

# PROGRAM FRIDAY APRIL 21, 2023

## HEATS

Warming-up: 7.30 AM

Start heats: 9.00 AM

1. 200m Backstroke Women
2. 200m Backstroke Men
3. 800m Freestyle Women\*\*
4. 400m Individual Medley Men
5. 400m Individual Medley Women
6. 100m Butterfly Men
7. 100m Butterfly Women
8. 50m Breaststroke Men
9. 50m Breaststroke Women
10. 200m Freestyle Men
11. 200m Freestyle Women
12. 1500m Freestyle Men\*\*

13. 4x100m Medley Mixed

\* Starting times give an indication and could be changed by the organization.

\*\* Entry times 9 - 16.

\*\*\* 8 fastest entry times.

## FINALS

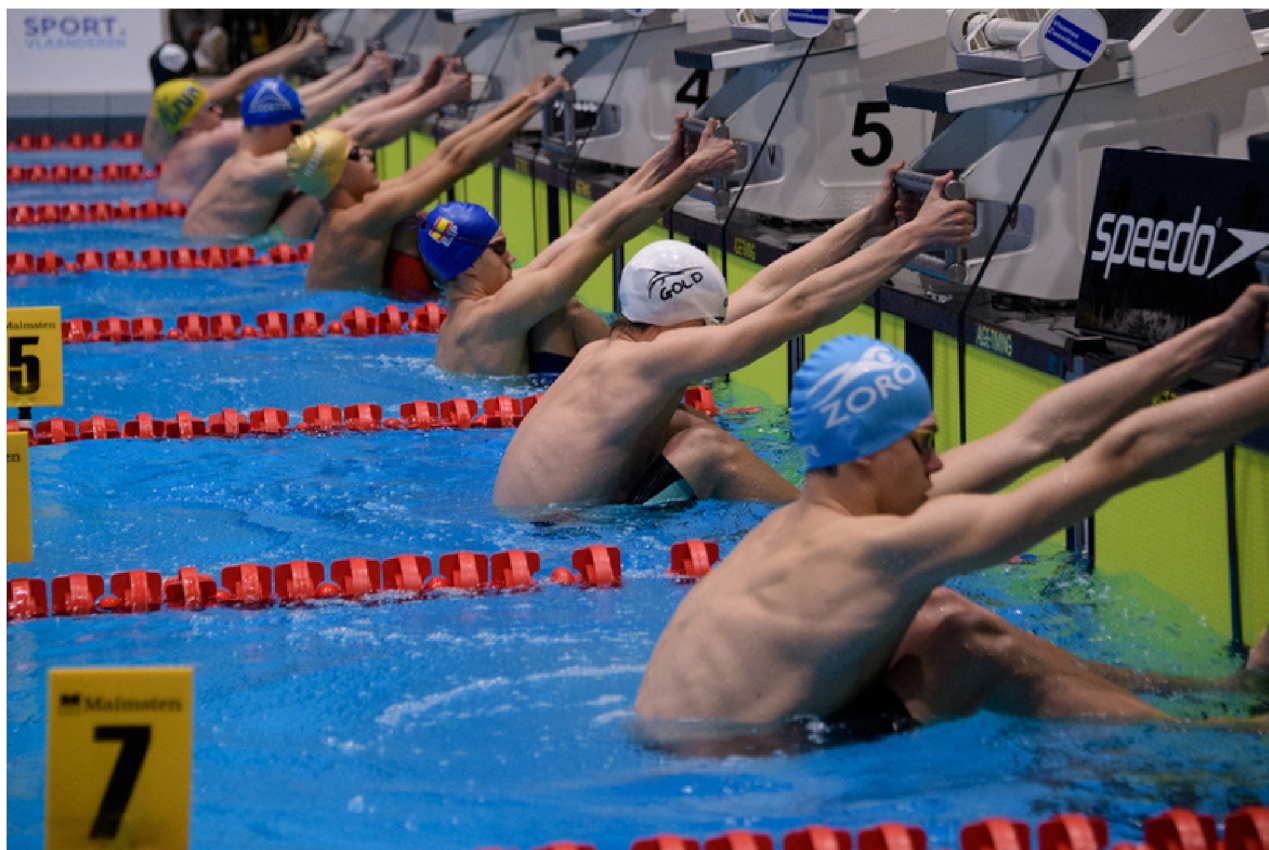
Warming-up: 3.00 PM

Start finals: 4.30 PM

- F1. 200m Backstroke Women (A&B)
- F2. 200m Backstroke Men
- F3. 800m Freestyle Women\*\*\*
- F4. 400m Medley Men (A&B)
- F5. 400m Medley Women (A&B)
- F6. 100m Butterfly Men (A&B)
- F7. 100m Butterfly Women (A&B)
- F8. 50m Breaststroke Men (A&B)
- F9. 50m Breaststroke Women (A&B)
- F10. 200m Freestyle Men (A&B)
- F11. 200m Freestyle Women (A&B)
- F12. 1500m Freestyle Men\*\*\*

14. 4x100m Freestyle Women

15. 4x100m Freestyle Men





## PROGRAM SATURDAY APRIL 22, 2023

### HEATS

Warming-up: 7.30 AM\*

Start heats: 9.00 AM\*

- 16. 100m Breaststroke Women
- 17. 100m Breaststroke Men
- 18. 200m Butterfly Women
- 19. 200m Butterfly Men
- 20. 50m Freestyle Women
- 21. 50m Freestyle Men
- 22. 100m Backstroke Women
- 23. 100m Backstroke Men
- 24. 400m Freestyle Women
- 25. 400m Freestyle Men
- 26. 200m Medley Women
- 27. 200m Medley Men

trial 5000m Freestyle Mixed

### FINALS

Warming-up: 3.00 PM

Start finals: 4.30 PM

- F16. 100m Breaststroke Women (A&B)
- F17. 100m Breaststroke Men (A&B)
- F18. 200m Butterfly Women (A&B)
- F19. 200m Butterfly Men (A&B)
- F20. 50m Freestyle Women
- F21. 50m Freestyle Men
- F22. 100m Backstroke Women
- F23. 100m Backstroke Men
- F24. 400m Freestyle Women
- F25. 400m Freestyle Men
- F26. 200m Individual Medley Women
- F27. 200m Individual Medley Men

28. 4x200m Freestyle Women

29. 4x200m Freestyle Men

### PROMO FINALS YOUTH

Start: 3.45 PM

- 400m Freestyle Girls 11 years old
- 400m Freestyle Boys 13 years old
- 400m Freestyle Girls 12 years old
- 200m Individual Medley Boys 12 years old
- 200m Individual Medley Girls 13 years old
- 200m Individual Medley Boys 14 years old

\* Starting times give an indication and could be changed by the organization.



# PROGRAM SUNDAY APRIL 23, 2023

## HEATS

Warming-up: 7.30 AM\*

Start heats: 9.00 AM\*

- 30. 100m Freestyle Women
- 31. 100m Freestyle Men
- 32. 200m Breaststroke Women
- 33. 200m Breaststroke Men
- 34. 50m Backstroke Women
- 35. 50m Backstroke Men
- 36. 50m Butterfly Women
- 37. 50m Butterfly Men
- 38. 1500m Freestyle Women\*\*
- 39. 800m Freestyle Men\*\*

- 40. 4x100m Freestyle Mixed

## FINALS

Warming-up: 3.00 PM

Start finals: 4.30 PM

- F30. 100m Freestyle Women
- F31. 100m Freestyle Men
- F32. 200m Breaststroke Women
- F33. 200m Breaststroke Men
- F34. 50m Backstroke Women
- F35. 50m Backstroke Men
- F36. 50m Butterfly Women
- F37. 50m Butterfly Men
- F38. 1500m Freestyle Women\*\*\*
- F39. 800m Freestyle Men\*\*\*

- 41. 4x100m Medley Men
- 42. 4x100m Medley Women

## PROMO FINALS YOUTH

Start: 3.45 PM

- 400m Freestyle Boys 12 years old
- 400m Freestyle Girls 13 years old
- 400m Freestyle Boys 14 years old
- 200m Individual Medley Girls 11 years old
- 200m Individual Medley Boys 13 years old
- 200m Individual Medley Girls 12 years old

\*Starting times give an indication and could be changed by the organization.

\*\* Entry times 9 - 16.

\*\*\* 8 fastest entry times.

