Open Belgian Championships Swimming SCM 2025
Gent, 7 - 9/11/2025

Event 16 — Women, 400m Medley — Open
08/11/2025 - 9:20 — Results Prelim

WR_SCM	4:15.48	MCINTOSH, Summer	CAN	(HUN)	14/12/2024
ER_SCM	4:18.94	BELMONTE GARCIA, Mireia	ESP	Eindhoven (NED)	12/08/2017
BR_SCM	4:35.89	LECLUYSE, Fanny	DM	Kristiansand (NOR)	05/11/2017

EK-SCM : 4:09.19

Points: AQUA 2025

Rank		YB		Time	Pts	
1.	VACHAUDEZ, Ella	09	Enln	**5:00.64**	613	BEL
2.	DECRAENE, Satheen	09	Aquabla	**5:01.36**	609	BEL
3.	VEDERNIKOVA, Vera	10	Swimming Club Wauterbos Rode	**5:02.20**	604	BEL
4.	VERVLOET, Zoe	10	Gzvn	**5:02.75**	600	BEL
5.	LHOIR, Eloise	10	Aquabla	**5:02.79**	600	BEL
6.	DEBECKER, Charlotte	08	DMI	**5:05.07**	587	BEL
7.	DELSAER, Laurien	11	Liege Natation	**5:05.23**	586	BEL
8.	VERTESSEN, Fran	09	De Beringse Tuimelaars	**5:05.45**	585	BEL
9.	WILLAERT, Ayla	09	HoZT	**5:06.74**	577	BEL
10.	BROUWERS, Charlotte	11	De Beringse Tuimelaars	**5:07.00**	576	BEL
11.	DECOUTERE, Imani	10	Kzk	**5:09.76**	561	BEL
12.	GANSEMANS, Kessy	10	Swimming Club Wauterbos Rode	**5:10.34**	557	BEL
13.	GOSUIN, Augustine	04	Mosan	**5:12.81**	544	BEL

1.	50m:	31.89	31.89	150m:	1:47.42	38.23	250m:	3:07.63	42.82	350m:	4:26.96	35.24
	100m:	1:09.19	37.30	200m:	2:24.81	37.39	300m:	3:51.72	44.09	400m:	5:00.64	33.68
2.	50m:	33.82	33.82	150m:	1:50.68	38.31	250m:	3:10.95	43.28	350m:	4:28.88	34.71
	100m:	1:12.37	38.55	200m:	2:27.67	36.99	300m:	3:54.17	43.22	400m:	5:01.36	32.48
3.	50m:	32.56	32.56	150m:	1:48.76	38.83	250m:	3:10.79	43.62	350m:	4:29.42	34.50
	100m:	1:09.93	37.37	200m:	2:27.17	38.41	300m:	3:54.92	44.13	400m:	5:02.20	32.78
4.	50m:	32.23	32.23	150m:	1:51.60	39.06	250m:	3:12.96	43.29	350m:	4:29.96	33.93
	100m:	1:12.54	40.31	200m:	2:29.67	38.07	300m:	3:56.03	43.07	400m:	5:02.75	32.79
5.	50m:	32.41	32.41	150m:	1:48.88	39.35	250m:	3:10.44	42.72	350m:	4:28.11	35.00
	100m:	1:09.53	37.12	200m:	2:27.72	38.84	300m:	3:53.11	42.67	400m:	5:02.79	34.68
6.	50m:	32.94	32.94	150m:	1:49.09	37.86	250m:	3:11.10	43.75	350m:	4:30.35	34.96
	100m:	1:11.23	38.29	200m:	2:27.35	38.26	300m:	3:55.39	44.29	400m:	5:05.07	34.72
7.	50m:	32.19	32.19	150m:	1:48.84	38.17	250m:	3:10.46	44.03	350m:	4:30.75	34.94
	100m:	1:10.67	38.48	200m:	2:26.43	37.59	300m:	3:55.81	45.35	400m:	5:05.23	34.48
8.	50m:	31.22	31.22	150m:	1:48.08	40.27	250m:	3:11.19	42.91	350m:	4:31.40	36.08
	100m:	1:07.81	36.59	200m:	2:28.28	40.20	300m:	3:55.32	44.13	400m:	5:05.45	34.05
9.	50m:	33.46	33.46	150m:	1:53.06	39.87	250m:	3:15.13	43.26	350m:	4:33.25	34.20
	100m:	1:13.19	39.73	200m:	2:31.87	38.81	300m:	3:59.05	43.92	400m:	5:06.74	33.49
10.	50m:	32.43	32.43	150m:	1:53.51	42.19	250m:	3:15.27	41.95	350m:	4:34.23	35.86
	100m:	1:11.32	38.89	200m:	2:33.32	39.81	300m:	3:58.37	43.10	400m:	5:07.00	32.77
11.	50m:	32.71	32.71	150m:	1:49.62	38.90	250m:	3:12.63	44.72	350m:	4:34.39	36.25
	100m:	1:10.72	38.01	200m:	2:27.91	38.29	300m:	3:58.14	45.51	400m:	5:09.76	35.37
12.	50m:	33.74	33.74	150m:	1:53.06	39.80	250m:	3:15.33	44.58	350m:	4:35.82	35.76
	100m:	1:13.26	39.52	200m:	2:30.75	37.69	300m:	4:00.06	44.73	400m:	5:10.34	34.52
13.	50m:	33.30	33.30	150m:	1:54.52	38.35	250m:	3:17.58	43.70	350m:	4:37.51	36.86
	100m:	1:16.17	42.87	200m:	2:33.88	39.36	300m:	4:00.65	43.07	400m:	5:12.81	35.30

arena
HIGH5 SPORTS NUTRITION www.high-5.be
lotto
zwemfed
SPORT VLAANDEREN
TEAM BELGIUM
FFBN
Adeps
FÉDÉRATION WALLONIE-BRUXELLES
gent:
BIODERMA
LABORATOIRE DERMATOLOGIQUE

Event 16, Women, 400m Medley, Prelim, Open

Rank		YB		Time	Pts	
14.	THEUWIS, Rune	02	Dmb	**5:15.17**	532	BEL
	50m: 33.63 33.63 150m: 1:53.89 41.06 250m: 3:18.72 44.69 350m: 4:40.26 36.33					
	100m: 1:12.83 39.20 200m: 2:34.03 40.14 300m: 4:03.93 45.21 400m: 5:15.17 34.91					
15.	LOONES, Thuline	00	Mega	**5:18.94**	513	BEL
	50m: 33.00 33.00 150m: 1:51.95 40.29 250m: 3:18.63 47.69 350m: 4:43.76 36.66					
	100m: 1:11.66 38.66 200m: 2:30.94 38.99 300m: 4:07.10 48.47 400m: 5:18.94 35.18					
16.	GRAHAM, Jil	06	HoZT	**5:19.01**	513	BEL
	50m: 34.44 34.44 150m: 1:54.33 39.71 250m: 3:21.35 46.73 350m: 4:43.50 35.14					
	100m: 1:14.62 40.18 200m: 2:34.62 40.29 300m: 4:08.36 47.01 400m: 5:19.01 35.51					
DNS	DUMONT, Sarah	07	Namur Olympic Club			BEL