

CB-BK-CAT-WE-2 2026
Antwerpen, 24 - 26/7/2026

Programmanr./Epreuve 14
24/07/2026 - 16:20

Heren/Messieurs, 400m wisselslag/4 nages

19 jaar en ouder/ans et plus
Resultaten

Punten: AQUA 2024

Rang				Geb.				Inschr.	Tijd/Temps	Pnt		
1.	Metzemakers Noa			06	BRABO			4:39.25	4:35.24	683	BEL	
	50m:	28.60	28.60	150m:	1:40.37	38.22	250m:	2:55.71	37.44	350m:	4:05.23	31.19
	100m:	1:02.15	33.55	200m:	2:18.27	37.90	300m:	3:34.04	38.33	400m:	4:35.24	30.01
2.	Biad Malik			05	ENLN			4:41.71	4:36.54	674	BEL	
	50m:	27.60	27.60	150m:	1:38.64	38.20	250m:	2:54.92	37.86	350m:	4:05.38	31.60
	100m:	1:00.44	32.84	200m:	2:17.06	38.42	300m:	3:33.78	38.86	400m:	4:36.54	31.16
3.	Claassen Ilario			07	AZV			4:42.38	4:42.26	634	BEL	
	50m:	27.93	27.93	150m:	1:37.77	37.14	250m:	2:54.32	40.71	350m:	4:09.77	33.45
	100m:	1:00.63	32.70	200m:	2:13.61	35.84	300m:	3:36.32	42.00	400m:	4:42.26	32.49
4.	Desmet Leendert			06	TZT			4:44.69	4:47.86	597	BEL	
	50m:	29.43	29.43	150m:	1:41.01	37.08	250m:	2:58.85	41.21	350m:	4:15.24	33.75
	100m:	1:03.93	34.50	200m:	2:17.64	36.63	300m:	3:41.49	42.64	400m:	4:47.86	32.62
5.	Ost Ryan			06	HOZT			4:53.76	4:56.43	547	BEL	
	50m:	29.88	29.88	150m:	1:43.47	38.90	250m:	3:02.70	42.02	350m:	4:21.60	36.46
	100m:	1:04.57	34.69	200m:	2:20.68	37.21	300m:	3:45.14	42.44	400m:	4:56.43	34.83
6.	Claeskens Milan			06	DBT			5:05.04	4:59.17	532	BEL	
	50m:	29.74	29.74	150m:	1:43.15	38.88	250m:	3:06.32	44.96	350m:	4:25.86	34.84
	100m:	1:04.27	34.53	200m:	2:21.36	38.21	300m:	3:51.02	44.70	400m:	4:59.17	33.31
7.	Birlogeanu Luca			05	DBT			5:03.37	5:10.59	475	BEL	
	50m:	31.18	31.18	150m:	1:50.76	41.51	250m:	3:15.86	43.42	350m:	4:38.16	37.08
	100m:	1:09.25	38.07	200m:	2:32.44	41.68	300m:	4:01.08	45.22	400m:	5:10.59	32.43
dis	Bennani Walid			07	HN			4:36.29				BEL

7.1.a - Na start of keerpunt meer dan één neerwaartse vlinderslag beenbeweging vóór de eerste beenbeweging schoolslag // Plus d'un battement de jambes en papillon vers le bas avant le premier mouvement de jambes en brasse après le départ ou le virage