Open Belgian Championships Swimming SCM 2025
Gent, 7 - 9/11/2025

Event 1 — Women, 400m Freestyle — Open
07/11/2025 - 9:00 — Results Prelim

WR_SCM	3:50.25	MCINTOSH, Summer	CAN	(HUN)	10/12/2024
ER_SCM	3:59.15	PELLEGRINI, Federica	ITA	Rome (ITA)	26/07/2009
BR_SCM	4:00.05	DUMONT, Valentine	NOC	Budapest (HUN)	09/11/2020

EK-SCM : 4:06.95

Points: AQUA 2025

Rank		YB		Time	Pts	
1.	DUMONT, Sarah	07	Namur Olympic Club	**4:10.56**	776	BEL
	50m: 29.01 29.01 150m: 1:31.35 31.13 250m: 2:34.67 31.73 350m: 3:38.56 32.25					
	100m: 1:00.22 31.21 200m: 2:02.94 31.59 300m: 3:06.31 31.64 400m: 4:10.56 32.00					
2.	VANDERLINDEN, Siri	09	Leuven Aquatics	**4:12.44**	758	BEL
	50m: 29.80 29.80 150m: 1:32.56 31.64 250m: 2:36.36 32.07 350m: 3:40.70 32.12					
	100m: 1:00.92 31.12 200m: 2:04.29 31.73 300m: 3:08.58 32.22 400m: 4:12.44 31.74					
3.	RAVELINGIEN, Lana	03	Brabo Zwemclub Antwerpen	**4:19.92**	695	BEL
	50m: 29.42 29.42 150m: 1:34.02 32.29 250m: 2:40.29 33.15 350m: 3:47.16 33.35					
	100m: 1:01.73 32.31 200m: 2:07.14 33.12 300m: 3:13.81 33.52 400m: 4:19.92 32.76					
4.	ENKNER, Johanna	00	ASV Linz	**4:20.89**	687	AUT
	50m: 30.38 30.38 150m: 1:36.08 32.90 250m: 2:42.11 32.91 350m: 3:48.45 33.11					
	100m: 1:03.18 32.80 200m: 2:09.20 33.12 300m: 3:15.34 33.23 400m: 4:20.89 32.44					
5.	PAQUES, Celya	09	Liege Natation	**4:21.60**	681	BEL
	50m: 30.39 30.39 150m: 1:36.06 33.04 250m: 2:42.86 33.44 350m: 3:49.56 33.27					
	100m: 1:03.02 32.63 200m: 2:09.42 33.36 300m: 3:16.29 33.43 400m: 4:21.60 32.04					
6.	MICHIELS, Nore	08	Tsz	**4:21.65**	681	BEL
	50m: 29.68 29.68 150m: 1:34.77 32.84 250m: 2:41.50 33.90 350m: 3:49.12 33.87					
	100m: 1:01.93 32.25 200m: 2:07.60 32.83 300m: 3:15.25 33.75 400m: 4:21.65 32.53					
7.	DELSAER, Laurien	11	Liege Natation	**4:23.03**	670	BEL
	50m: 30.21 30.21 150m: 1:35.67 32.83 250m: 2:42.40 33.87 350m: 3:50.00 33.66					
	100m: 1:02.84 32.63 200m: 2:08.53 32.86 300m: 3:16.34 33.94 400m: 4:23.03 33.03					
8.	PAQUES, Typhanie	09	Liege Natation	**4:23.27**	668	BEL
	50m: 30.60 30.60 150m: 1:36.65 33.21 250m: 2:43.22 33.21 350m: 3:50.38 33.47					
	100m: 1:03.44 32.84 200m: 2:10.01 33.36 300m: 3:16.91 33.69 400m: 4:23.27 32.89					
9.	REINESCH, Leeloo	07	Cnb	**4:24.13**	662	LUX
	50m: 29.93 29.93 150m: 1:35.86 33.33 250m: 2:43.49 33.80 350m: 3:51.40 33.97					
	100m: 1:02.53 32.60 200m: 2:09.69 33.83 300m: 3:17.43 33.94 400m: 4:24.13 32.73					
10.	VERVLOET, Zoe	10	Gzvn	**4:25.63**	651	BEL
	50m: 30.11 30.11 150m: 1:36.61 33.31 250m: 2:43.68 33.39 350m: 3:51.68 34.19					
	100m: 1:03.30 33.19 200m: 2:10.29 33.68 300m: 3:17.49 33.81 400m: 4:25.63 33.95					
11.	VEDERNIKOVA, Vera	10	Swimming Club Wauterbos Rode	**4:26.14**	647	BEL
	50m: 30.34 30.34 150m: 1:37.23 33.98 250m: 2:45.47 34.40 350m: 3:53.06 33.87					
	100m: 1:03.25 32.91 200m: 2:11.07 33.84 300m: 3:19.19 33.72 400m: 4:26.14 33.08					
12.	PUGENGER, Marine	08	Enln	**4:27.00**	641	BEL
	50m: 30.46 30.46 150m: 1:36.47 33.06 250m: 2:44.57 34.37 350m: 3:53.55 34.37					
	100m: 1:03.41 32.95 200m: 2:10.20 33.73 300m: 3:19.18 34.61 400m: 4:27.00 33.45					
13.	VACHAUDEZ, Ella	09	Enln	**4:27.11**	640	BEL
	50m: 30.34 30.34 150m: 1:37.01 33.71 250m: 2:44.84 34.01 350m: 3:53.25 34.32					
	100m: 1:03.30 32.96 200m: 2:10.83 33.82 300m: 3:18.93 34.09 400m: 4:27.11 33.86					

arena HIGH5 lotto zwemfed SPORT VLAANDEREN TEAM BELGIUM FFBN Adeps BIODERMA LABORATOIRE DERMATOLOGIQUE gent:

Event 1, Women, 400m Freestyle, Prelim, Open

Rank		YB		Time	Pts	
14.	METZEMAKERS, Lea	09	Brabo Zwemclub Antwerpen	**4:27.63**	636	BEL
	50m: 29.25 29.25 150m: 1:34.97 33.27 250m: 2:42.79 34.20 350m: 3:52.61 35.09					
	100m: 1:01.70 32.45 200m: 2:08.59 33.62 300m: 3:17.52 34.73 400m: 4:27.63 35.02					
15.	VAN AVONDT, Lina	09	Sta	**4:27.88**	635	BEL
	50m: 30.25 30.25 150m: 1:37.20 33.98 250m: 2:45.31 34.02 350m: 3:54.41 34.64					
	100m: 1:03.22 32.97 200m: 2:11.29 34.09 300m: 3:19.77 34.46 400m: 4:27.88 33.47					
16.	ADELMANN, Clara Cenxi	10	Leuven Aquatics	**4:28.61**	629	BEL
	50m: 30.74 30.74 150m: 1:38.77 34.46 250m: 2:46.63 33.81 350m: 3:55.00 34.40					
	100m: 1:04.31 33.57 200m: 2:12.82 34.05 300m: 3:20.60 33.97 400m: 4:28.61 33.61					
17.	D'HAESELEER, Fran	10	DMI	**4:35.07**	586	BEL
	50m: 30.63 30.63 150m: 1:38.89 34.59 250m: 2:48.77 35.00 350m: 3:59.72 35.56					
	100m: 1:04.30 33.67 200m: 2:13.77 34.88 300m: 3:24.16 35.39 400m: 4:35.07 35.35					
18.	VINCK, Tine	08	Mega	**4:37.73**	569	BEL
	50m: 31.16 31.16 150m: 1:39.95 34.84 250m: 2:50.88 35.60 350m: 4:02.54 35.81					
	100m: 1:05.11 33.95 200m: 2:15.28 35.33 300m: 3:26.73 35.85 400m: 4:37.73 35.19					
19.	GRAHAM, Jil	06	HoZT	**4:38.88**	562	BEL
	50m: 32.20 32.20 150m: 1:41.54 34.53 250m: 2:52.12 35.05 350m: 4:03.46 35.82					
	100m: 1:07.01 34.81 200m: 2:17.07 35.53 300m: 3:27.64 35.52 400m: 4:38.88 35.42					