

**Schedule Session No. 1 - Friday 28 July 2023**

**28/7/2023 - 8:30**

Warmup: 7:00 until 8:15

Officials Meeting: 7:30

8:30	1.	400m Freestyle	Women	Prelim	15 +	0:48	9 Heats	71	
9:18	2.	400m Freestyle	Men	Prelim	15 +	1:06	13 Heats	99	
10:24	3.	100m Butterfly	Women	Prelim	15 +	0:14	8 Heats	61	
10:38	4.	100m Butterfly	Men	Prelim	15 +	0:20	13 Heats	101	
10:58	5.	200m Backstroke	Women	Prelim	15 +	0:40	12 Heats	94	
11:38	6.	200m Backstroke	Men	Prelim	15 +	0:44	14 Heats	106	
12:22	7.	50m Freestyle	Women	Prelim	15 +	0:18	17 Heats	131	
12:40	8.	50m Freestyle	Men	Prelim	15 +	0:18	19 Heats	149	
12:58	9.	100m Breaststroke	Women	Prelim	15 +	0:20	11 Heats	83	
13:18	10.	100m Breaststroke	Men	Prelim	15 +	0:30	17 Heats	134	
13:48	11.	4 x 100m Freestyle	Mixed	Timed Final	15 +	0:22	5 Heats	34	
14:10	PODIUM						0:16		
14:26	End of session					Total duration	5:56		

**Schedule Session No. 3 - Saturday 29 July 2023**

**29/7/2023 - 8:30**

Warmup: 7:00 until 8:15

Officials Meeting: 7:30

8:30	14.	100m Freestyle	Men	Prelim	15 +	0:42	28 Heats	223	
9:12	15.	100m Freestyle	Women	Prelim	15 +	0:28	19 Heats	149	
9:40	16.	50m Backstroke	Men	Prelim	15 +	0:18	14 Heats	105	
9:58	17.	50m Backstroke	Women	Prelim	15 +	0:18	13 Heats	104	
10:16	18.	200m Breaststroke	Men	Prelim	15 +	0:42	13 Heats	101	
10:58	19.	200m Breaststroke	Women	Prelim	15 +	0:30	9 Heats	71	
11:28	20.	50m Butterfly	Men	Prelim	15 +	0:16	16 Heats	122	
11:44	21.	50m Butterfly	Women	Prelim	15 +	0:14	13 Heats	97	
11:58	22.	200m Medley	Men	Prelim	15 +	0:50	17 Heats	132	
12:48	23.	200m Medley	Women	Prelim	15 +	0:34	11 Heats	83	
13:22	24.	800m Freestyle	Women	Slower Heats	15 +	0:22	2 Heats	13	
13:44	25.	1500m Freestyle	Men	Slower Heats	15 +	0:38	2 Heats	16	
14:22	End of session					Total duration	5:52		

**Schedule Session No. 5 - Sunday 30 July 2023**

**30/7/2023 - 8:30**

Warmup: 7:00 until 8:15

Officials Meeting: 7:30

8:30	26.	200m Butterfly	Women	Prelim	15 +	0:14	4 Heats	26	
8:44	27.	200m Butterfly	Men	Prelim	15 +	0:20	7 Heats	54	
9:04	28.	50m Breaststroke	Women	Prelim	15 +	0:12	11 Heats	82	
9:16	29.	50m Breaststroke	Men	Prelim	15 +	0:16	15 Heats	118	
9:32	30.	200m Freestyle	Women	Prelim	15 +	0:40	14 Heats	107	
10:12	31.	200m Freestyle	Men	Prelim	15 +	0:54	21 Heats	162	
11:06	32.	100m Backstroke	Women	Prelim	15 +	0:32	16 Heats	121	
11:38	33.	100m Backstroke	Men	Prelim	15 +	0:30	16 Heats	127	
12:08	34.	400m Medley	Women	Prelim	15 +	0:30	5 Heats	39	
12:38	35.	400m Medley	Men	Prelim	15 +	0:44	8 Heats	57	
13:22	36.	4 x 100m Medley	Mixed	Timed Final	15 +	0:26	5 Heats	34	
13:48	PODIUM C36						0:14		
14:02	End of session					Total duration	5:32		