250m: | 2:59.37 | 37.56 |
| | 100m: | 1:07.69 35.33 | 200m: | 2:21.81 | 37.22 | 300m: | 3:36.69 | 37.32 |
| | | | 350m: | 4:14.39 | | 400m: | 4:50.99 | 36.60 |
| 29. | DESMET, Fien | | BEL | 08 | TZT | 4:49.67 | 4:52.50 | 521 |
| | 50m: | 33.02 33.02 | 150m: | 1:45.66 | 36.85 | 250m: | 3:01.00 | 37.70 |
| | 100m: | 1:08.81 35.79 | 200m: | 2:23.30 | 37.64 | 300m: | 3:38.75 | 37.75 |
| | | | 350m: | 4:15.99 | | 400m: | 4:52.50 | 36.51 |
| 30. | CHICHKOVA, Lili | | BEL | 08 | FAST | 4:53.52 | 4:52.55 | 520 |
| | 50m: | 33.05 33.05 | 150m: | 1:46.79 | 37.35 | 250m: | 3:01.34 | 37.23 |
| | 100m: | 1:09.44 36.39 | 200m: | 2:24.11 | 37.32 | 300m: | 3:39.20 | 37.86 |
| | | | 350m: | 4:17.29 | | 400m: | 4:52.55 | 35.26 |
| 31. | DELPORTE, Lotte | | BEL | 09 | STW | 4:50.66 | 4:52.63 | 520 |
| | 50m: | 33.56 33.56 | 150m: | 1:47.19 | 37.39 | 250m: | 3:02.07 | 37.63 |
| | 100m: | 1:09.80 36.24 | 200m: | 2:24.44 | 37.25 | 300m: | 3:39.31 | 37.24 |
| | | | 350m: | 4:17.07 | | 400m: | 4:52.63 | 35.56 |
| 32. | DE BACKER, Birgit | | BEL | 09 | ZIOS | 4:52.75 | 4:52.64 | 520 |
| | 50m: | 33.33 33.33 | 150m: | 1:46.24 | 36.63 | 250m: | 3:00.47 | 37.22 |
| | 100m: | 1:09.61 36.28 | 200m: | 2:23.25 | 37.01 | 300m: | 3:38.36 | 37.89 |
| | | | 350m: | 4:15.97 | | 400m: | 4:52.64 | 36.67 |



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Belgische Kampioenschappen 15-16/17-18/19+

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Championnats de Belgique 15-16/17-18/19+

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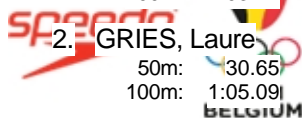
Antwerpen, 26 - 28/7/2024

Programmanr./Epreuve 1, Meisjes/Filles, 400m vrije slag/Libre, Voorronde/Eliminatoire, 15 - 16 jaar/ans

| Rang | | Geb. | Inscr. | Tijd/Temps | Pnt |
|------|---|---------------------|---------------------|---------------------|-----|
| 33. | LAMBIN, Elisa | BEL 09 SCD | 4:57.48 | 4:55.30 | 506 |
| | 50m: 32.51 32.51 | 150m: 1:47.23 37.91 | 250m: 3:01.72 37.61 | 350m: 4:17.83 37.68 | |
| | 100m: 1:09.32 36.81 | 200m: 2:24.11 36.88 | 300m: 3:40.15 38.43 | 400m: 4:55.30 37.47 | |
| 34. | DANHIEUX, Liena | BEL 08 ZORO | 4:44.09 | 4:55.82 | 503 |
| ** | 50m: 32.27 32.27 | 150m: 1:45.98 37.22 | 250m: 3:02.44 38.17 | 350m: 4:18.68 37.78 | |
| | 100m: 1:08.76 36.49 | 200m: 2:24.27 38.29 | 300m: 3:40.90 38.46 | 400m: 4:55.82 37.14 | |
| 35. | JENKINS, Emma | BEL 09 CNSW | 4:57.57 | 4:57.94 | 493 |
| | 50m: 34.10 34.10 | 150m: 1:49.39 37.93 | 250m: 3:05.43 37.72 | 350m: 4:21.52 37.46 | |
| | 100m: 1:11.46 37.36 | 200m: 2:27.71 38.32 | 300m: 3:44.06 38.63 | 400m: 4:57.94 36.42 | |
| 36. | CAUS, Floor | BEL 09 KZK | 4:56.62 | 4:58.21 | 491 |
| | 50m: 31.27 31.27 | 150m: 1:46.07 38.99 | 250m: 3:05.70 39.70 | 350m: 4:22.20 38.73 | |
| | 100m: 1:07.08 35.81 | 200m: 2:26.00 39.93 | 300m: 3:43.47 37.77 | 400m: 4:58.21 36.01 | |
| 37. | VERSPECHT, Lizanne | BEL 09 ZCK | 4:48.51 | 4:58.24 | 491 |
| | 50m: 33.45 33.45 | 150m: 1:46.29 36.55 | 250m: 3:01.05 37.52 | 350m: 4:20.40 39.71 | |
| | 100m: 1:09.74 36.29 | 200m: 2:23.53 37.24 | 300m: 3:40.69 39.64 | 400m: 4:58.24 37.84 | |
| 38. | PAIROUX, Eloise | BEL 08 PERRON | 4:45.44 | 4:58.82 | 488 |
| ** | 50m: 34.32 34.32 | 150m: 1:49.71 38.50 | 250m: 3:06.61 38.48 | 350m: 4:22.29 37.71 | |
| | 100m: 1:11.21 36.89 | 200m: 2:28.13 38.42 | 300m: 3:44.58 37.97 | 400m: 4:58.82 36.53 | |
| 39. | DECONYNCK, Sterre | BEL 09 TRUST | 4:51.63 | 4:59.19 | 486 |
| ** | 50m: 33.02 33.02 | 150m: 1:45.85 37.20 | 250m: 3:02.35 38.34 | 350m: 4:20.74 39.38 | |
| | 100m: 1:08.65 35.63 | 200m: 2:24.01 38.16 | 300m: 3:41.36 39.01 | 400m: 4:59.19 38.45 | |
| 40. | QUARTIER, Philine | BEL 09 ISWIM | 4:56.04 | 4:59.31 | 486 |
| ** | 50m: 33.48 33.48 | 150m: 1:48.51 37.81 | 250m: 3:05.54 38.33 | 350m: 4:22.79 38.22 | |
| | 100m: 1:10.70 37.22 | 200m: 2:27.21 38.70 | 300m: 3:44.57 39.03 | 400m: 4:59.31 36.52 | |
| 41. | CEULEMANS, Hanne | BEL 08 AZK | 4:50.63 | 5:02.64 | 470 |
| ** | 50m: 34.36 34.36 | 150m: 1:49.84 38.09 | 250m: 3:06.64 38.78 | 350m: 4:24.00 38.73 | |
| | 100m: 1:11.75 37.39 | 200m: 2:27.86 38.02 | 300m: 3:45.27 38.63 | 400m: 5:02.64 38.64 | |
| 42. | PEREZ ZUBRZYCKA, Laia | BEL 08 CNSW | 4:51.30 | 5:09.39 | 440 |
| ** | 50m: 34.63 34.63 | 150m: 1:51.84 38.46 | 250m: 3:11.00 39.41 | 350m: 4:30.91 39.91 | |
| | 100m: 1:13.38 38.75 | 200m: 2:31.59 39.75 | 300m: 3:51.00 40.00 | 400m: 5:09.39 38.48 | |
| dis | WEYTJENS, Amber | BEL 08 DMB | 4:41.98 | 4:58.84 | |
| | ** , SW 4.4 - valse start / Départ anticipé | | | | |
| | 50m: 32.87 32.87 | 150m: 1:48.13 38.99 | 250m: 3:05.66 39.35 | 350m: 4:22.42 38.19 | |
| | 100m: 1:09.14 36.27 | 200m: 2:26.31 38.18 | 300m: 3:44.23 38.57 | 400m: 4:58.84 36.42 | |

17 jaar en ouder/ans et plus

| | | | | | |
|----|---------------------|---------------------|---------------------|---------------------|-----|
| 1. | RAVELINGIEN, Lana | BEL 03 BRABO | 4:23.21 | 4:27.29 | 682 |
| | 50m: 30.39 30.39 | 150m: 1:37.31 33.54 | 250m: 2:45.48 34.07 | 350m: 3:53.84 34.30 | |
| | 100m: 1:03.77 33.38 | 200m: 2:11.41 34.10 | 300m: 3:19.54 34.06 | 400m: 4:27.29 33.45 | |
| 2. | GRIJS, Laure | BEL 04 CNSW | 4:33.45 | 4:32.46 | 644 |
| | 50m: 30.65 30.65 | 150m: 1:39.43 34.34 | 250m: 2:48.35 34.26 | 350m: 3:58.16 34.76 | |
| | 100m: 1:05.09 34.44 | 200m: 2:14.09 34.66 | 300m: 3:23.40 35.05 | 400m: 4:32.46 34.30 | |





Belgische Kampioenschappen 15-16/17-18/19+

2024

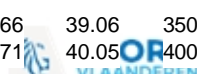
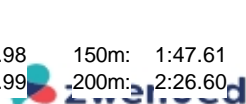
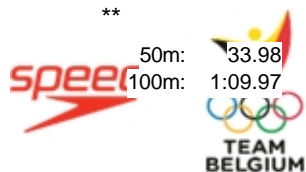
Championnats de Belgique 15-16/17-18/19+

CB-BK-CAT-WE2-50M-2024

Antwerpen, 26 - 28/7/2024

Programmanr./Epreuve 1, Dames/Dames, 400m vrije slag/Libre, Voorronde/Eliminatoire, 17 jaar en ouder/ans et plus

| Rang | | | | Geb. | | | Inscr. | | Tijd/Temps | Pnt | | |
|------|--------------------|---------|-------|--------------|---------|-------|---------|---------|----------------|-------|---------|----------|
| 3. | DECRAENE, Sioban | | | BEL 07 DM | | | 4:28.56 | | 4:33.68 | 636 | | |
| | 50m: | 31.80 | 31.80 | 150m: | 1:40.42 | 34.22 | 250m: | 2:49.33 | 34.31 | 350m: | 3:59.00 | 34.66 |
| | 100m: | 1:06.20 | 34.40 | 200m: | 2:15.02 | 34.60 | 300m: | 3:24.34 | 35.01 | 400m: | 4:33.68 | 34.68 |
| 4. | GRAHAM, Jil | | | BEL 06 HOZT | | | 4:32.20 | | 4:36.85 | 614 | | |
| | 50m: | 32.48 | 32.48 | 150m: | 1:41.96 | 34.66 | 250m: | 2:51.69 | 35.00 | 350m: | 4:02.52 | 34.81 |
| | 100m: | 1:07.30 | 34.82 | 200m: | 2:16.69 | 34.73 | 300m: | 3:27.71 | 36.02 | 400m: | 4:36.85 | 34.33 |
| 5. | CORNELISSEN, Anais | | | BEL 07 BRABO | | | 4:28.64 | | 4:39.54 | 597 | | |
| | 50m: | 30.40 | 30.40 | 150m: | 1:39.74 | 35.53 | 250m: | 2:52.26 | 36.67 | 350m: | 4:04.53 | 36.08 |
| | 100m: | 1:04.21 | 33.81 | 200m: | 2:15.59 | 35.85 | 300m: | 3:28.45 | 36.19 | 400m: | 4:39.54 | 35.01 |
| 6. | CAVADINI, Caroline | | | BEL 90 CNBA | | | 4:37.52 | | 4:39.97 | 594 | | |
| | 50m: | 31.99 | 31.99 | 150m: | 1:42.46 | 35.23 | 250m: | 2:53.98 | 35.49 | 350m: | 4:05.36 | 35.75 |
| | 100m: | 1:07.23 | 35.24 | 200m: | 2:18.49 | 36.03 | 300m: | 3:29.61 | 35.63 | 400m: | 4:39.97 | 34.61 |
| 7. | OVAERE, Luna | | | BEL 06 MZK | | | 4:48.46 | | 4:40.96 | 587 | | |
| | 50m: | 32.07 | 32.07 | 150m: | 1:42.41 | 35.46 | 250m: | 2:53.79 | 35.61 | 350m: | 4:05.99 | 36.15 |
| | 100m: | 1:06.95 | 34.88 | 200m: | 2:18.18 | 35.77 | 300m: | 3:29.84 | 36.05 | 400m: | 4:40.96 | 34.97 |
| 8. | DE BECKER, Aurore | | | BEL 07 DM | | | 4:38.85 | | 4:42.78 | 576 | | |
| | 50m: | 32.36 | 32.36 | 150m: | 1:43.03 | 35.28 | 250m: | 2:55.08 | 35.95 | 350m: | 4:07.11 | 35.72 |
| | 100m: | 1:07.75 | 35.39 | 200m: | 2:19.13 | 36.10 | 300m: | 3:31.39 | 36.31 | 400m: | 4:42.78 | 35.67 |
| 9. | PUISSANT, Lise | | | BEL 05 MHN | | | 4:35.13 | | 4:43.56 | 571 | | |
| | 50m: | 31.72 | 31.72 | 150m: | 1:40.75 | 34.97 | 250m: | 2:53.16 | 36.92 | 350m: | 4:07.50 | 37.12 |
| | 100m: | 1:05.78 | 34.06 | 200m: | 2:16.24 | 35.49 | 300m: | 3:30.38 | 37.22 | 400m: | 4:43.56 | 36.06 |
| 10. | BROUX, Elise | | | BEL 05 GZVN | | | 4:44.67 | | 4:46.35 | 555 | | |
| | 50m: | 31.66 | 31.66 | 150m: | 1:42.55 | 36.17 | 250m: | 2:55.87 | 36.89 | 350m: | 4:10.20 | 37.36 |
| | 100m: | 1:06.38 | 34.72 | 200m: | 2:18.98 | 36.43 | 300m: | 3:32.84 | 36.97 | 400m: | 4:46.35 | 36.15 |
| 11. | VASILESCU, Ioana | | | ROU 07 CNSW | | | 4:46.75 | | 4:48.48 | 543 | | |
| | 50m: | 32.23 | 32.23 | 150m: | 1:44.14 | 36.24 | 250m: | 2:57.93 | 36.45 | 350m: | 4:12.42 | 37.03 |
| | 100m: | 1:07.90 | 35.67 | 200m: | 2:21.48 | 37.34 | 300m: | 3:35.39 | 37.46 | 400m: | 4:48.48 | 36.06 |
| 12. | THEUWIS, Rune | | | BEL 02 DMB | | | 4:42.78 | | 4:50.54 | 531 | | |
| ** | 50m: | 32.10 | 32.10 | 150m: | 1:44.84 | 37.01 | 250m: | 2:59.61 | 37.12 | 350m: | 4:14.48 | 37.11 |
| | 100m: | 1:07.83 | 35.73 | 200m: | 2:22.49 | 37.65 | 300m: | 3:37.37 | 37.76 | 400m: | 4:50.54 | 36.06 |
| 13. | DRIES, Sien | | | BEL 07 ZGEEL | | | 4:50.21 | | 4:50.73 | 530 | | |
| ** | 50m: | 32.55 | 32.55 | 150m: | 1:45.43 | 36.69 | 250m: | 2:59.92 | 37.28 | 350m: | 4:14.23 | 37.17 |
| | 100m: | 1:08.74 | 36.19 | 200m: | 2:22.64 | 37.21 | 300m: | 3:37.06 | 37.14 | 400m: | 4:50.73 | 36.50 |
| 14. | OP DE BEECK, Elly | | | BEL 07 BRABO | | | 4:46.50 | | 4:51.03 | 529 | | |
| ** | 50m: | 32.78 | 32.78 | 150m: | 1:45.52 | 36.74 | 250m: | 2:59.59 | 37.12 | 350m: | 4:14.27 | 37.62 |
| | 100m: | 1:08.78 | 36.00 | 200m: | 2:22.47 | 36.95 | 300m: | 3:36.65 | 37.06 | 400m: | 4:51.03 | 36.76 |
| 15. | PAVEL, Anna | | | USA 07 LAQUA | | | 4:47.18 | | 4:52.41 | 521 | | |
| ** | 50m: | 33.72 | 33.72 | 150m: | 1:47.39 | 37.25 | 250m: | 3:02.60 | 37.19 | 350m: | 4:16.19 | 36.39 |
| | 100m: | 1:10.14 | 36.42 | 200m: | 2:25.41 | 38.02 | 300m: | 3:39.80 | 37.20 | 400m: | 4:52.41 | 36.22 |
| 16. | DE BECKER, Loren | | | BEL 07 ZS | | | 4:42.90 | | 5:06.32 | 453 | | |
| ** | 50m: | 33.98 | 33.98 | 150m: | 1:47.61 | 37.64 | 250m: | 3:05.66 | 39.06 | 350m: | 4:26.74 | Ad 41.03 |
| | 100m: | 1:09.97 | 35.99 | 200m: | 2:26.60 | 38.99 | 300m: | 3:45.71 | 40.05 | 400m: | 5:06.32 | 39.58 |



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