**LIMIETTIJDEN JONGE HAAIEN 2023-2024 TEMPS-LIMITES JEUNES REQUINS**

| DISTANCES - AFSTANDEN | 25m bad - bassin 25m | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | FILLES / MEISJES | | | | | | | | GARCONS / JONGENS | | | | | | | |
| | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 100 m. vrije slag / nage libre | 01:08,80 | 01:04,30 | 01:00,30 | 00:59,80 | 00:57,80 | 00:57,30 | 00:56,80 | 00:56,30 | 01:06,30 | 01:03,80 | 00:59,30 | 00:56,30 | 00:55,30 | 00:53,30 | 00:51,80 | 00:51,30 |
| 200 m. vrije slag / nage libre | 02:32,60 | 02:22,10 | 02:13,60 | 02:10,10 | 02:06,60 | 02:06,10 | 02:05,60 | 02:05,10 | 02:29,60 | 02:20,10 | 02:12,10 | 02:05,60 | 01:58,60 | 01:55,60 | 01:52,10 | 01:51,60 |
| 400 m. vrije slag / nage libre | 05:15,20 | 04:56,20 | 04:37,70 | 04:33,20 | 04:26,70 | 04:26,20 | 04:25,20 | 04:24,70 | 05:14,20 | 04:54,20 | 04:38,20 | 04:22,20 | 04:14,20 | 04:10,70 | 04:00,70 | 04:00,20 |
| 800 m. vrije slag / nage libre | 11:38,40 | 10:23,40 | 09:40,90 | 09:31,40 | 09:19,90 | 09:07,40 | 09:06,90 | 09:06,40 | 11:39,40 | 10:26,40 | 09:53,40 | 09:20,90 | 08:52,40 | 08:49,40 | 08:32,40 | 08:31,90 |
| 1500 m. vrije slag / nage libre | | | 19:15,50 | 18:52,00 | 18:04,50 | 18:01,50 | 18:01,00 | 18:00,50 | | | 18:56,50 | 17:46,50 | 17:29,50 | 17:01,50 | 16:29,00 | 16:28,50 |
| | 01:20,80 | 01:14,30 | 01:09,80 | 01:09,30 | 01:05,80 | 01:05,30 | 01:04,80 | 01:04,30 | 01:18,30 | 01:13,80 | 01:10,80 | 01:04,30 | 01:01,80 | 00:59,80 | 00:58,80 | 00:58,30 |
| 100 m. rugslag / dos | 02:53,10 | 02:41,60 | 02:32,10 | 02:29,60 | 02:28,60 | 02:27,60 | 02:27,10 | 02:26,60 | 02:47,60 | 02:39,10 | 02:32,10 | 02:19,60 | 02:14,60 | 02:11,60 | 02:09,60 | 02:09,10 |
| 200 m. rugslag / dos | 01:29,50 | 01:24,00 | 01:18,00 | 01:17,50 | 01:14,00 | 01:13,50 | 01:13,00 | 01:12,50 | 01:28,50 | 01:22,00 | 01:17,00 | 01:13,00 | 01:10,00 | 01:08,50 | 01:06,00 | 01:05,50 |
| | 03:13,50 | 03:04,00 | 02:50,50 | 02:45,00 | 02:41,00 | 02:40,50 | 02:40,00 | 02:39,50 | 03:13,00 | 02:56,00 | 02:45,50 | 02:41,00 | 02:31,50 | 02:30,50 | 02:24,00 | 02:23,50 |
| 100 m. schoolslag / brasse | 01:22,60 | 01:13,60 | 01:09,60 | 01:08,60 | 01:05,60 | 01:05,10 | 01:04,60 | 01:04,10 | 01:22,10 | 01:11,60 | 01:07,60 | 01:04,10 | 01:00,60 | 00:58,60 | 00:58,10 | 00:57,60 |
| 200 m. schoolslag / brasse | | | 02:39,70 | 02:34,20 | 02:27,20 | 02:26,70 | 02:26,20 | 02:24,70 | | | 02:41,20 | 02:27,70 | 02:21,20 | 02:18,20 | 02:11,20 | 02:10,70 |
| 100 m. vlinderslag / papillon | 01:22,00 | 01:17,00 | 01:14,00 | 01:11,50 | 01:10,00 | 01:09,00 | 01:08,50 | 01:08,00 | 01:21,00 | 01:17,00 | 01:12,00 | 01:08,00 | 01:03,50 | 01:03,00 | 01:02,50 | 01:02,00 |
| 200 m. vlinderslag / papillon | 02:52,30 | 02:42,30 | 02:33,80 | 02:28,80 | 02:23,80 | 02:23,30 | 02:22,80 | 02:22,30 | 02:50,80 | 02:39,80 | 02:31,80 | 02:21,80 | 02:13,80 | 02:11,80 | 02:09,80 | 02:09,30 |
| | | | 05:24,20 | 05:18,70 | 05:09,70 | 05:05,70 | 05:04,70 | 05:04,20 | | | 05:31,70 | 05:09,70 | 04:53,70 | 04:49,70 | 04:38,70 | 04:38,20 |
| 100m. wisselslag/ 4 nages | | | | | | | | | | | | | | | | |
| 200 m. wisselslag / 4 nages | | | | | | | | | | | | | | | | |
| 400 m. wisselslag / 4 nages | | | | | | | | | | | | | | | | |