

# OPEN BELGIAN CHAMPIONSHIPS SWIMMING

**APRIL 21 - 23, 2023**



Dear Madam, Sir

From Friday the 21st of April, until Sunday the 23rd of April, the **Open Belgian Swimming Championships** will take place in the 'Wezenberg Olympic Swimming Center' in **Antwerp**.

It is a **international qualification meet**, recognized by **World Aquatics** and **LEN** and is therefore an ideal (last) chance for swimmers to **qualify for the international championships** that will take place this summer.

The organization is led by the **Royal Belgian Swimming Federation** and is supported by the Flemish Swimming Federation (zwemfed) and the French-speaking Swimming Federation (FFBN).

In this brochure, you will find all the most important information regarding this swim meet. All the latest information will be on [this page on our website](#). If you have any questions, please send an email to [info@belswim.be](mailto:info@belswim.be).

We hope to welcome you in April!

Kind regards

Kim Vanmalderen  
General Secretary  
RBSF

Lode Grossen  
General Manager  
zwemfed

Didier Leclercq  
Administrative director  
FFBN





# VENUE: OLYMPIC SWIMMING CENTER WEZENBERG ANTWERP

One of the most beautiful cities in Europe hosts one of the most beautiful pool complexes of the country: 'the Olympic Swimming Center Wezenberg' (Desguinlei 17-19 - 2018 Antwerp).

## COMPETITION POOL

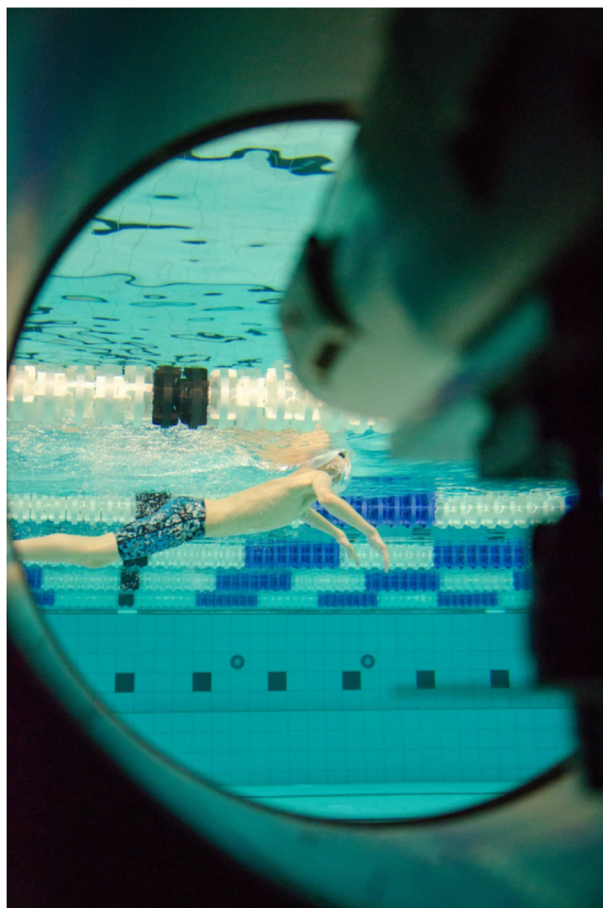
The competition pool of the Swimming Center is a 50m pool with 8 lanes and 2.25m - 3.85m depth. Around the pool, there's a lot of space for the coaches en swimmers to move around, have a good warming-up, etc.

There are large stands along one long side (public) of the swimming pool and behind the starting blocks (clubs & countries). From these stands you always have a great view of the action in the pool.

## HIGH PERFORMANCE POOL

Only a few steps away, but in a completely different space, you will find the High Performance pool. This 50m pool contains six lanes and can be used all the time for pre- and post race swims.

This pool will also be available for training in the days before and after the Championships. To make arrangements, please send an email to [stijn.corten@zwemfed.be](mailto:stijn.corten@zwemfed.be).



The High Performance pool also hosts 'SwimAnalytics' This high end analysis center, runned by the Flemish Swimming Federation, is known and used by coaches and swimmers all over Europe.

It has a system with 10 high-speed cameras and a mobile recording system. All cameras are connected to - and synchronised with - the possibility to record with 7 cameras at a time. In other words, there's multiple possibilities to analyse.

So, also in the days before and after the Open Belgian Championships 2023, you're most welcome use these facilities and work on the technique!

If you have any questions, or if you want to make a reservation for 'Swim Analytics', please contact Stijn Corten, embedded scientist and analist of the Flemish Swimming Federation, by email: [stijn.corten@zwemfed.be](mailto:stijn.corten@zwemfed.be).

# ENJOY YOUR STAY IN ANTWERP!

## HOTEL MERCURE ANTWERP CITY SOUTH



Across the street from Olympic Swimming Center Wezenberg, you can find the beautiful hotel 'Mercure Antwerp City South' (Desguinlei 94; 2018 Antwerp).



Decorated with warm colors and soft textures, all spacious rooms at Mercure Antwerp City South are fitted with king-size bedding. They all include a flat-screen TV and free Wi-Fi is available throughout the hotel.



The breakfast buffet is served in Hugo's Restaurant which overlooks the Hertoghe Park. During the warmer months food is served on the summer terrace.

If you make a reservation before the 29th of March 2023 as a participating team to the Open Belgian Championships, you can make reservations at a reduced price by filling in [this form](#).

## HOTEL CROWNE PLAZA ANTWERP

After a - literally - 5 minutes walk from the Olympic Swimming Center Wezenberg, you can find the great hotel 'Crowne Plaza Antwerp' (Gerard Le Grellelaan 10; 2020 Antwerpen).

This hotel counts 262 contemporary designed rooms featuring floor-to-ceiling windows to enjoy the unique view overlooking the skyline of Antwerp.

The ANNA Living & Bar is the ideal place for get-togethers, breakfast, lunch, dinner or in between.

As a participating team to the Open Belgian Championships, you can make reservations at a reduced price by filling in a form that will soon be online, if you make a reservation before the 29th of March 2023.





# PROGRAM FRIDAY APRIL 21, 2023

## HEATS

Warming-up: 7.30 AM

Start heats: 9.00 AM

1. 200m Backstroke Women
2. 200m Backstroke Men
3. 800m Freestyle Women\*\*
4. 400m Individual Medley Men
5. 400m Individual Medley Women
6. 100m Butterfly Men
7. 100m Butterfly Women
8. 50m Breaststroke Men
9. 50m Breaststroke Women
10. 200m Freestyle Men
11. 200m Freestyle Women
12. 1500m Freestyle Men\*\*

13. 4x100m Medley Mixed

\* Starting times give an indication and could be changed by the organization.

\*\* Entry times 9 - 16.

\*\*\* 8 fastest entry times.

## FINALS

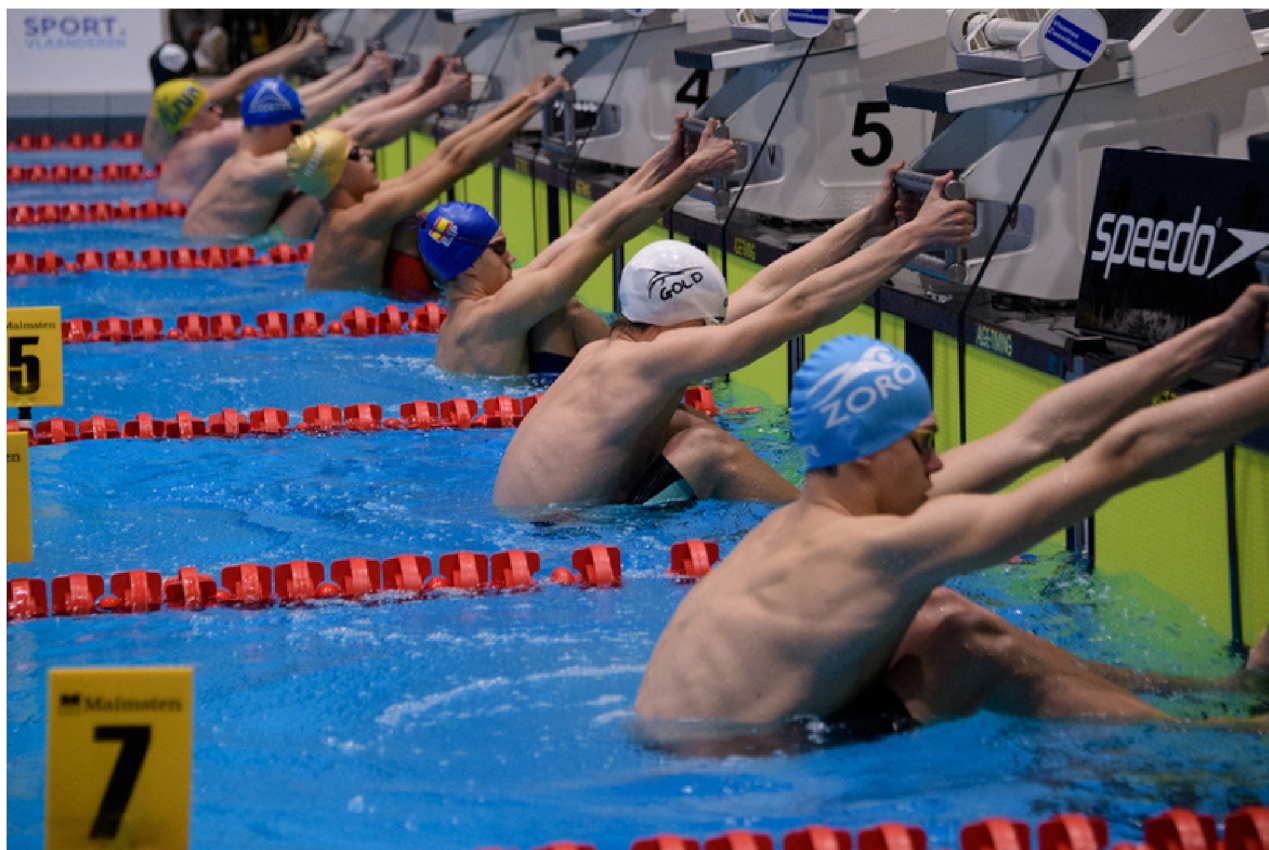
Warming-up: 3.00 PM

Start finals: 4.30 PM

- F1. 200m Backstroke Women (A&B)
- F2. 200m Backstroke Men
- F3. 800m Freestyle Women\*\*\*
- F4. 400m Medley Men (A&B)
- F5. 400m Medley Women (A&B)
- F6. 100m Butterfly Men (A&B)
- F7. 100m Butterfly Women (A&B)
- F8. 50m Breaststroke Men (A&B)
- F9. 50m Breaststroke Women (A&B)
- F10. 200m Freestyle Men (A&B)
- F11. 200m Freestyle Women (A&B)
- F12. 1500m Freestyle Men\*\*\*

14. 4x100m Freestyle Women

15. 4x100m Freestyle Men





## PROGRAM SATURDAY APRIL 22, 2023

### HEATS

Warming-up: 7.30 AM\*

Start heats: 9.00 AM\*

- 16. 100m Breaststroke Women
- 17. 100m Breaststroke Men
- 18. 200m Butterfly Women
- 19. 200m Butterfly Men
- 20. 50m Freestyle Women
- 21. 50m Freestyle Men
- 22. 100m Backstroke Women
- 23. 100m Backstroke Men
- 24. 400m Freestyle Women
- 25. 400m Freestyle Men
- 26. 200m Medley Women
- 27. 200m Medley Men

trial 5000m Freestyle Mixed

### FINALS

Warming-up: 3.00 PM

Start finals: 4.30 PM

- F16. 100m Breaststroke Women (A&B)
- F17. 100m Breaststroke Men (A&B)
- F18. 200m Butterfly Women (A&B)
- F19. 200m Butterfly Men (A&B)
- F20. 50m Freestyle Women
- F21. 50m Freestyle Men
- F22. 100m Backstroke Women
- F23. 100m Backstroke Men
- F24. 400m Freestyle Women
- F25. 400m Freestyle Men
- F26. 200m Individual Medley Women
- F27. 200m Individual Medley Men

28. 4x200m Freestyle Women

29. 4x200m Freestyle Men

### PROMO FINALS YOUTH

Start: 3.45 PM

- 400m Freestyle Girls 11 years old
- 400m Freestyle Boys 13 years old
- 400m Freestyle Girls 12 years old
- 200m Individual Medley Boys 12 years old
- 200m Individual Medley Girls 13 years old
- 200m Individual Medley Boys 14 years old

\* Starting times give an indication and could be changed by the organization.



# PROGRAM SUNDAY APRIL 23, 2023

## HEATS

Warming-up: 7.30 AM\*

Start heats: 9.00 AM\*

- 30. 100m Freestyle Women
- 31. 100m Freestyle Men
- 32. 200m Breaststroke Women
- 33. 200m Breaststroke Men
- 34. 50m Backstroke Women
- 35. 50m Backstroke Men
- 36. 50m Butterfly Women
- 37. 50m Butterfly Men
- 38. 1500m Freestyle Women\*\*
- 39. 800m Freestyle Men\*\*

- 40. 4x100m Freestyle Mixed

## FINALS

Warming-up: 3.00 PM

Start finals: 4.30 PM

- F30. 100m Freestyle Women
- F31. 100m Freestyle Men
- F32. 200m Breaststroke Women
- F33. 200m Breaststroke Men
- F34. 50m Backstroke Women
- F35. 50m Backstroke Men
- F36. 50m Butterfly Women
- F37. 50m Butterfly Men
- F38. 1500m Freestyle Women\*\*\*
- F39. 800m Freestyle Men\*\*\*

- 41. 4x100m Medley Men
- 42. 4x100m Medley Women

## PROMO FINALS YOUTH

Start: 3.45 PM

- 400m Freestyle Boys 12 years old
- 400m Freestyle Girls 13 years old
- 400m Freestyle Boys 14 years old
- 200m Individual Medley Girls 11 years old
- 200m Individual Medley Boys 13 years old
- 200m Individual Medley Girls 12 years old

\*Starting times give an indication and could be changed by the organization.

\*\* Entry times 9 - 16.

\*\*\* 8 fastest entry times.



# QUALIFICATION TIMES OBC 2023

## WOMEN

The following qualification times must be swam before the registration deadline (see 'Competition Rules').

		OPEN	EURO Juniors	Youth
			2006 2007	2008 2009
			2007 2008	2009 2010
Freestyle	50 m	0:28,95	0:29,53	0:30,40
	100 m	1:02,03	1:03,27	1:05,13
	200 m	2:15,59	2:18,30	2:22,37
	400 m	4:46,74	4:52,47	5:01,08
	800 m	9:46,30	9:58,03	10:15,61
	1500 m	18:43,69	19:06,16	19:39,87
Backstroke	50 m	0:34,06	0:34,74	0:35,76
	100 m	1:11,83	1:13,27	1:15,42
	200 m	2:35,18	2:38,28	2:42,94
Breaststroke	50 m	0:38,18	0:38,94	0:40,09
	100 m	1:21,83	1:23,47	1:25,92
	200 m	2:57,08	3:00,62	3:05,93
Butterfly	50 m	0:31,46	0:32,09	0:33,03
	100 m	1:10,71	1:12,12	1:14,25
	200 m	2:52,81	2:56,27	3:01,45
Medley	200 m	2:33,78	2:36,86	2:41,47
	400 m	5:28,30	5:34,87	5:44,72



# QUALIFICATION TIMES OBC 2023

## MEN

The following qualification times must be swam before the registration deadline (see 'Competition Rules').

		OPEN	EURO Juniors 2006 2007 2007 2008	Youth 2008 2009 2009 2010
Freestyle	50 m	0:25,74	0:26,25	0:27,03
	100 m	0:55,50	0:56,61	0:58,28
	200 m	2:02,98	2:05,44	2:09,13
	400 m	4:23,46	4:28,73	4:36,63
	800 m	9:14,53	9:25,62	9:42,26
	1500 m	17:36,96	17:58,10	18:29,81
Backstroke	50 m	0:31,18	0:31,80	0:32,74
	100 m	1:05,87	1:07,19	1:09,16
	200 m	2:25,20	2:28,10	2:32,46
Breaststroke	50 m	0:33,65	0:34,32	0:35,33
	100 m	1:13,09	1:14,55	1:16,74
	200 m	2:42,08	2:45,32	2:50,18
Butterfly	50 m	0:27,79	0:28,35	0:29,18
	100 m	1:01,88	1:03,12	1:04,97
	200 m	2:30,65	2:33,66	2:38,18
Medley	200 m	2:20,70	2:23,51	2:27,74
	400 m	5:03,67	5:09,74	5:18,85

# COMPETITION RULES

## PARTICIPANTS

Each swimmer participating in these Championships must own a license from one of the Belgian regional federations or from a national federation recognized by FINA.

Participants must be affiliated with their federation on the closing date for entries.

## SUBSCRIPTIONS

Subscriptions can only be made via a LENEX Splash file. This file will be transferred to national federations and Belgian clubs after request by email: [info@belswim.be](mailto:info@belswim.be).

### SUBSCRIPTION FILES (SPLASH/LXF)

The clubs and federations are required to provide the following information:

1. The name of the club/federation + abbreviation;
2. Surname, first name, year of birth of the swimmer, nationality and/or full composition of the relay(s);
3. License number of every swimmer;
4. The consecutive numbers of the competitions in which they participate;
5. The best time swam in a 50m pool on the distance between 01.01.2022-27.03.2023;
6. The date the time was swum;
7. The place where time was swum;
8. Intermediate times are not accepted as entry times (with the exception of the 1<sup>st</sup> swimming time of a relay except for mixed relays);
9. Any tender that does not comply with pt. 5, 6 and 7 will be refused and will only be accepted after payment of the regulatory fine of € 150.00 per non-compliant registration.

### 800M - 1500M COMPETITIONS

Subscriptions for the 800m and 1500m freestyle must be submitted at the latest on Monday March 20, 2023, 11:59 PM. Lenex enrollment files must be created as follows: "BK-OPEN-LA club/federation name".

If applicable, the clubs or federations of the swimmer(s) that are not selected for these competitions will be notified by email.

The lists of participants of these competitions will be published on the RBSF-website at the latest on Friday March 24, 2023.

### OTHER COMPETITIONS THAN 800M - 1500M

Subscriptions for the competitions other than 800m and 1500m freestyle, must be submitted at the latest on Monday March 27, 2023, 11:59 PM. Lenex enrollment files must be created as follows: "BK-OPEN-registrations-name of the club/federation".



## RELAY ONLY SWIMMERS

Please state and register the full name, license number and affected relay race number for those swimmers who will only participate in relay races, not individual competitions! Only to be entered in TeamManager (not via email) as "Competitions" - Edit relay registrations F5".

## SUBMITTING OF THE LENEX-FILES

The LENEX registration files must be sent by email to: [ronny.buggenhout@skynet.be](mailto:ronny.buggenhout@skynet.be) (tel. +32 477 59 96 99), with a copy to [info@belswim.be](mailto:info@belswim.be).

### Important note

After sending the registrations, new LENEX-files will no longer be accepted. All changes must be made by email to: [ronny.buggenhout@skynet.be](mailto:ronny.buggenhout@skynet.be) (tel.: +32 477 59 96 99) with a copy to [info@belswim.be](mailto:info@belswim.be).

## LATE REGISTRATIONS

Late registrations (except for long distances 800m/1500m) can still be accepted until Friday April 14, 2023, 11:59 PM, subject to payment of the regulatory fine of €1,250.00.

## RECEIPT NOTES

Clubs will receive a "Receipt Note" via the official email address within five days of their registration. This is the sole proof of receipt of your registrations.

It is the responsibility of each club to ensure proper receipt of this registration certificate within 5 days and the correctness of the entries submitted.

Clubs with registrations that do not comply with the regulations will receive a message with the incorrect registrations.

## ANNOUNCED WITHDRAWAL OR ABSENCE

To avoid administrative costs, the clubs/federations are given the option to cancel one or more registrations, up to 48 hours before the start of the first competition (Wednesday, April 19, 2023 – 09:00) by sending an e-mail to the person responsible for registrations: [ronny.buggenhout@skynet.be](mailto:ronny.buggenhout@skynet.be), with a copy to [info@belswim.be](mailto:info@belswim.be).

The use of the standard form, to be found on the RBSF-website, is mandatory.

Any absence at the start or any unannounced withdrawal will be penalized with a regulatory fine:

- Individual competition: € 20.00
- Repayments: € 35.00
- Final: € 100.00

## COACHES & DELEGATES

The clubs are obliged to indicate the name of the “delegate” (one) and of the “coache(s)” via TeamManager (see table below).

Programs and results will be available in PDF-format via the website of the RBSF. The delegate of each team can pick up one program for the finals as soon as the programs are ready and printed.

Each participating club/country is entitled to the following number of free tickets for the coaches and the delegates:

number of swimmers	delegate	coaches
1 - 10	1	1
11 - 20	1	2
21 - 30	1	3
31 - 40	1	4
41 - 50	1	5
51 - 60	1	6
61 - 70	1	7

## RANKINGS

### INDIVIDUAL COMPETITIONS (NOT 800M & 1500M FREESTYLE)

The A-final, will be swum by the eight swimmers with the fastest times in the heats, amongst who at least six Belgian swimmers.

The B-final will be composed after the A-final and will include the following swimmers:

- Men:
  - the 4 fastest Belgian swimmers of the series, born in 2005-2006
  - the 4 fastest Belgian swimmers of the series, born in 2007-2008
- Women:
  - the 4 fastest Belgian swimmers of the series, born in 2006-2007
  - the 4 fastest Belgian swimmers of the series, born in 2008-2009



## INDIVIDUAL COMPETITIONS - 800M & 1500M FREESTYLE

The A-final of these competitions will be swum by the eight swimmers with the fastest registration time, amongst who at least six Belgian swimmers.

There will also be one heat of each long distance competition. If possible, this heat will be composed with:

- Men:
  - 4 Belgian swimmers, born in 2005-2006
  - 4 Belgian swimmers, born in 2007-2008
- Women:
  - 4 Belgian swimmers, born in 2006-2007
  - 4 Belgian swimmers, born in 2008-2009

If that is not possible, the field will be filled up to the max. number of swimmers.

## RELAYS

Relay competitions will be swum as direct finals in the morning or afternoon. The time of the first swimmer of a relay will not be taken into account for an individual selection.

## PRIZE MONEY

Prize money can only go to the Belgian winner of an individual A-final (€80.00) and to the Belgian team that wins the relay (€120.00 for the whole team).

In view of the general ban on cash payments within the RBSF, the corresponding prize money will be paid afterwards to the account number of the swimmers.

## MEDALS

There will only be a podium ceremony with medals for the first three Belgian swimmers of each individual A-final. Swimmers with foreign nationality only receive a medal if they finish in the top three of the A-final. Also, the title of "Belgian Champion" is awarded to the first Belgian swimmer/club in an A-final. In the relays, medals are only awarded to Belgian clubs.

The ceremony will always take place during the B-final.

## DUAL NATIONALITY

Swimmers with dual nationality must present their Belgian identity card to the chairman of the jury before the start of the competitions, in order to qualify for participation in the finals or to obtain the title of Belgian Champion.

## MEDAL CEREMONY

The medals will only be awarded if the swimmers are present at the medal ceremony in time, unless they have a justified reason for their absence.

The president of the jury and the jury of appeal are authorized to determine what constitutes a just cause.