

# OPEN BELGIAN CHAMPIONSHIPS SWIMMING 2024

**APRIL 19-21, 2024**  
**ANTWERP**



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## WELCOME IN BELGIUM

Dear Madam, Sir

From Friday the 19th of April, until Sunday the 21st of April, the Open Belgian Swimming Championships will take place in the 'Wezenberg Olympic Swimming Center' in Antwerp.

This is an international qualification meet, recognized by World- and European Aquatics. Therefore it is an ideal (last) chance for swimmers to qualify for the international championships that will take place in the summer, including the Olympic Games!

The organization is led by the Royal Belgian Swimming Federation and is supported by the Flemish Swimming Federation (zwemfed).

In this brochure, you will find all the most important information regarding this swim meet. If you have any questions, please send an email to [obc@belswim.be](mailto:obc@belswim.be).

We hope to welcome you in April!

Kind regards

Kim Van Malderen  
General Secretary RBSF

Kris Geeroms  
Co-president RBSF

Bernard Perez  
Co-president RBSF





speedo

**Fastskin**



# VENUE: OLYMPIC SWIMMING CENTER WEZENBERG ANTWERP

One of the most beautiful cities in Europe hosts one of the most beautiful pool complexes of the country: 'the Olympic Swimming Center Wezenberg' (Desguinlei 17-19 - 2018 Antwerp).



## Competition pool

The competition pool of the 'Wezenberg Swimming Center' is a 50m pool with eight lanes and 2.25m - 3.85m depth.

Around the pool, there's a lot of space for the coaches en swimmers to move around, have a good warming-up, etc.

There are large stands along one long side (public) of the swimming pool and behind the starting blocks (clubs & countries). From these stands you always have a great view of the action in the pool.

## High Performance Pool

Only one hallway away, in the smallest of the two swimming halls, you can find the High Performance pool.

This 50m pool contains six lanes and can be used all the time for pre-and post race swims.



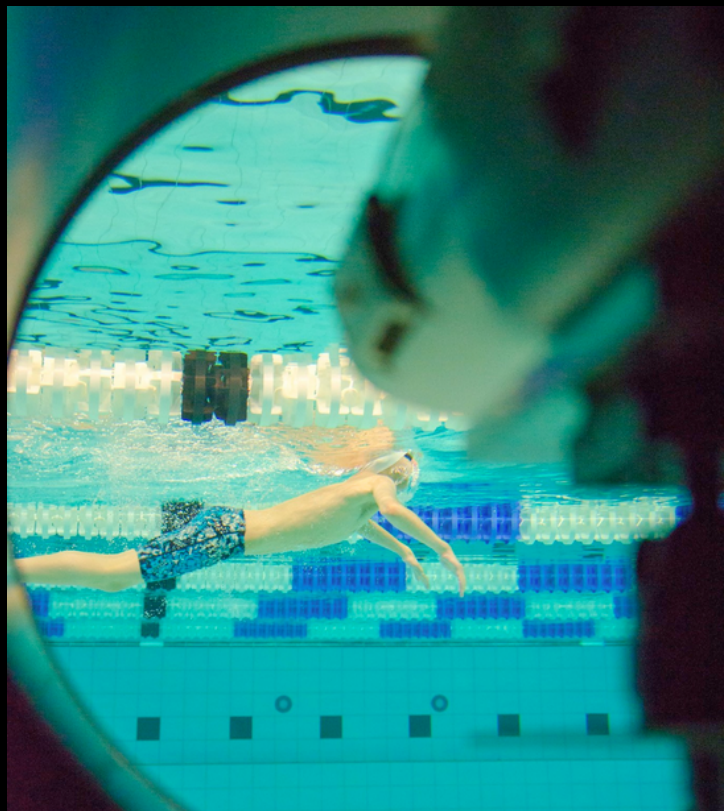
The High Performance pool will also be available for training in the days before and/or after the Championships.

The High Performance pool also hosts 'SwimAnalytics' This high end analysis center, runned by the Flemish Swimming Federation, is known and used by coaches and swimmers all over Europe.

It has a system with ten high-speed cameras and a mobile recording system. All cameras are connected to - and synchronised with - the possibility to record with 7 cameras at a time. In other words, there are multiple possibilities to analyse.

So, also in the days before and after the Open Belgian Championships 2024, you're most welcome use these facilities and work on the technique!

If you have any questions, or if you want to make a reservation for 'Swim Analytics', please contact [Sven Verschoren](#) of the Flemish Swimming Federation.



## MERCURE HOTEL ANTWERP CITY SOUTH

Across the street from Olympic Swimming Center Wezenberg, you can find the beautiful hotel '[Mercure Antwerp City South](#)' (Desguin-lei 94; 2018 Antwerp).



Decorated in an Olympic theme, all spacious rooms of this hotel are fitted with king-size bedding. They all include a flat-screen TV and free Wi-Fi is available throughout the hotel.

As a participating team to the Open Belgian Championships, you can make a reservation by filling in [this form](#) (deadline before 18/03/2024) and emailing it to: [hb664-re@accor.com](mailto:hb664-re@accor.com), with a copy [obc@belswim.be](mailto:obc@belswim.be).

The organizing committee would be happy to arrange some transport for your team. You need transport from the airport or the railway station to the hotel? Just fill in [the transportation form](#) and we'll make it happen.





**Goud,  
zilver én brons  
pakken?**

**Wat je  
ding  
ook is ...**

**Omdat het kan**



**lotto**

# PROGRAM FRIDAY APRIL 19, 2024

## Heats

Warming-up: 7.30 AM

Start heats: 9.00 AM

C1 100m butterfly men

C2 200m IM women

C3 400m IM men

C4 200m freestyle women

C5 100m breaststroke men

C6 200m breaststroke women

C7 50m freestyle men

C8 50m backstroke women

C9 100m backstroke men

C10 100m butterfly women

C11 400m freestyle men

C12 1500m freestyle women  
(entry times 9-16)

C13 4x100m freestyle mixed  
Protocol C13

## Finals

Warming-up: 3.00 PM

Start finals: 4.30 PM

C12 1500m freestyle women  
(entry times 1-8)

F1 (A&B) 100m butterfly men

F2 (A&B) 200m IM women

Protocol C12-F1-F2

F3 (A&B) 400m IM men

F4 (A&B) 200m freestyle women

Protocol F3-F4

F5 (A&B) 100m breaststroke men

F6 (A&B) 200m breaststroke women

Protocol F5-F6

F7 (A&B) 50m freestyle men

F8 (A&B) 50m backstroke women

Protocol F7-F8

F9 (A&B) 100m backstroke men

F10 (A&B) 100m butterfly women

F11 (A&B) 400m freestyle men

Protocol F9-F10-F11

C14 4x 100m freestyle

C15 4x 100m freestyle

Protocol C14-C15





# PROGRAM SATURDAY APRIL 20, 2024

## Heats

Warming-up: 7.30 AM

Start heats: 9.00 AM

C16 100m backstroke women

C17 200m butterfly men

C18 800m freestyle women  
(entry times 9-16)

C19 50m backstroke men

C20 50m butterfly women

C21 200m IM men

C22 400m IM women

C23 50m breaststroke men

C24 100m breaststroke women

C25 100m freestyle men

C26 100m freestyle women

C27 800m freestyle men  
(entry times 9-16)

C28 4x100m Medley mixed  
Protocol C28

## Promo Finals Youth

First start: 3.45 PM

F101 400m freestyle girls 11 year olds

F102 400m freestyle boys 13 year olds

F103 400m freestyle girls 12 year olds

F104 200m IM boys 12 year olds

F105 200m IM girls 13 year olds

F106 200m IM boys 14 year olds

## Finals

First start: 4.30 PM

C27 800m freestyle men

(entry times 1-8)

F16 (A&B) 100m backstroke women

F17 (A&B) 200m butterfly men

Protocol C27-F16-F17

C18 800m freestyle women

(entry times 1-8)

F19 (A&B) 50m backstroke men

Protocol C18-F19

F20 (A&B) 50m butterfly women

F21 (A&B) 200m IM men

Protocol F20-F21

F22 (A&B) 400m IM women

F23 (A&B) 50m breaststroke men

Protocol F22-F23

F24 (A&B) 100m breaststroke women

F25 (A&B) 100m freestyle men

F26 (A&B) 100m freestyle women

Protocol F24-F25-F26

C29 4 x 200m freestyle men

C30 4 x 200m freestyle women

Protocol C29-C30



# PROGRAM SUNDAY APRIL 21, 2024

## Heats

Warming-up: 7.30 AM

Start heats: 9.00 AM

C31 200m backstroke men  
C32 200m backstroke women  
C33 1500m freestyle men  
(entry times 9-16)  
C34 200m butterfly women  
C35 200m breaststroke men  
C36 50m freestyle women  
C37 50m butterfly men  
C38 50m breaststroke women  
C39 200m freestyle men  
C40 400m freestyle women

## Promo Finals Youth

First start: 3.45 PM

F107 400m freestyle boys 12 year olds  
F108 400m freestyle girls 13 year olds  
F109 400m freestyle boys 14 year olds  
F110 200m IM girls 11 year olds  
F111 200m IM boys 13 year olds  
F112 200m IM girls 12 year olds

## Finals

First start: 4.30 PM

F31 (A&B) 200m backstroke men  
F32 (A&B) 200m backstroke women  
Protocol F31-F32  
C33 1500m freestyle Men  
(entry times 1-8)  
F34 (A&B) 200m Butterfly Women  
F35 (A&B) 200m Breaststroke Men  
Protocol C33-F34-F35  
F36 (A&B) 50m Free Style Women  
F37 (A&B) 50m Butterfly Men  
F38 (A&B) 50m Breaststroke Women  
Protocol F36-F37-F38  
F39 (A&B) 200m Free Style Men  
F40 (A&B) 400m Free Style Women  
Protocol F39-F40  
C41 4 x 100m Medley Women  
C42 4 x 100m Medley Men  
Protocol C41-C42





# QUALIFICATION TIMES OBC 2024 - WOMEN

			Youth 1	Youth 2
			2006-2008	2009-2010
			open	
Freestyle	50 m	0:28,95	0:29,53	0:30,40
	100 m	1:02,03	1:03,27	1:05,13
	200 m	2:15,59	2:18,30	2:22,37
	400 m	4:46,74	4:52,47	5:01,08
	800 m	9:46,30	9:58,03	10:15,61
	1500 m	18:43,69	19:06,16	19:39,87
Backstroke	50 m	0:34,06	0:34,74	0:35,76
	100 m	1:11,83	1:13,27	1:15,42
	200 m	2:35,18	2:38,28	2:42,94
Breaststroke	50 m	0:38,18	0:38,94	0:40,09
	100 m	1:21,83	1:23,47	1:25,92
	200 m	2:57,08	3:00,62	3:05,93
Butterfly	50 m	0:31,46	0:32,09	0:33,03
	100 m	1:10,71	1:12,12	1:14,25
	200 m	2:52,81	2:56,27	3:01,45
IM	200 m	2:33,78	2:36,86	2:41,47
	400 m	5:28,30	5:34,87	5:44,72



# QUALIFICATION TIMES OBC 2024 - MEN

			Youth 1	Youth 2
			2006-2008	2009-2010
			open	
Freestyle	50 m	0:25,74	0:26,25	0:27,03
	100 m	0:55,50	0:56,61	0:58,28
	200 m	2:02,98	2:05,44	2:09,13
	400 m	4:23,46	4:28,73	4:36,63
	800 m	9:14,53	9:25,62	9:42,26
	1500 m	17:36,96	17:58,10	18:29,81
Backstroke	50 m	0:31,18	0:31,80	0:32,74
	100 m	1:05,87	1:07,19	1:09,16
	200 m	2:25,20	2:28,10	2:32,46
Breaststroke	50 m	0:33,65	0:34,32	0:35,33
	100 m	1:13,09	1:14,55	1:16,74
	200 m	2:42,08	2:45,32	2:50,18
Butterfly	50 m	0:27,79	0:28,35	0:29,18
	100 m	1:01,88	1:03,12	1:04,97
	200 m	2:30,65	2:33,66	2:38,18
IM	200 m	2:20,70	2:23,51	2:27,74
	400 m	5:03,67	5:09,74	5:18,85







Volg Sport Vlaanderen op



#sportersbelevenmeer

[www.sport.vlaanderen](http://www.sport.vlaanderen)

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# COMPETITION RULES



## Participants

Each swimmer participating in these Championships must own a license from one of the Belgian regional federations or from a national federation, recognized by World Aquatics. Participants must be affiliated with their federation on the closing date for entries.

## Subscriptions

Subscriptions can only be made via a LENEX Splash file. This file will be available at this page.

## Entry fees

Entry fees for Belgian individual starts are 10.00 EUR and 15.00 EUR for relays. For foreign teams, the entry fees are 15.00 EUR for individual starts and 20.00 EUR for relays. The total amount due will be charged to the club or federation. Entry fees will also be charged for cancellations after the close of entries. Teams will receive an invoice after the competition.



The clubs and federations are required to provide the following information:

1. The name of the club/federation + abbreviation;
2. Surname, first name, year of birth of the swimmer, nationality and/or full composition of the relay(s);
3. License number of every swimmer;
4. The consecutive numbers of the competitions in which they participate;
5. The best time swam in a 50m pool on the distance between 01.01.2023-31.03.2024;
6. The date the time was swum;
7. The place where the time was swum;
8. Intermediate times are not accepted as entry times (with the exception of the 1<sup>o</sup> swimming time of a relay except for mixed relays);
9. Any tender that does not comply with pt. five, six and seven will be refused and will only be accepted after payment of the regulatory fine. You can find all the information about fines etc. in [this document](#).





### **800m - 1500m competitions**

Subscriptions for the 800m and 1500m freestyle must be submitted at the latest on Monday March 18, 2024, 11:59 PM. Lenex enrollment files must be created as follows: "OBC24-LD-club/federation name".

If applicable, the clubs or federations of the swimmer(s) that are not selected for these competitions will be notified by email.

The lists of participants of these competitions will be published on the RBSF-website at the latest on Friday March 29, 2024.

### **Other competitions than 800m - 1500m**

Subscriptions for the competitions other than 800m and 1500m freestyle, must be submitted at the latest on Monday April 1, 2024, 11:59 PM. Lenex enrollment files must be created as follows: "OBC24-club/federation name".

### **Relay only swimmers**

Please state and register the full name, the license number and affected relay race number for those swimmers who will only participate in the relay races, not in individual competitions!



## Submitting of the Lenex-files

The LENEX registration files must be sent by email to: [entries@belswim.be](mailto:entries@belswim.be).

After sending the registrations, new LENEX-files will no longer be accepted. All changes must be made by email to: [entries@belswim.be](mailto:entries@belswim.be).

## Late registrations

Late registrations (except for long distances 800m/1500m) can still be accepted until Friday April 12, 2024, 11:59 PM, subject to payment of [this document](#).



## Receipt notes

Clubs will receive a "Receipt Note" via the official email address within five days of their registration. This is the sole proof of receipt of your registrations.

It is the responsibility of each club to ensure proper receipt of this registration certificate within 5 days and the correctness of the entries submitted.

Clubs with registrations that do not comply with the regulations will receive a message with the incorrect registrations.

## Announced withdrawal or absence

To avoid administrative costs, the clubs/federations are given the option to cancel one or more registrations, up to 48 hours before the start of the first competition (Wednesday, April 17, 2024 – 09:00 AM) by sending an e-mail to the person responsible for registrations: [entries@belswim.be](mailto:entries@belswim.be).

The use of the [standard form, to be found on the RBSF-website](#), is mandatory.

Any absence at the start or any unannounced withdrawal will be penalized with [a fine](#).



## STAFF

The clubs are obliged to indicate the name of the “delegate” (one) and of the “coache(s)” via TeamManager (see table below).

Programs and results will be available in PDF-format via the website of the RBSF. The delegate of each team can pick up one program for the finals as soon as the programs are ready and printed.

Each participating club/country is entitled to the following number of free tickets for the coaches and the delegates:

- 1 - 10 swimmers: 2 staff members
- 11 - 20 swimmers: 3 staff members
- 21 - 30 swimmers: 4 staff members
- 31 - 40 swimmers: 5 staff members
- 41 - 50 swimmers: 6 staff members





# FÉDÉRATION WALLONIE-BRUXELLES



[www.sport-adeps.be](http://www.sport-adeps.be)



# FINALS & RELAYS

## Finals individual competitions (not 800m & 1500m freestyle)

The A-final, will be swum by the eight swimmers with the fastest times in the heats, amongst who at least six Belgian swimmers.

The B-final will be composed after the A-final and will include the following swimmers:

- Men:
  - the 4 fastest Belgian swimmers of the series, born in 2006-2008
  - the 4 fastest Belgian swimmers of the series, born in 2009-2010
- Women:
  - the 4 fastest Belgian swimmers of the series, born in 2006-2008
  - the 4 fastest Belgian swimmers of the series, born in 2009-2010

## Individual competitions - 800m & 1500m freestyle

The A-final of these competitions will be swum by the eight swimmers with the fastest registration time, amongst who at least six Belgian swimmers.

There will also be one heat of each long distance competition. If possible, this heat will be composed with:

- Men:
  - 4 Belgian swimmers, born in 2006-2008
  - 4 Belgian swimmers, born in 2009-2010
- Women:
  - 4 Belgian swimmers, born in 2006-2008
  - 4 Belgian swimmers, born in 2009-2010

If that is not possible, the field will be filled up to the max. number of swimmers.



## Relays

Relay competitions will be swum as direct finals in the morning or in the afternoon.



## PRIZE MONEY

Prize money can only go to the Belgian winner of an individual A-final (€80.00) and to the Belgian team that wins the relay (€120.00 for the whole team).

In view of the general ban on cash payments within the RBSF, the corresponding prize money will be paid afterwards to the account number of the swimmers.



## MEDALS

There will only be a podium ceremony with medals for the first three Belgian swimmers of each individual A-final. Swimmers with foreign nationality only receive a medal if they finish in the top three of the A-final. In the relays, medals are only awarded to Belgian clubs.

Also, the title of “Belgian Champion” is awarded to the first Belgian swimmer/club in an A-final.

### Dual nationality

Swimmers with dual nationality must present their Belgian identity card to the chairman of the jury before the start of the competitions, in order to qualify for participation in the finals or to obtain the title of Belgian Champion.

The medals will only be awarded to swimmers that are present at the medal ceremony on time, unless they have a justified reason for their absence.

The chairman of the jury and the jury of appeal are authorized to determine what constitutes a justified reason.



## (ANTI) DOPING

The international doping rules (World Aquatics, WADA) are applicable. Upon request swimmers must cooperate with representatives of the Flemish official doping authority and be available for testing.





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