

	short course (25m)		long course (50m)	
	Men	Women	Men	Women
	basistijden temps de base*	basistijden temps de base*	basistijden temps de base*	basistijden temps de base*
50 freestyle	0:20,24	0:23,05	00:21,08	00:23,79
100 freestyle	0:44,98	0:50,43	00:46,83	00:52,02
200 freestyle	1:39,73	1:50,68	01:43,36	01:53,34
400 freestyle	3:33,82	3:52,88	03:40,49	03:57,72
800 freestyle	7:25,77	7:59,55	07:36,74	08:10,21
1500 freestyle	14:10,66	15:19,26	14:33,00	15:37,81
50 backstroke	0:22,43	0:25,37	00:23,93	00:27,16
100 backstroke	0:48,62	0:54,81	00:51,98	00:57,74
200 backstroke	1:46,46	1:59,06	01:52,97	02:04,45
50 breaststroke	0:25,30	0:28,58	00:26,26	00:29,52
100 breaststroke	0:55,50	1:02,61	00:57,99	01:04,53
200 breaststroke	2:00,55	2:14,92	02:06,21	02:19,05
50 butterfly	0:21,65	0:24,37	00:22,49	00:24,94
100 butterfly	0:48,08	0:54,40	00:49,80	00:55,50
200 butterfly	1:48,38	2:00,92	01:51,94	02:03,42
100 IM	0:50,22	0:56,48		
200 IM	1:50,12	2:02,78	01:54,41	02:06,55
400 IM	3:56,51	4:20,46	04:05,28	04:28,49

De basistijd is het gemiddelde van de mondiale top 8 ranking (unieke namen).

Le temps de base est la moyenne des huit premiers classements mondiaux (noms uniques).

$$P = 1000 * (B / T)^3$$

P = punten/points

B = basetime (limiet/limite)

T = gezwommen tijd/temps de natation