



Belgische Kampioenschappen 15-16/17-18/19+

2024

Championnats de Belgique 15-16/17-18/19+

CB-BK-CAT-WE2-50M-2024

Antwerpen, 26 - 28/7/2024

Programmanr./Epreuve 1  
26/07/2024

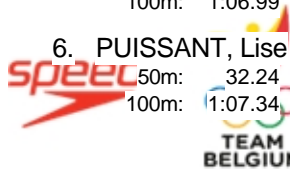
Dames/Dames, 400m vrije slag/Libre

15 jaar en ouder/ans et plus  
Resultaten Finale/Finales

RB-BR 50M 4:06.27 DUMONT, Valentine BEL Rome (ITA) 25/06/2023

Punten: FINA 2024

Rang	Geb.	Inschr.	Tijd/Temp	Pnt
<b>15 - 16 jaar/ans</b>				
1. VANDERLINDEN, Siri	BEL 09 LAQUA	4:24.86	<b>4:18.93</b>	751
50m: 30.13 30.13	150m: 1:35.06 33.05	250m: 2:41.49 33.26	350m: 3:47.59 32.89	
100m: 1:02.01 31.88	200m: 2:08.23 33.17	300m: 3:14.70 33.21	400m: 4:18.93 31.34	
2. DAVID, Ryana	BEL 08 PERRON	4:31.75	<b>4:27.00</b>	685
50m: 31.28 31.28	150m: 1:39.73 34.24	250m: 2:48.33 33.89	350m: 3:54.84 32.61	
100m: 1:05.49 34.21	200m: 2:14.44 34.71	300m: 3:22.23 33.90	400m: 4:27.00 32.16	
3. METZEMAKERS, Léa	BEL 09 BRABO	4:30.80	<b>4:30.78</b>	656
50m: 31.13 31.13	150m: 1:39.35 34.44	250m: 2:47.71 33.96	350m: 3:56.44 34.06	
100m: 1:04.91 33.78	200m: 2:13.75 34.40	300m: 3:22.38 34.67	400m: 4:30.78 34.34	
4. VANSTEENKISTE, Lona	BEL 08 MZK	4:35.57	<b>4:31.58</b>	651
50m: 31.22 31.22	150m: 1:39.53 34.47	250m: 2:48.09 34.08	350m: 3:57.06 34.35	
100m: 1:05.06 33.84	200m: 2:14.01 34.48	300m: 3:22.71 34.62	400m: 4:31.58 34.52	
5. VINCK, Tine	BEL 08 MEGA	4:34.99	<b>4:33.96</b>	634
50m: 31.91 31.91	150m: 1:41.49 35.26	250m: 2:51.30 35.05	350m: 4:01.44 34.92	
100m: 1:06.23 34.32	200m: 2:16.25 34.76	300m: 3:26.52 35.22	400m: 4:33.96 32.52	
6. VAN HEUGTEN, Hanne	BEL 09 ZN	4:38.60	<b>4:34.81</b>	628
50m: 31.49 31.49	150m: 1:40.66 34.70	250m: 2:50.97 35.03	350m: 4:00.34 34.09	
100m: 1:05.96 34.47	200m: 2:15.94 35.28	300m: 3:26.25 35.28	400m: 4:34.81 34.47	
7. PUGENGER, Marine	BEL 08 ENLN	4:36.69	<b>4:36.07</b>	619
50m: 31.18 31.18	150m: 1:40.91 35.50	250m: 2:51.78 35.56	350m: 4:02.53 35.71	
100m: 1:05.41 34.23	200m: 2:16.22 35.31	300m: 3:26.82 35.04	400m: 4:36.07 33.54	
8. PAQUES, Célya	BEL 09 LGN	4:38.98	<b>4:36.32</b>	618
50m: 32.11 32.11	150m: 1:41.54 35.16	250m: 2:52.37 35.28	350m: 4:02.53 34.90	
100m: 1:06.38 34.27	200m: 2:17.09 35.55	300m: 3:27.63 35.26	400m: 4:36.32 33.79	
<b>17 jaar en ouder/ans et plus</b>				
1. RAVELINGIEN, Lana	BEL 03 BRABO	4:27.29	<b>4:25.67</b>	695
50m: 30.98 30.98	150m: 1:38.65 33.97	250m: 2:46.18 33.61	350m: 3:53.43 33.34	
100m: 1:04.68 33.70	200m: 2:12.57 33.92	300m: 3:20.09 33.91	400m: 4:25.67 32.24	
2. GRIES, Laure	BEL 04 CNSW	4:32.46	<b>4:29.83</b>	663
50m: 31.40 31.40	150m: 1:39.93 34.45	250m: 2:48.00 34.07	350m: 3:56.59 34.13	
100m: 1:05.48 34.08	200m: 2:13.93 34.00	300m: 3:22.46 34.46	400m: 4:29.83 33.24	
3. DECRAENE, Sioban	BEL 07 DM	4:33.68	<b>4:31.39</b>	652
50m: 31.89 31.89	150m: 1:39.98 33.83	250m: 2:48.69 34.40	350m: 3:58.02 34.32	
100m: 1:06.15 34.26	200m: 2:14.29 34.31	300m: 3:23.70 35.01	400m: 4:31.39 33.37	
4. CORNELISSEN, Anais	BEL 07 BRABO	4:39.54	<b>4:32.56</b>	644
50m: 31.25 31.25	150m: 1:39.00 34.06	250m: 2:48.75 35.00	350m: 3:58.85 34.62	
100m: 1:04.94 33.69	200m: 2:13.75 34.75	300m: 3:24.23 35.48	400m: 4:32.56 33.71	
5. GRAHAM, Jil	BEL 06 HOZT	4:36.85	<b>4:36.30</b>	618
50m: 32.42 32.42	150m: 1:42.35 35.36	250m: 2:52.03 34.51	350m: 4:02.02 35.03	
100m: 1:06.99 34.57	200m: 2:17.52 35.17	300m: 3:26.99 34.96	400m: 4:36.30 34.28	
6. PUISSANT, Lise	BEL 05 MHN	4:43.56	<b>4:36.94</b>	613
50m: 32.24 32.24	150m: 1:42.81 35.47	250m: 2:53.34 35.17	350m: 4:04.70 35.69	
100m: 1:07.34 35.10	200m: 2:18.17 35.36	300m: 3:29.01 35.67	400m: 4:36.94 32.24	





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Programmanr./Epreuve 1, Dames/Dames, 400m vrije slag/Libre, Finale/Finale, 17 jaar en ouder/ans et plus

Rang				Geb.			Inschr.	Tijd/Temps	Pnt			
7.	CAVADINI, Caroline			BEL 90	CNBA		4:39.97	<b>4:37.06</b>	613			
	50m:	32.07	32.07	150m:	1:42.61	35.74	250m:	2:53.00	35.42	350m:	4:04.23	35.91
	100m:	1:06.87	34.80	200m:	2:17.58	34.97	300m:	3:28.32	35.32	400m:	4:37.06	32.83
8.	OVAERE, Luna			BEL 06	MZK		4:40.96	<b>4:42.13</b>	580			
	50m:	32.25	32.25	150m:	1:42.77	35.44	250m:	2:54.18	35.63	350m:	4:07.02	36.44
	100m:	1:07.33	35.08	200m:	2:18.55	35.78	300m:	3:30.58	36.40	400m:	4:42.13	35.11

