

CB-BK-CAT-WE-2 2026
Antwerpen, 24 - 26/7/2026

Programmanr./Epreuve 19
25/07/2026 - 8:55

Meisjes/Filles, 400m wisselslag/4 nages

15 - 18 jaar/ans
Resultaten

Punten: AQUA 2024

Rang	Geb.						Inschr.		Tijd/Temps		Pnt	
15 jaar/ans												
1.	Delsaer Laurien			11	LGN		5:09.18		5:12.28		617	BEL
	50m:	32.14	32.14	150m:	1:50.21	40.14	250m:	3:14.98	44.97	350m:	4:36.80	35.24
	100m:	1:10.07	37.93	200m:	2:30.01	39.80	300m:	4:01.56	46.58	400m:	5:12.28	35.48
2.	Brouwers Charlotte			11	DBT		5:09.70		5:12.43		616	BEL
	50m:	32.81	32.81	150m:	1:57.73	45.40	250m:	3:21.25	42.51	350m:	4:38.39	35.22
	100m:	1:12.33	39.52	200m:	2:38.74	41.01	300m:	4:03.17	41.92	400m:	5:12.43	34.04
3.	Abdelkhalek Lina			11	ENW		5:14.27		5:13.52		609	BEL
	50m:	33.53	33.53	150m:	1:53.84	41.71	250m:	3:18.16	43.16	350m:	4:38.48	36.10
	100m:	1:12.13	38.60	200m:	2:35.00	41.16	300m:	4:02.38	44.22	400m:	5:13.52	35.04
4.	Wégria Elena			11	LGN		5:18.93		5:20.09		573	BEL
	50m:	32.98	32.98	150m:	1:50.25	38.95	250m:	3:17.95	49.49	350m:	4:45.14	37.24
	100m:	1:11.30	38.32	200m:	2:28.46	38.21	300m:	4:07.90	49.95	400m:	5:20.09	34.95
5.	Vandamme Louna			11	DM		5:25.87		5:20.25		572	BEL
	50m:	35.78	35.78	150m:	1:57.52	40.72	250m:	3:23.70	46.77	350m:	4:47.06	36.13
	100m:	1:16.80	41.02	200m:	2:36.93	39.41	300m:	4:10.93	47.23	400m:	5:20.25	33.19
6.	Delarge Claire			11	PERRON		5:34.37		5:28.59		529	BEL
	50m:	35.88	35.88	150m:	2:00.79	43.19	250m:	3:28.25	46.05	350m:	4:51.74	37.88
	100m:	1:17.60	41.72	200m:	2:42.20	41.41	300m:	4:13.86	45.61	400m:	5:28.59	36.85
7.	Feys Farah			11	KZK		5:31.14		5:28.79		528	BEL
	50m:	33.52	33.52	150m:	1:55.94	42.91	250m:	3:25.22	47.43	350m:	4:53.33	37.52
	100m:	1:13.03	39.51	200m:	2:37.79	41.85	300m:	4:15.81	50.59	400m:	5:28.79	35.46
8.	Poel Maren			11	DBT		5:30.36		5:30.28		521	BEL
	50m:	34.55	34.55	150m:	2:01.14	44.56	250m:	3:30.82	47.32	350m:	4:54.40	36.77
	100m:	1:16.58	42.03	200m:	2:43.50	42.36	300m:	4:17.63	46.81	400m:	5:30.28	35.88
9.	Bellens Lore			11	SHARK		5:33.73		5:33.46		506	BEL
	50m:	33.16	33.16	150m:	1:57.55	44.59	250m:	3:27.26	46.47	350m:	4:54.44	38.92
	100m:	1:12.96	39.80	200m:	2:40.79	43.24	300m:	4:15.52	48.26	400m:	5:33.46	39.02
10.	Schacht Hanne			11	IKZ		5:32.59		5:36.78		492	BEL
	50m:	34.60	34.60	150m:	2:01.21	42.69	250m:	3:32.39	48.37	350m:	4:58.91	38.54
	100m:	1:18.52	43.92	200m:	2:44.02	42.81	300m:	4:20.37	47.98	400m:	5:36.78	37.87
11.	Serey Mendoza Maylén			11	BOUST		5:34.16		5:38.19		485	BEL
	50m:	35.78	35.78	150m:	2:03.56	44.15	250m:	3:33.66	46.44	350m:	4:59.81	39.71
	100m:	1:19.41	43.63	200m:	2:47.22	43.66	300m:	4:20.10	46.44	400m:	5:38.19	38.38
12.	Vanderlinden Paulien			11	BEST		5:26.13		5:41.32		472	BEL
	50m:	35.48	35.48	150m:	1:59.68	42.39	250m:	3:31.09	49.50	350m:	5:01.14	40.43
	100m:	1:17.29	41.81	200m:	2:41.59	41.91	300m:	4:20.71	49.62	400m:	5:41.32	40.18

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16 jaar/ans

1.	Lhoir Eloïse	10	AQUABLA	5:02.20	5:07.99	643	BEL
	50m: 31.67 31.67	150m: 1:50.08 40.07	250m: 3:12.92 43.51	350m: 4:32.69 35.84			
	100m: 1:10.01 38.34	200m: 2:29.41 39.33	300m: 3:56.85 43.93	400m: 5:07.99 35.30			
2.	Vedernikova Vera	10	SCWR	5:02.26	5:13.71	608	BEL
	50m: 33.29 33.29	150m: 1:53.15 42.15	250m: 3:18.78 44.73	350m: 4:40.48 35.67			
	100m: 1:11.00 37.71	200m: 2:34.05 40.90	300m: 4:04.81 46.03	400m: 5:13.71 33.23			
3.	Decoutere Imani	10	KZK	5:14.46	5:16.47	592	BEL
	50m: 32.54 32.54	150m: 1:49.93 39.97	250m: 3:15.98 47.08	350m: 4:40.69 36.79			
	100m: 1:09.96 37.42	200m: 2:28.90 38.97	300m: 4:03.90 47.92	400m: 5:16.47 35.78			
4.	Gansemans Kessy	10	SCWR	5:15.85	5:24.61	549	BEL
	50m: 35.74 35.74	150m: 2:01.07 41.29	250m: 3:26.38 45.80	350m: 4:49.25 37.47			
	100m: 1:19.78 44.04	200m: 2:40.58 39.51	300m: 4:11.78 45.40	400m: 5:24.61 35.36			
5.	Van Den Brecht Sarah	10	AZL	5:24.01	5:25.58	544	BEL
	50m: 33.64 33.64	150m: 1:55.18 41.86	250m: 3:23.99 47.95	350m: 4:50.24 38.14			
	100m: 1:13.32 39.68	200m: 2:36.04 40.86	300m: 4:12.10 48.11	400m: 5:25.58 35.34			
6.	Temmerman Elynn	10	BRABO	5:27.73	5:27.49	535	BEL
	50m: 34.74 34.74	150m: 1:58.82 41.38	250m: 3:27.45 46.97	350m: 4:52.13 37.29			
	100m: 1:17.44 42.70	200m: 2:40.48 41.66	300m: 4:14.84 47.39	400m: 5:27.49 35.36			
7.	Bohmer Janne	10	ZCT	5:33.37	5:29.00	527	BEL
	50m: 36.06 36.06	150m: 2:00.15 42.37	250m: 3:29.69 47.90	350m: 4:55.54 36.76			
	100m: 1:17.78 41.72	200m: 2:41.79 41.64	300m: 4:18.78 49.09	400m: 5:29.00 33.46			
8.	Van Bunder Amy	10	TSZ	5:27.05	5:30.82	519	BEL
	50m: 32.78 32.78	150m: 1:57.02 44.18	250m: 3:27.01 47.58	350m: 4:54.16 38.75			
	100m: 1:12.84 40.06	200m: 2:39.43 42.41	300m: 4:15.41 48.40	400m: 5:30.82 36.66			
9.	Van Der Meeren Lotte	10	DDAT	5:28.31	5:34.19	503	BEL
	50m: 35.71 35.71	150m: 2:02.62 44.79	250m: 3:32.35 44.64	350m: 4:55.84 38.12			
	100m: 1:17.83 42.12	200m: 2:47.71 45.09	300m: 4:17.72 45.37	400m: 5:34.19 38.35			
10.	Guisset Jelle	10	AST	5:27.83	5:34.20	503	BEL
	50m: 33.36 33.36	150m: 1:58.35 43.80	250m: 3:30.79 50.21	350m: 4:58.09 36.59			
	100m: 1:14.55 41.19	200m: 2:40.58 42.23	300m: 4:21.50 50.71	400m: 5:34.20 36.11			
11.	De Meuter Logan	10	WYCS	5:33.47	5:37.53	488	BEL
	50m: 35.64 35.64	150m: 2:01.23 43.21	250m: 3:33.33 50.06	350m: 5:00.83 38.00			
	100m: 1:18.02 42.38	200m: 2:43.27 42.04	300m: 4:22.83 49.50	400m: 5:37.53 36.70			
12.	Luts Emilia	10	HZS	5:34.94	5:40.46	476	BEL
	50m: 34.93 34.93	150m: 1:59.84 43.35	250m: 3:29.60 47.56	350m: 4:59.61 42.10			
	100m: 1:16.49 41.56	200m: 2:42.04 42.20	300m: 4:17.51 47.91	400m: 5:40.46 40.85			
13.	Waelput Elodie	10	TSZ	5:34.07	5:53.56	425	BEL
	50m: 35.22 35.22	150m: 2:00.57 44.63	250m: 3:36.12 50.95	350m: 5:12.03 43.19			
	100m: 1:15.94 40.72	200m: 2:45.17 44.60	300m: 4:28.84 52.72	400m: 5:53.56 41.53			

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17 - 18 jaar/ans

1.	Vachaudez Ella	09	ENLN	4:58.30	5:03.81	670	BEL
	50m: 31.34 31.34	150m: 1:47.37 39.23	250m: 3:10.63 44.71	350m: 4:30.29 34.95			
	100m: 1:08.14 36.80	200m: 2:25.92 38.55	300m: 3:55.34 44.71	400m: 5:03.81 33.52			
2.	Debecker Charlotte	08	DMI	5:03.65	5:11.48	621	BEL
	50m: 32.71 32.71	150m: 1:51.40 40.80	250m: 3:16.46 45.08	350m: 4:37.73 36.23			
	100m: 1:10.60 37.89	200m: 2:31.38 39.98	300m: 4:01.50 45.04	400m: 5:11.48 33.75			
3.	Ciobanu Anastasia	09	DDAT	5:14.15	5:13.59	609	BEL
	50m: 31.62 31.62	150m: 1:50.51 40.46	250m: 3:15.16 44.01	350m: 4:37.76 36.59			
	100m: 1:10.05 38.43	200m: 2:31.15 40.64	300m: 4:01.17 46.01	400m: 5:13.59 35.83			
4.	Pavan Nahla	09	ENLN	5:22.98	5:19.14	578	BEL
	50m: 32.30 32.30	150m: 1:52.12 42.43	250m: 3:19.04 45.65	350m: 4:43.94 37.50			
	100m: 1:09.69 37.39	200m: 2:33.39 41.27	300m: 4:06.44 47.40	400m: 5:19.14 35.20			
5.	Evens Noor	09	HZS	5:22.64	5:24.20	551	BEL
	50m: 34.62 34.62	150m: 1:59.86 44.23	250m: 3:26.60 44.90	350m: 4:48.82 36.87			
	100m: 1:15.63 41.01	200m: 2:41.70 41.84	300m: 4:11.95 45.35	400m: 5:24.20 35.38			
6.	Meyer Thyri	09	KAZS	5:24.92	5:25.01	547	BEL
	50m: 34.97 34.97	150m: 1:57.37 42.07	250m: 3:25.93 46.78	350m: 4:50.77 37.21			
	100m: 1:15.30 40.33	200m: 2:39.15 41.78	300m: 4:13.56 47.63	400m: 5:25.01 34.24			
7.	Stevens Eléonore	09	AQUABLA	5:39.36	5:27.98	532	BEL
	50m: 34.53 34.53	150m: 1:57.23 41.82	250m: 3:23.84 45.36	350m: 4:49.46 38.60			
	100m: 1:15.41 40.88	200m: 2:38.48 41.25	300m: 4:10.86 47.02	400m: 5:27.98 38.52			
8.	Delporte Lotte	09	STW	5:31.24	5:28.61	529	BEL
	50m: 35.01 35.01	150m: 1:58.34 42.12	250m: 3:28.86 49.00	350m: 4:53.52 35.56			
	100m: 1:16.22 41.21	200m: 2:39.86 41.52	300m: 4:17.96 49.10	400m: 5:28.61 35.09			
9.	Boutry Zoélie	09	CMA	5:32.49	5:29.89	523	BEL
	50m: 34.50 34.50	150m: 2:03.28 46.62	250m: 3:31.51 44.49	350m: 4:53.97 38.00			
	100m: 1:16.66 42.16	200m: 2:47.02 43.74	300m: 4:15.97 44.46	400m: 5:29.89 35.92			
10.	Weytjens Amber	08	DMB	5:37.46	5:30.39	521	BEL
	50m: 35.53 35.53	150m: 1:57.91 41.76	250m: 3:27.86 50.07	350m: 4:54.55 36.49			
	100m: 1:16.15 40.62	200m: 2:37.79 39.88	300m: 4:18.06 50.20	400m: 5:30.39 35.84			
11.	Gries Anaïs	09	WN	5:34.92	5:35.02	499	BEL
	50m: 34.64 34.64	150m: 1:58.05 43.31	250m: 3:28.14 47.34	350m: 4:57.47 39.72			
	100m: 1:14.74 40.10	200m: 2:40.80 42.75	300m: 4:17.75 49.61	400m: 5:35.02 37.55			
12.	Landuyt Anna-Lucia	08	TIME	5:36.81	5:42.73	466	BEL
	50m: 35.89 35.89	150m: 2:03.38 43.04	250m: 3:33.52 48.70	350m: 5:04.31 39.89			
	100m: 1:20.34 44.45	200m: 2:44.82 41.44	300m: 4:24.42 50.90	400m: 5:42.73 38.42			
13.	Notredame Ine	09	ZB	5:40.29	5:43.88	462	BEL
	50m: 35.92 35.92	150m: 2:04.50 44.62	250m: 3:37.94 50.92	350m: 5:07.87 38.39			
	100m: 1:19.88 43.96	200m: 2:47.02 42.52	300m: 4:29.48 51.54	400m: 5:43.88 36.01			
14.	Lenaerts Hailey	09	TRUST	5:40.55	5:45.81	454	BEL
	50m: 36.12 36.12	150m: 2:07.90 46.21	250m: 3:39.54 48.38	350m: 5:07.33 39.09			
	100m: 1:21.69 45.57	200m: 2:51.16 43.26	300m: 4:28.24 48.70	400m: 5:45.81 38.48			
15.	Renaud Alva	09	CNSW	5:39.72	5:49.17	441	FIN
	50m: 35.68 35.68	150m: 2:07.88 48.50	250m: 3:40.89 48.32	350m: 5:09.56 40.94			
	100m: 1:19.38 43.70	200m: 2:52.57 44.69	300m: 4:28.62 47.73	400m: 5:49.17 39.61			